

Take the me & my body theme all over the classroom!

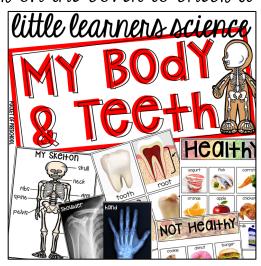
Try Grocery Store Dramatic Play!

Click on the cover to check it out!



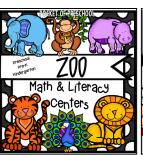
Try My Body & Techh Science uni+!

Click on the cover to check it out!



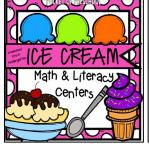
NEED more themed math and literacy centers? Click on the cover to check it out!

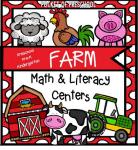


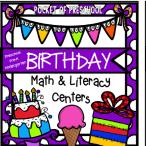




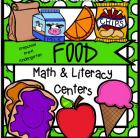


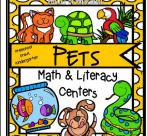


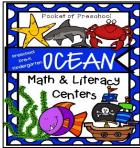












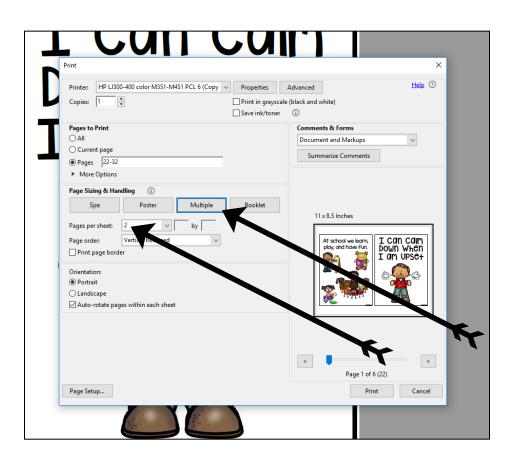
WANT TO PRINT IT SMALLER?

Do you want to print something in this pack smaller? You can!

Be sure you have the latest edition of Adobe Reader and that your computer is opening this file in Adobe (not your computer's default reader or online).

Directions: When you go to print,

- · Select multiple
- Select what size you want them to be (pages per sheet)



me & my body centers

5	Word Cards
20	Writing Paper
30	Dental Letter Match
43	Bones Letter and Beginning Sound Clip Cards
52	My Body Letter Mats
63	Smile Build It Sight Words and Student Names
76	Boo Boo Rhyme Puzzles
81	Syllable Work Out
88	Emergent Reader - I Can Make Healthy Choices
95	Skeletal System Count or Add Game
IOI	Germ Shape Spin and Cover
106	Teeth Number Build Mats
114	Cavity Number Cover and Add It Cover
119	Measure the Body
125	Measure Me Class Book
128	Healthy Me Food Sort
134	Dental Health Play Dough Mats

Word Cards

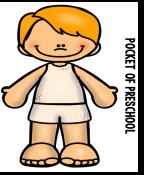
The activities you can do with word cards are endless! Here are a few things I do with them:

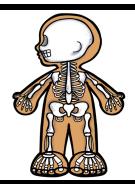
- Post the cards in a pocket chart with the included writing paper in the writing center.
- Build the word with magnet letters.
- Build the word with letter manipulatives (letter beads, letter Legos, clothespin letters, etc.).
- · Write the words on included themed writing paper.
- · Write the words in shaving cream.
- Write the words in a salt/sand tray.
- · Write the words on a dry erase board.
- Write the words on a chalkboard. Click <u>HERE</u> to see how to make your own student chalkboards.
- Make the words using stickers.
- Stamp the words in play dough.
- Post the words around the classroom for write the room.
- Hole punch the cards and put on a metal ring for students to use in their writing.
- · Clap and sort by number of syllables.
- Sort the words by number of letters.



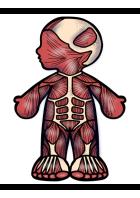


Me & My Body Words

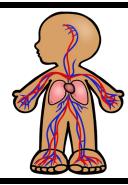




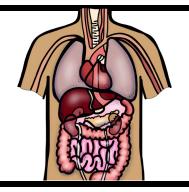
skeletal system



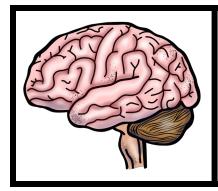
muscular system



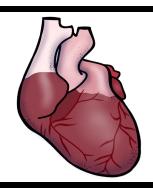
circulatory system



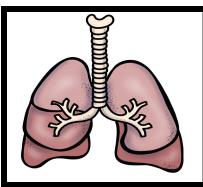
internal organs



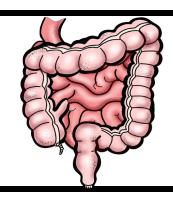
brain



heart



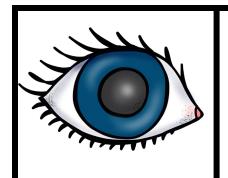
lungs



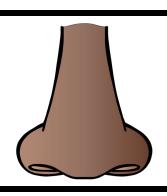
intestines



stomach



eye



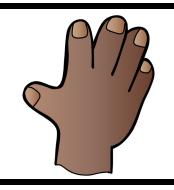
nose



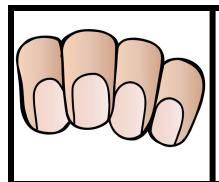
mouth



ear



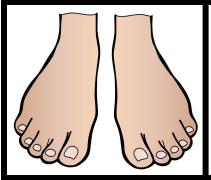
hand



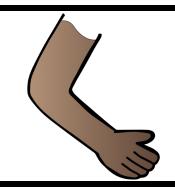
fingers



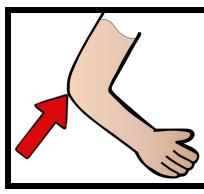
toes



feet



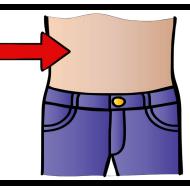
arm



elbow



shoulders



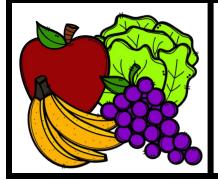
belly



leg



water



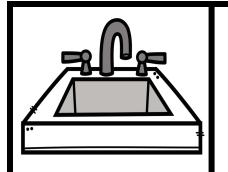
healthy food



exercise



bath



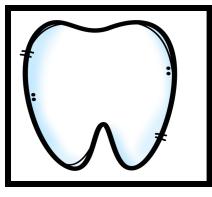
sink



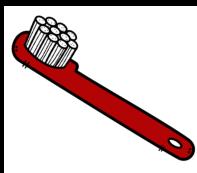
tissues



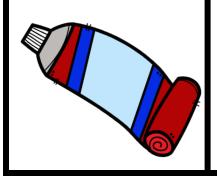
soap



tooth



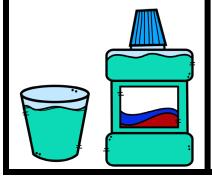
toothbrush



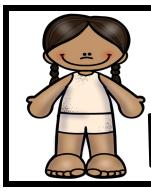
toothpaste



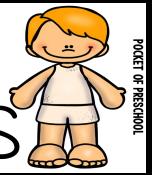
floss

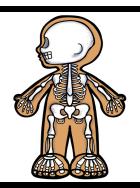


mouthwash

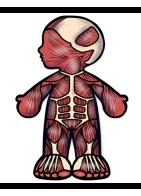


ME & MY BODY WORDS

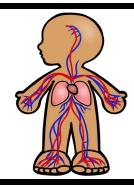




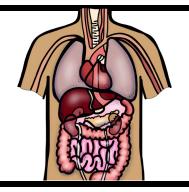
SKELETAL SYSTEM



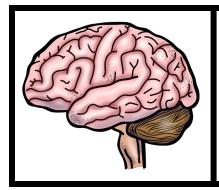
MUSCULAR SYSTEM



CIRCULATORY SYSTEM



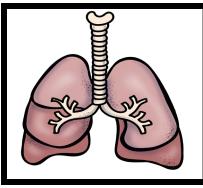
INTERNAL ORGANS



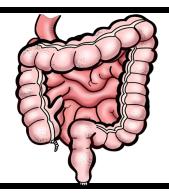
BRAIN



HEART



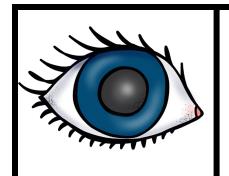
LUNGS



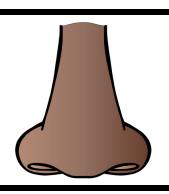
INTESTINES



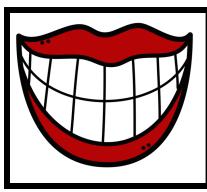
STOMACH



EYE



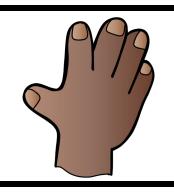
NOSE



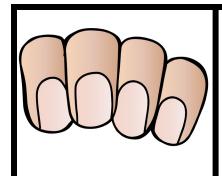
MOUTH



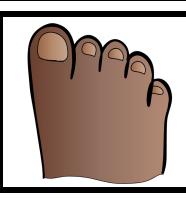
EAR



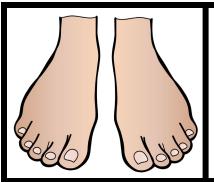
HAND



FINGERS



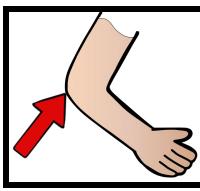
TOES



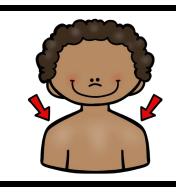
FEET



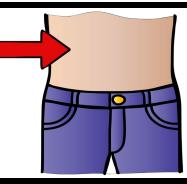
ARM



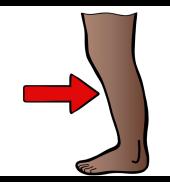
ELBOW



SHOULDERS



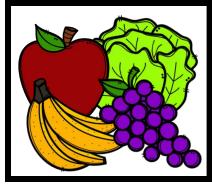
BELLY



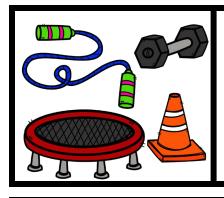
LEG



WATER



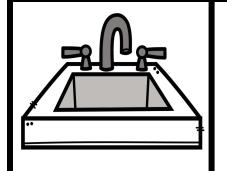
HEALTHY FOOD



EXERCISE



BATH



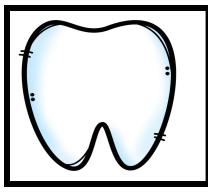
SINK



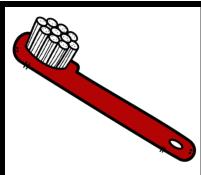
TISSUES



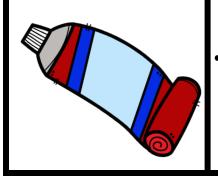
SOAP



TOOTH



TOOTHBRUSH



TOOTHPASTE



FLOSS

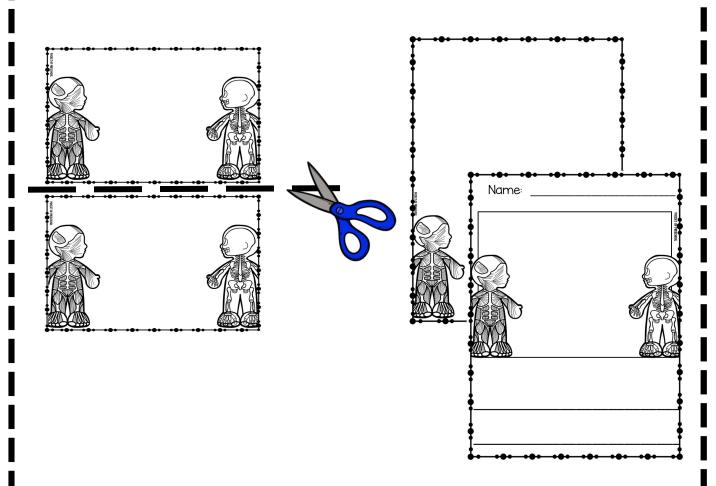


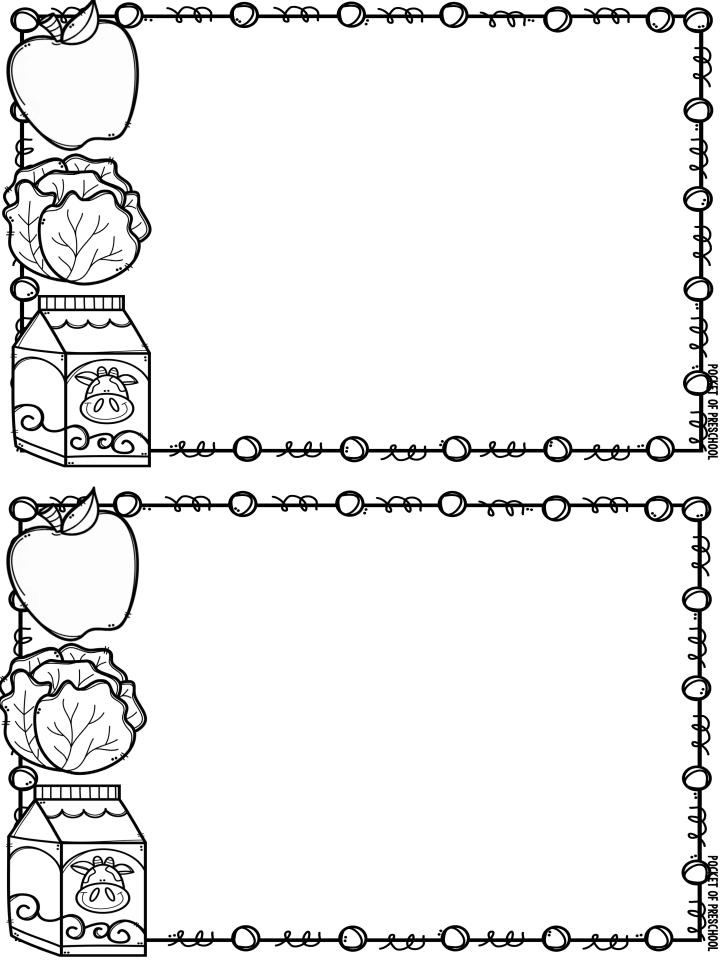
MOUTHWASH

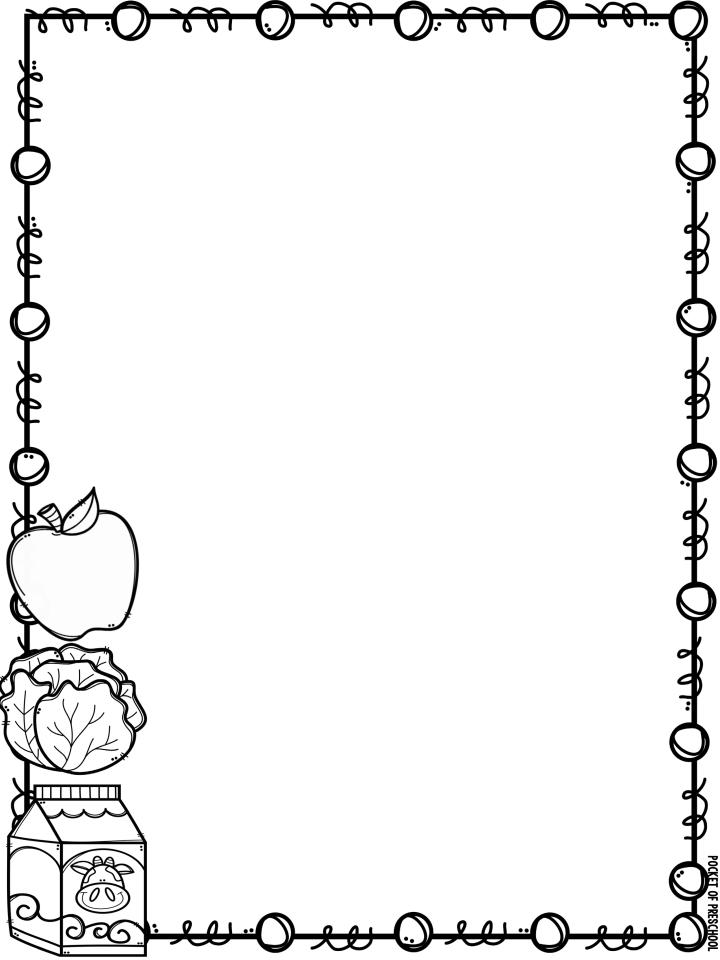
Writing & Journal paper

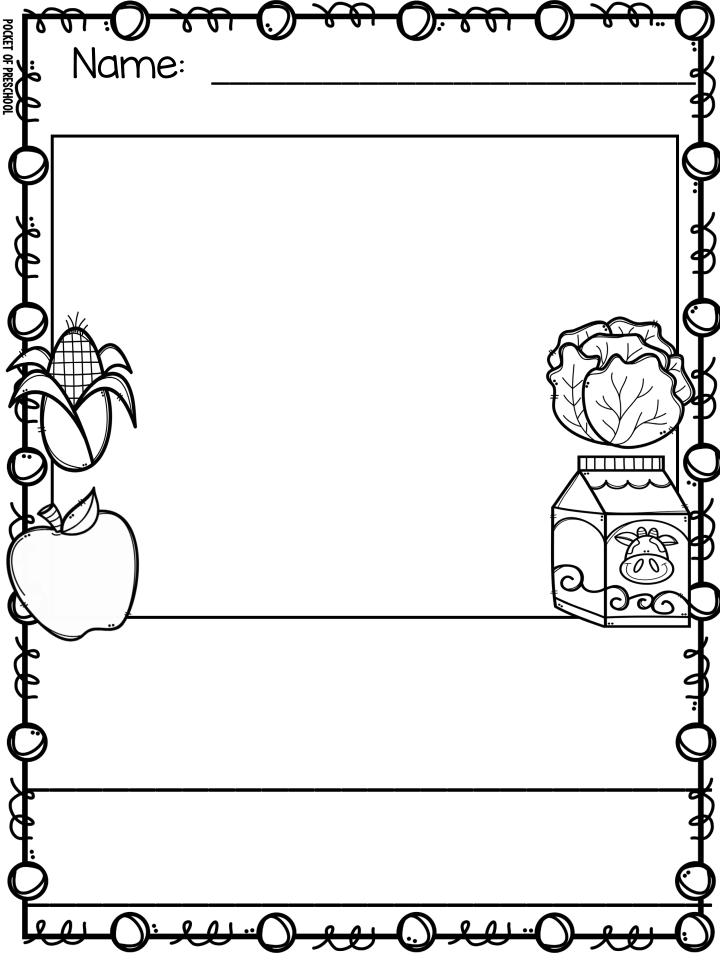
Place the writing paper in the library, writing, journal, or word work center.

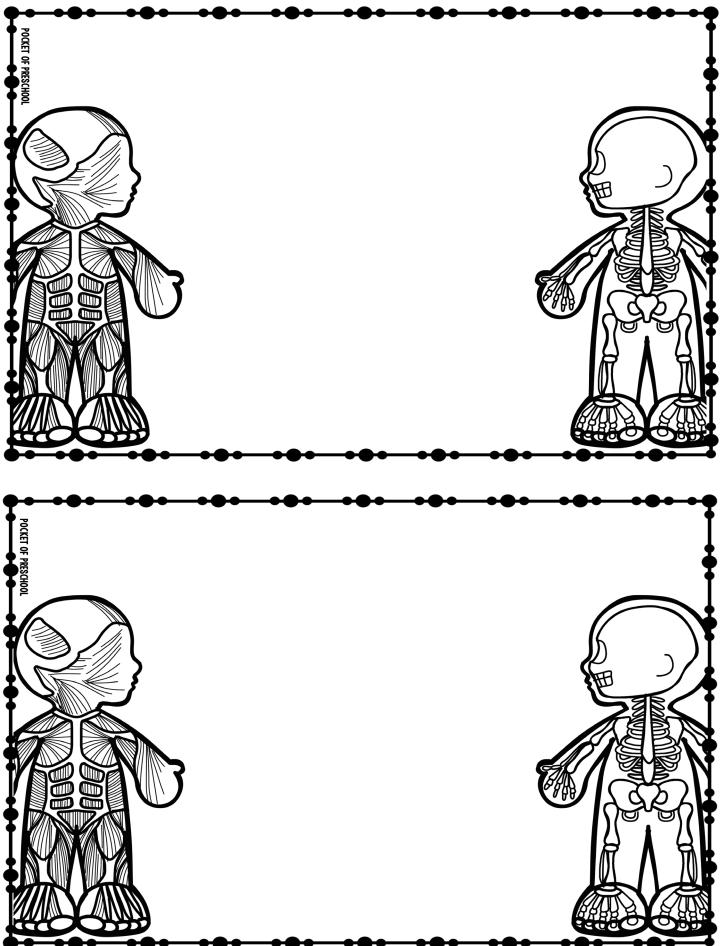
There are pages that are blank and some with lines. The pages that are blank can be cut in half if you would like to have half sheet writing pages. For added fun print them on colored paper!

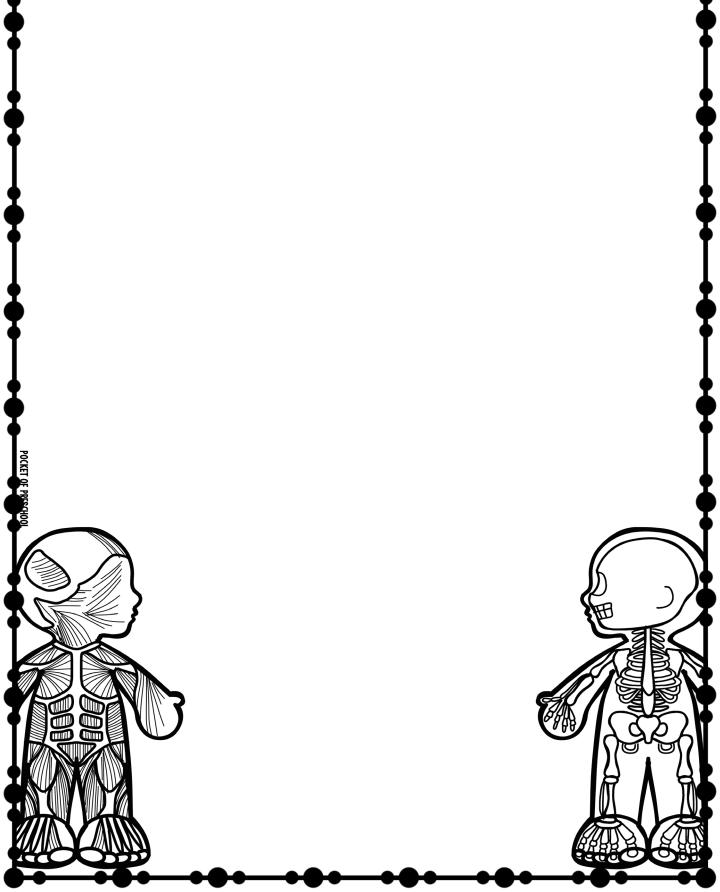


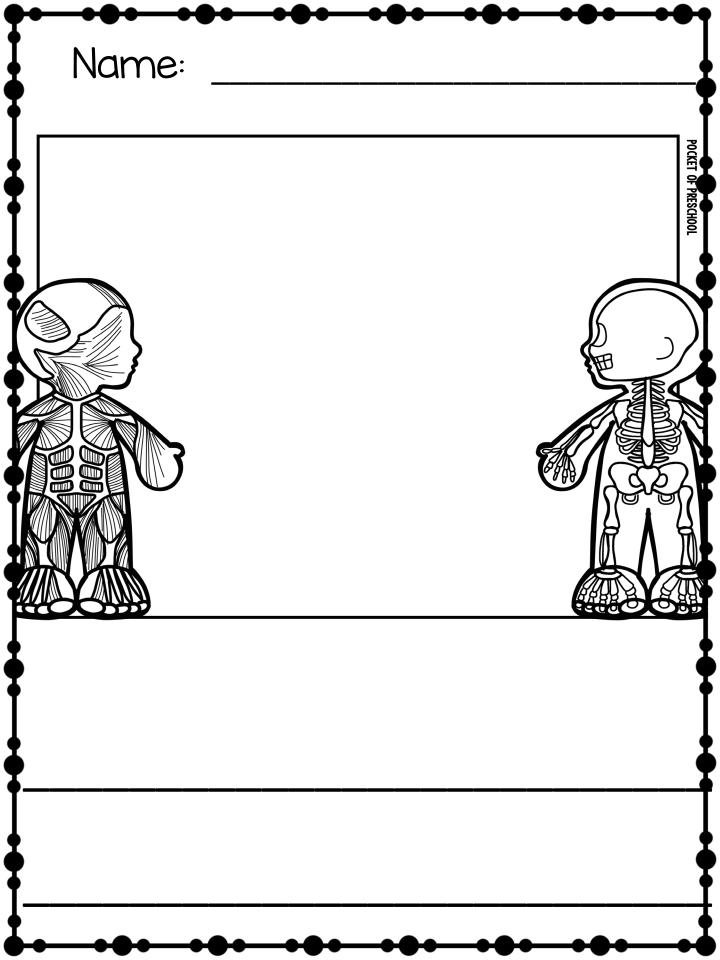


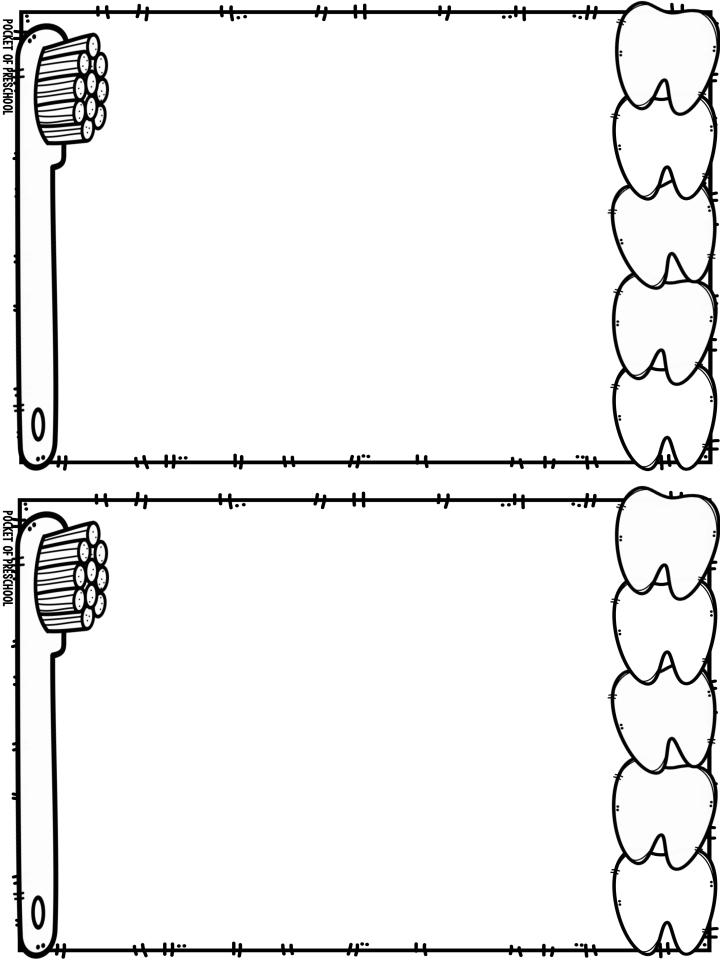


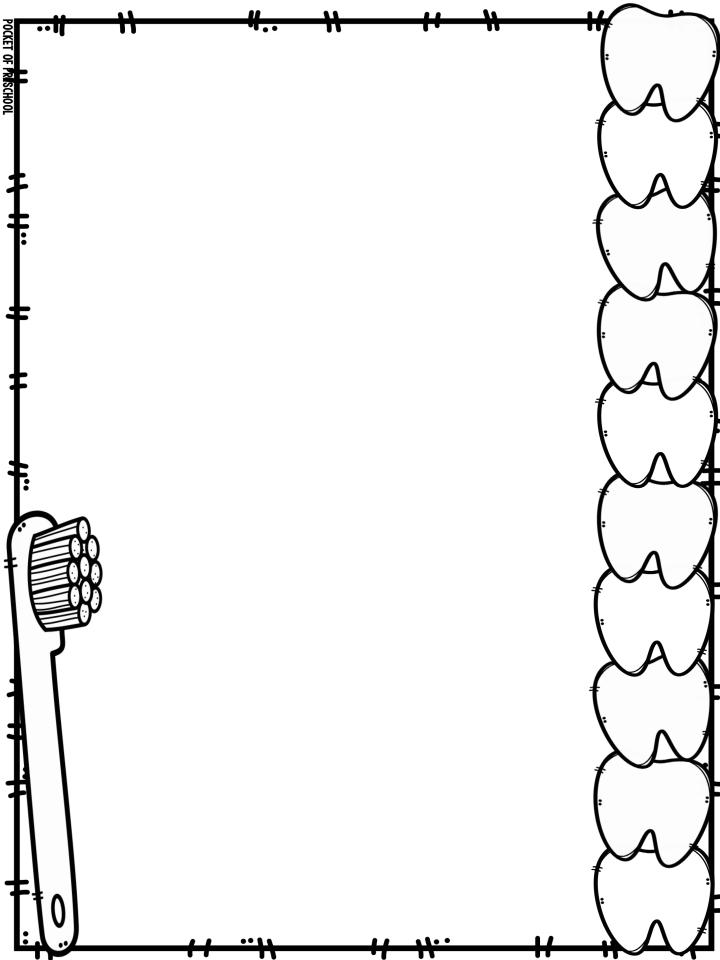


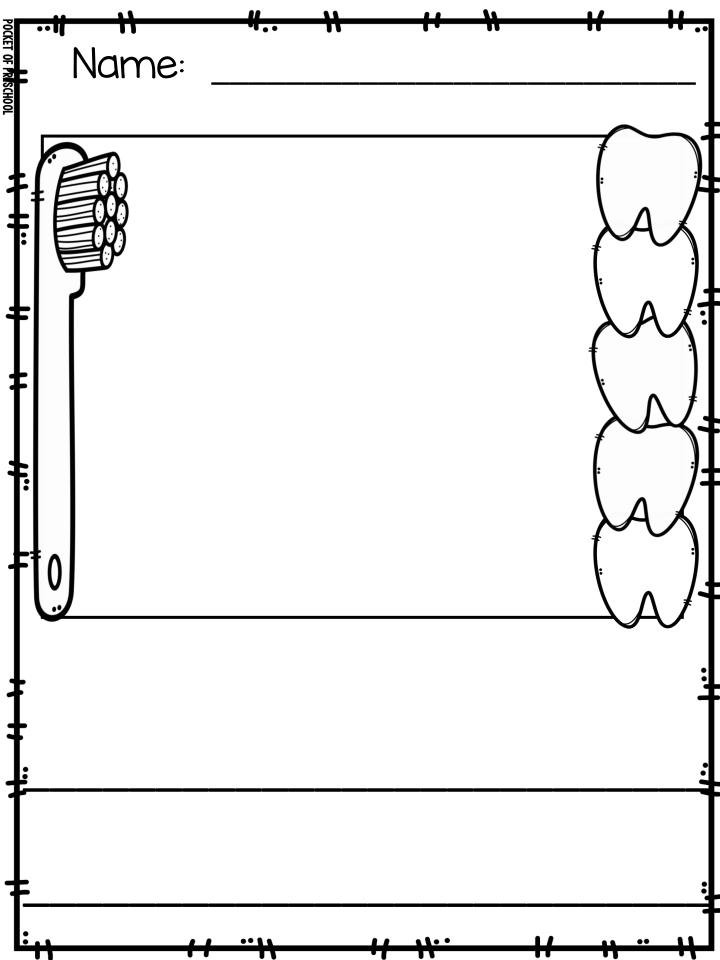












dental letter match

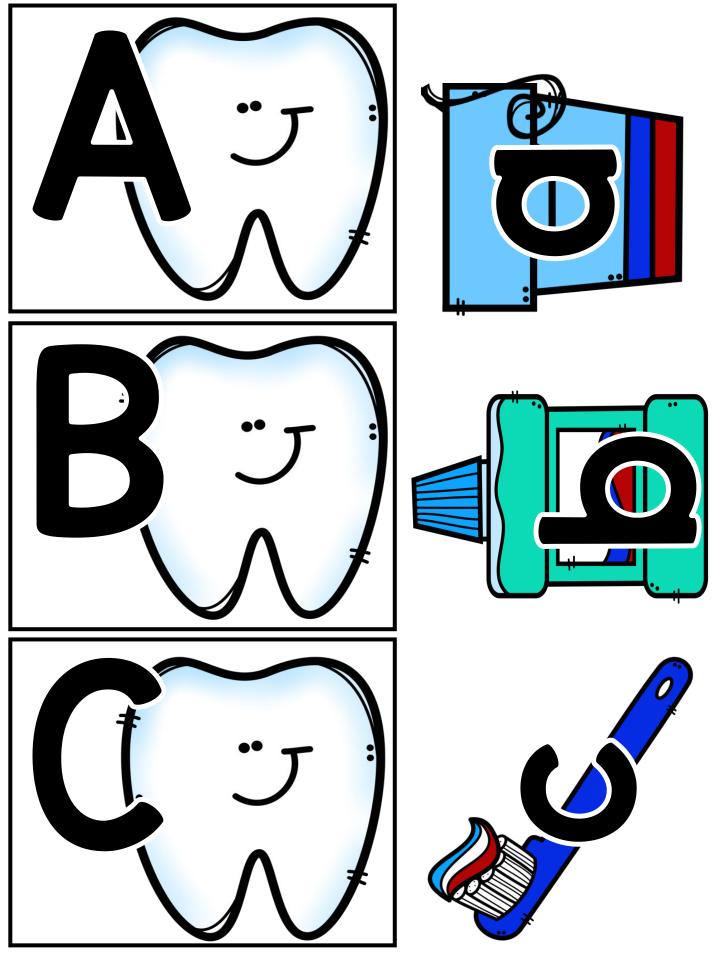
Print on cardstock and laminate for durability. Cut out each piece individually.

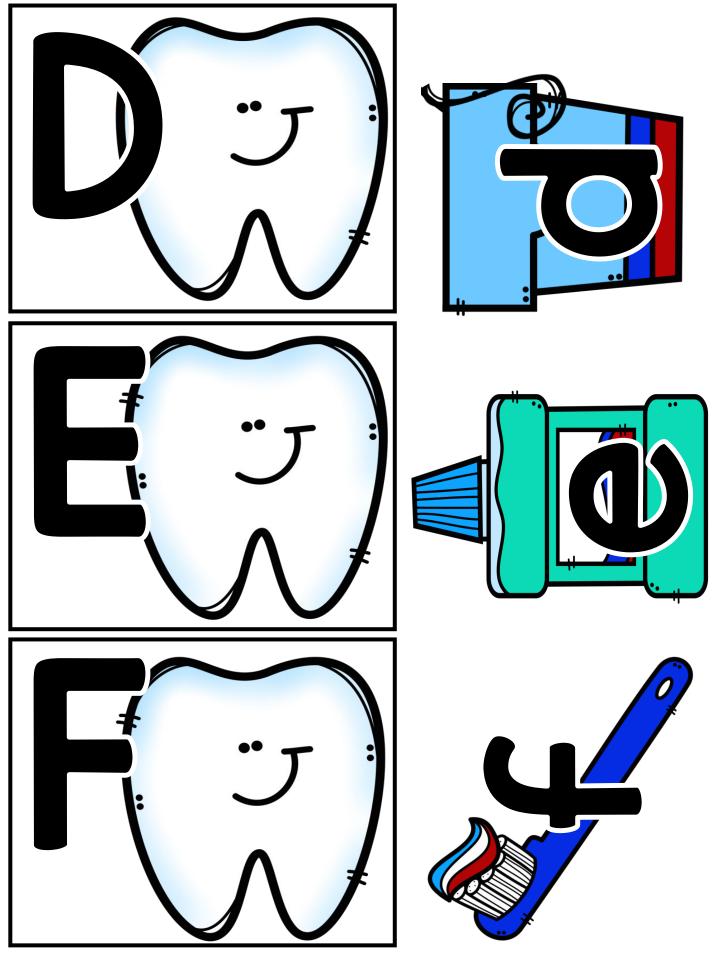
Directions

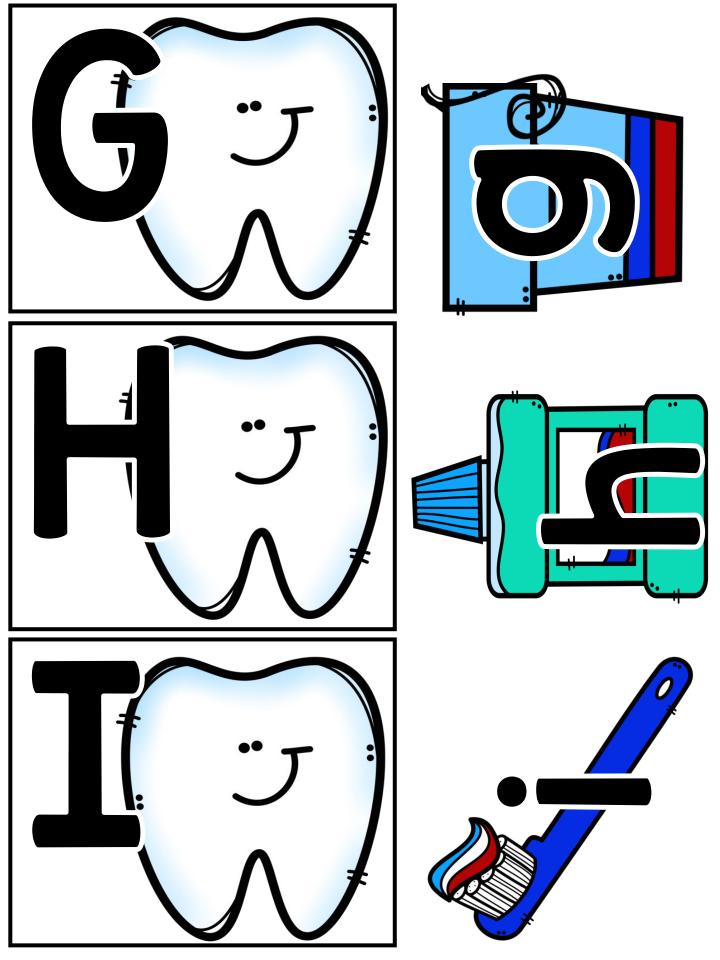
Students identify the uppercase letter and match it to the corresponding lowercase letter.

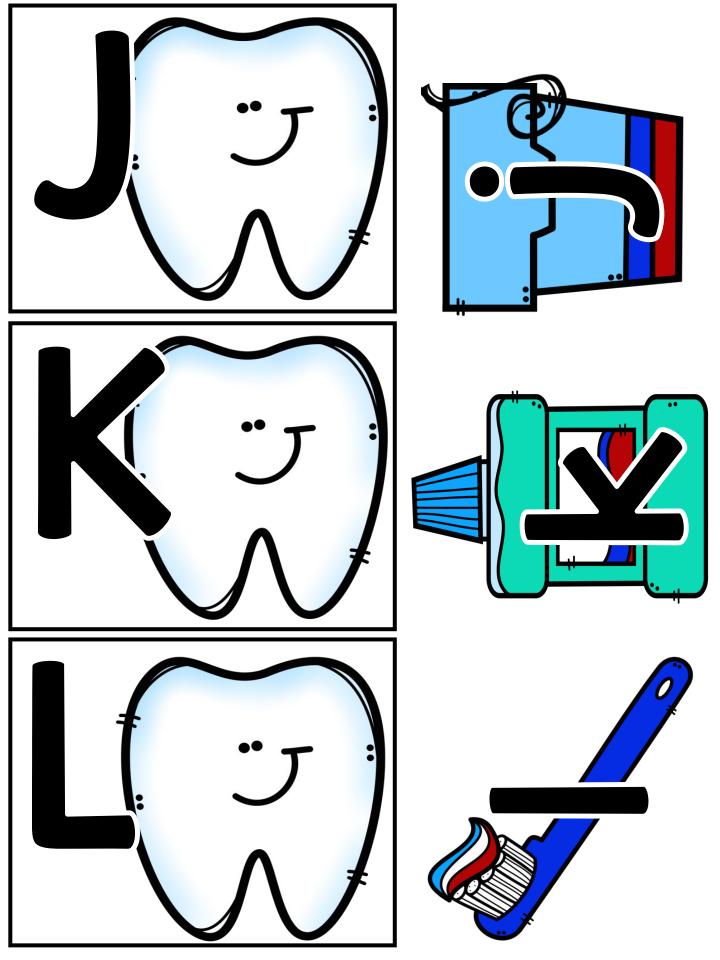
Optional recording pages included.

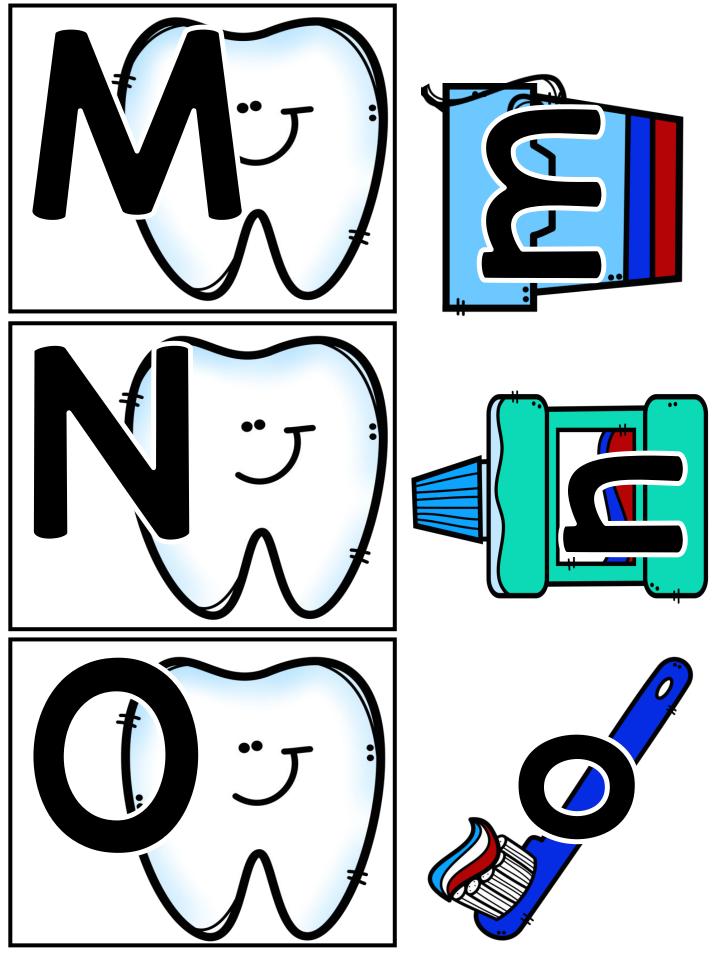


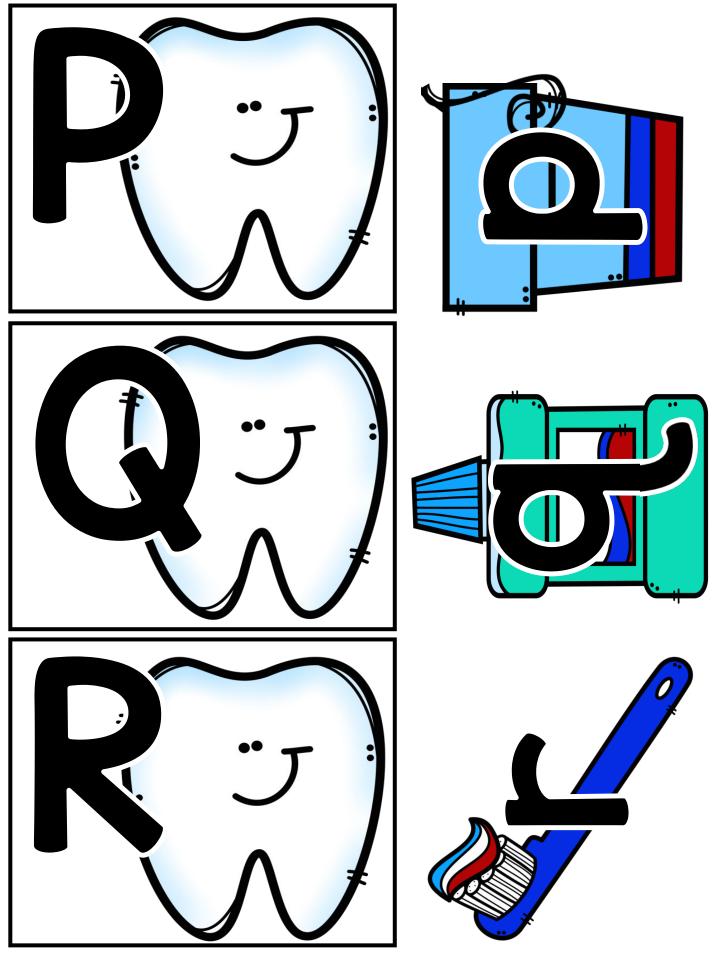


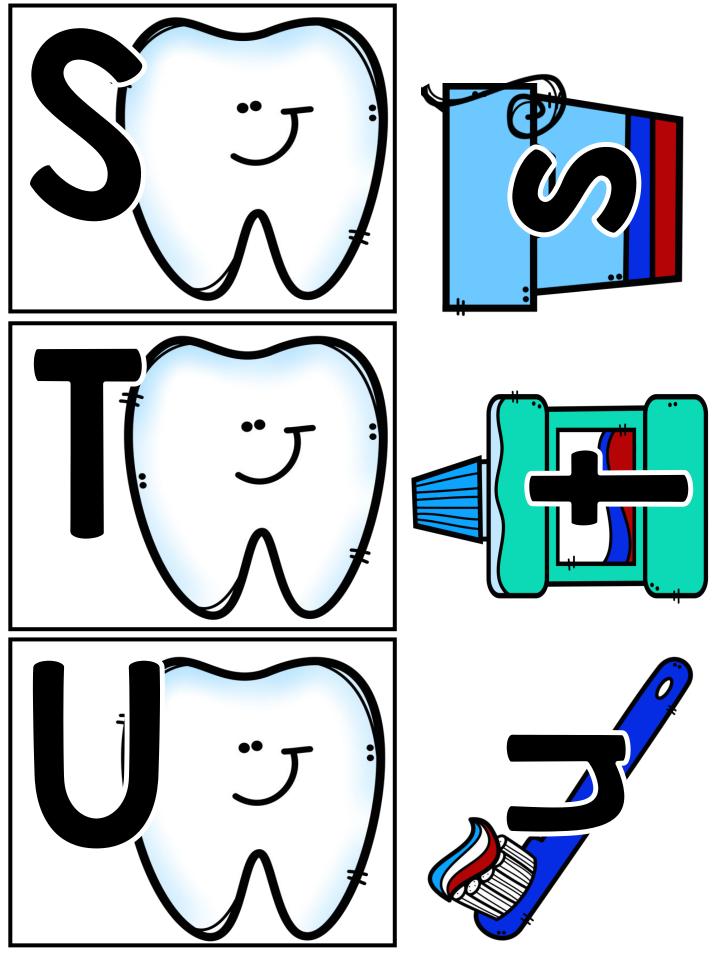


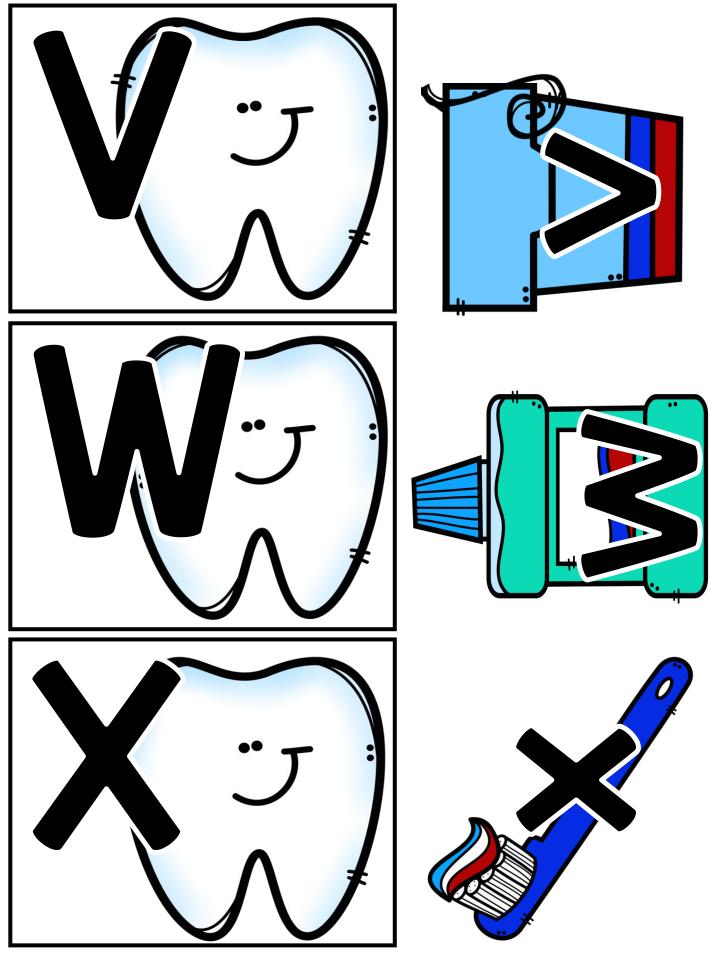


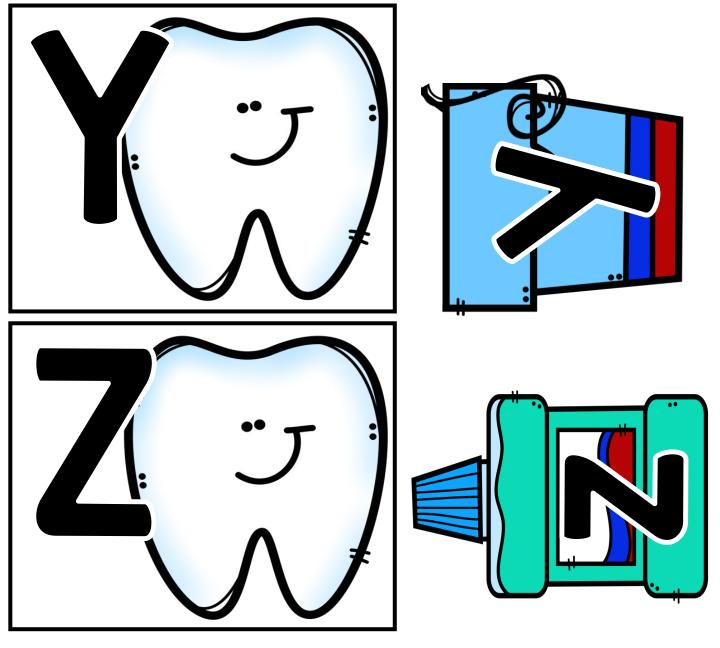


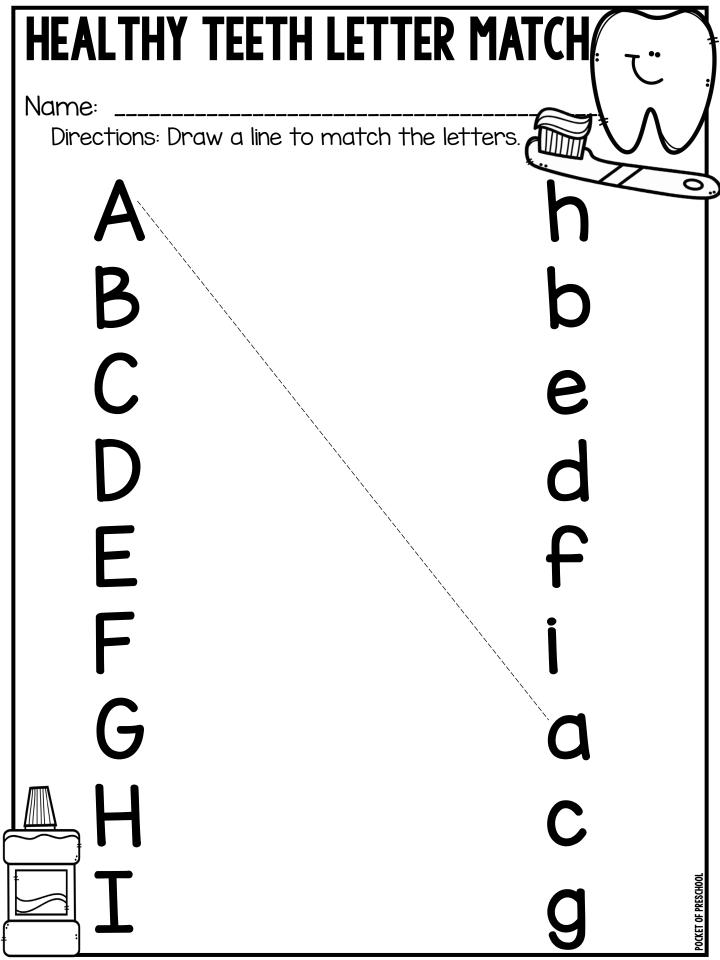


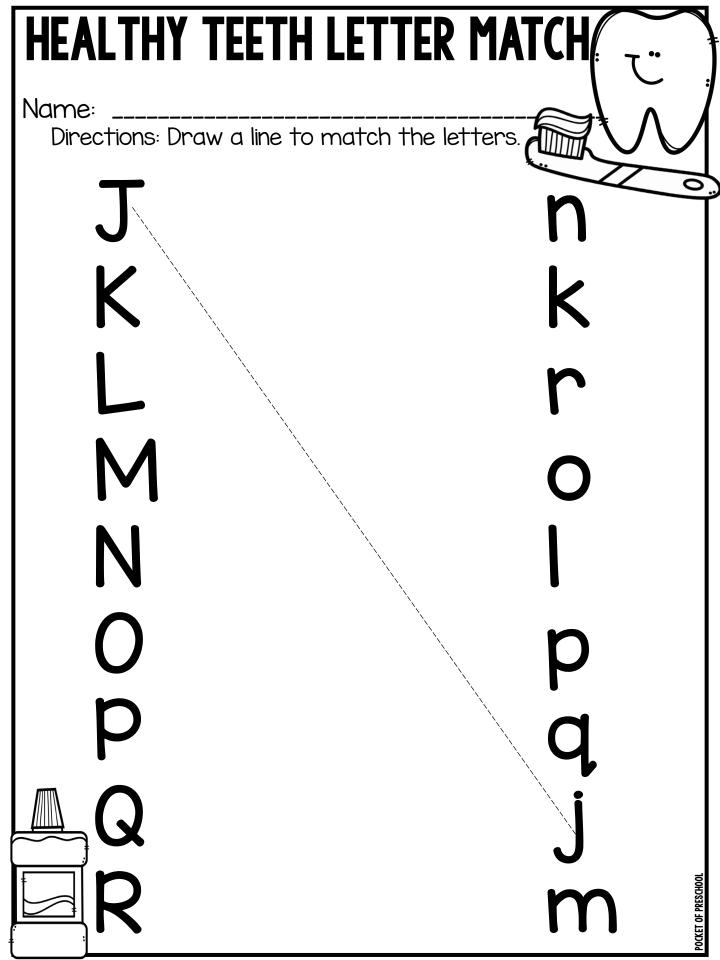


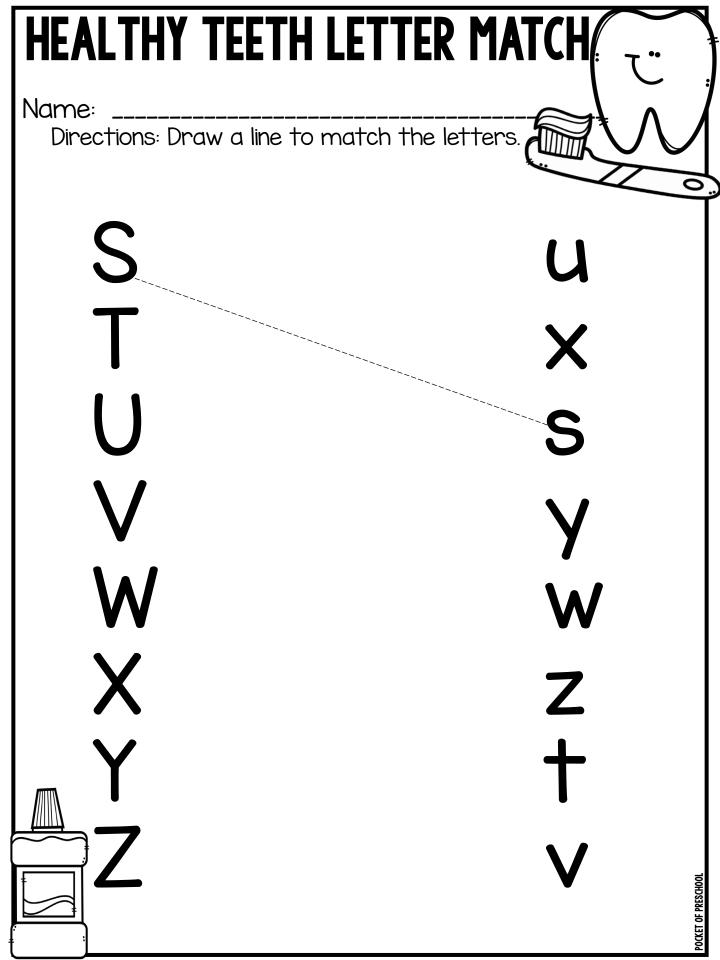












letter & sound clip cards

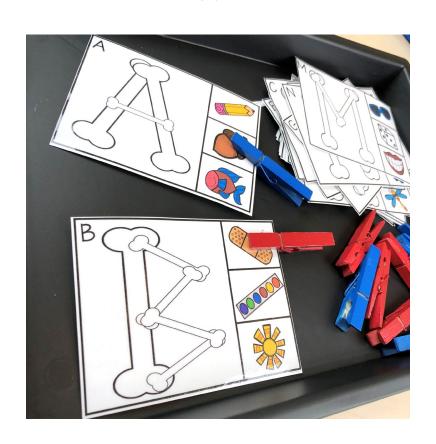
Print, laminate, and cut out the cards. Put a sticker on the back of the object that matches so students can self check.

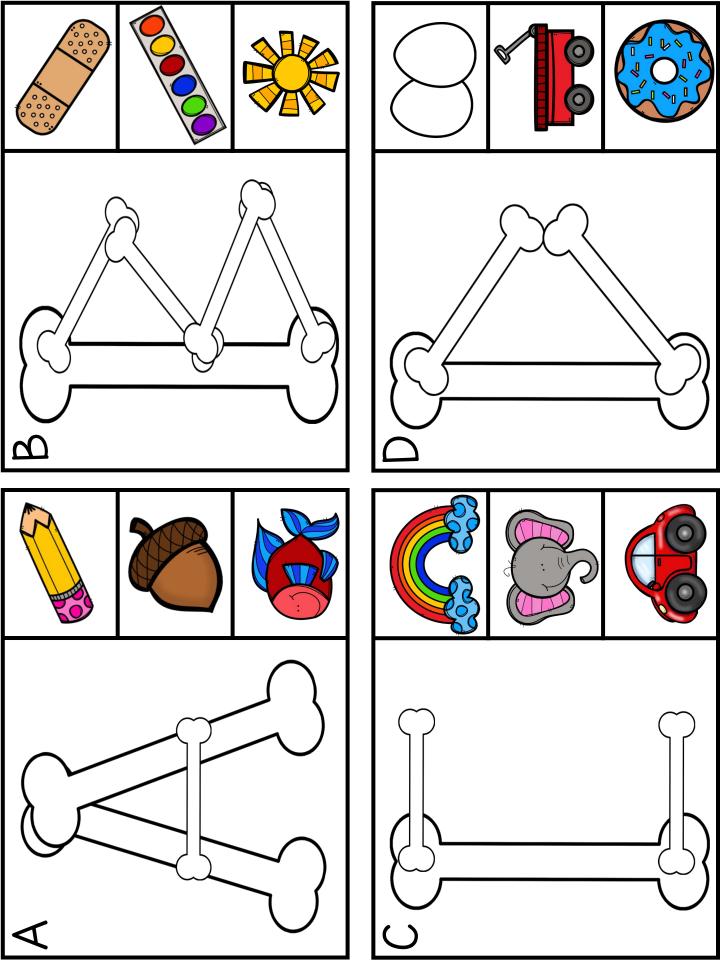
Directions

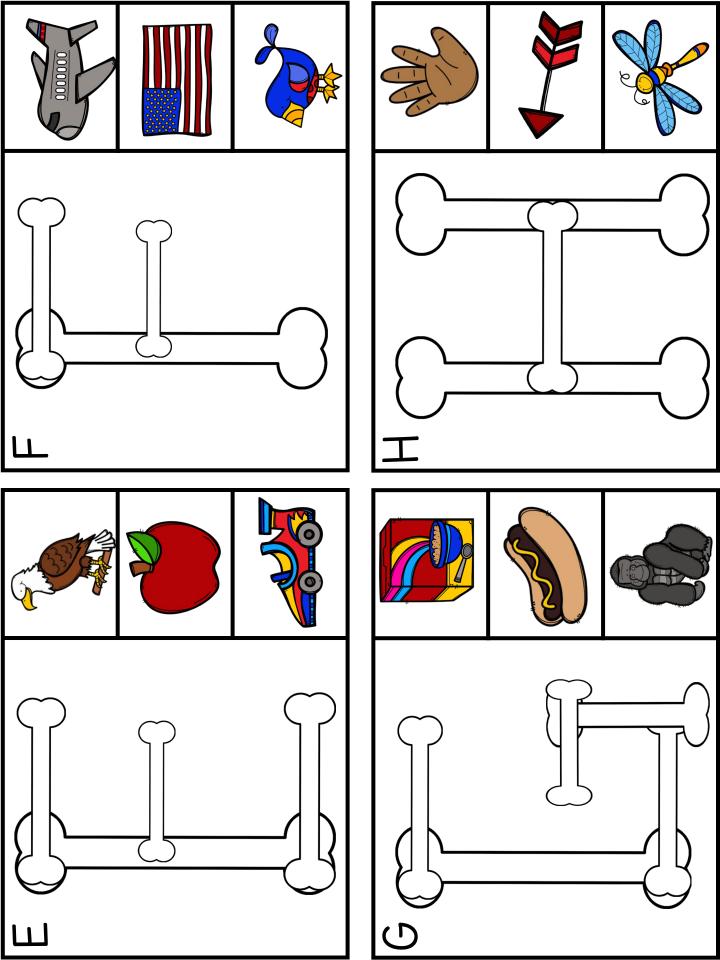
Students identify the uppercase letter and clip the object that has the same beginning sound.

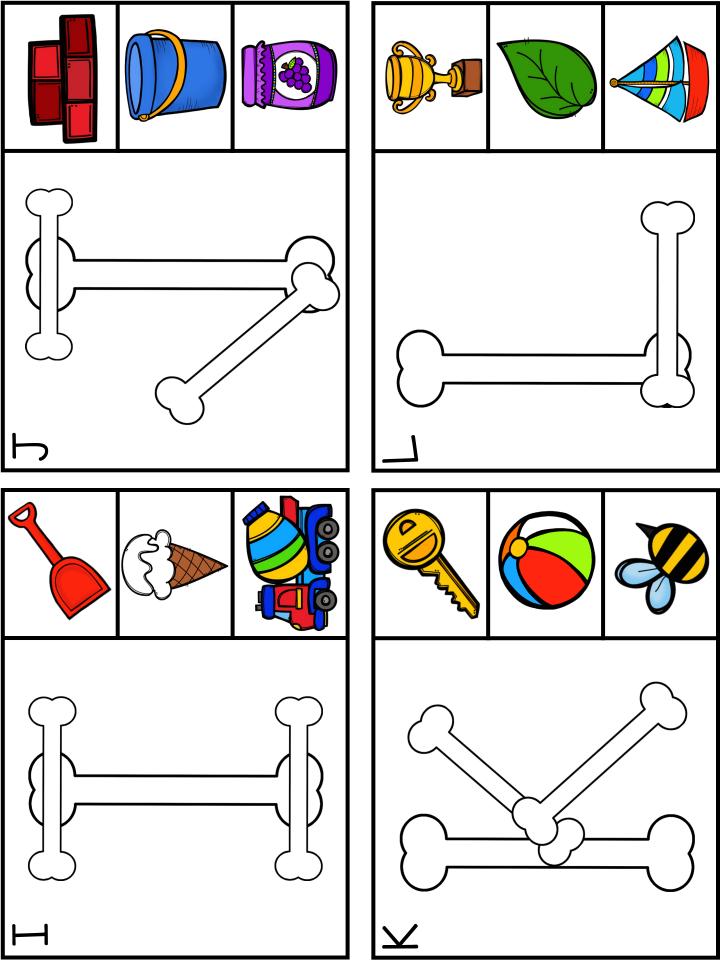
Optional recording page.

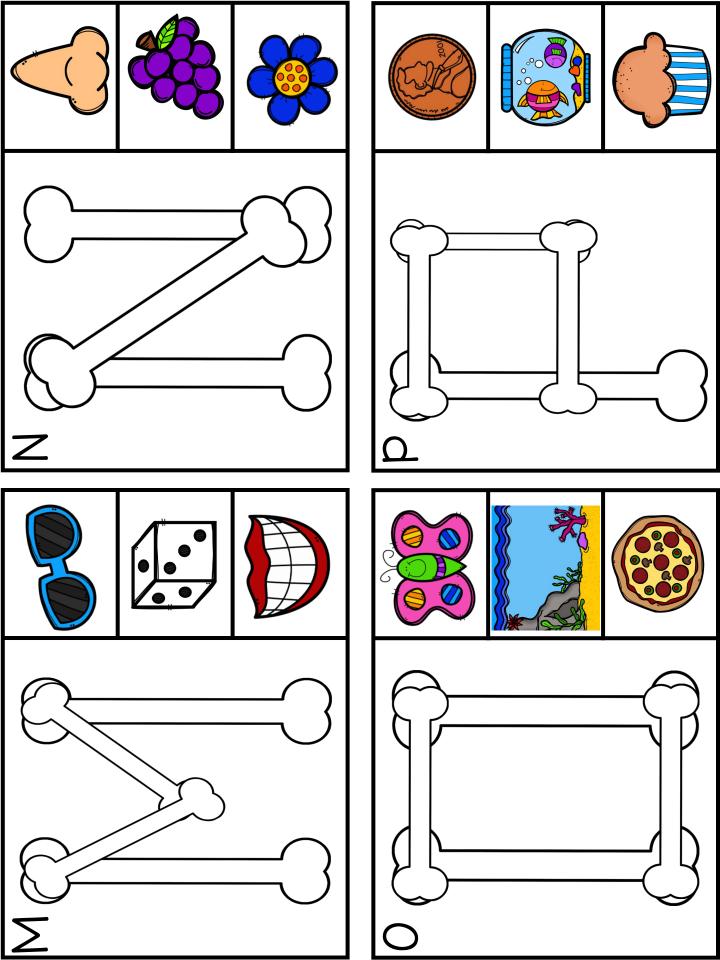
To differentiate have students only match up the letters.

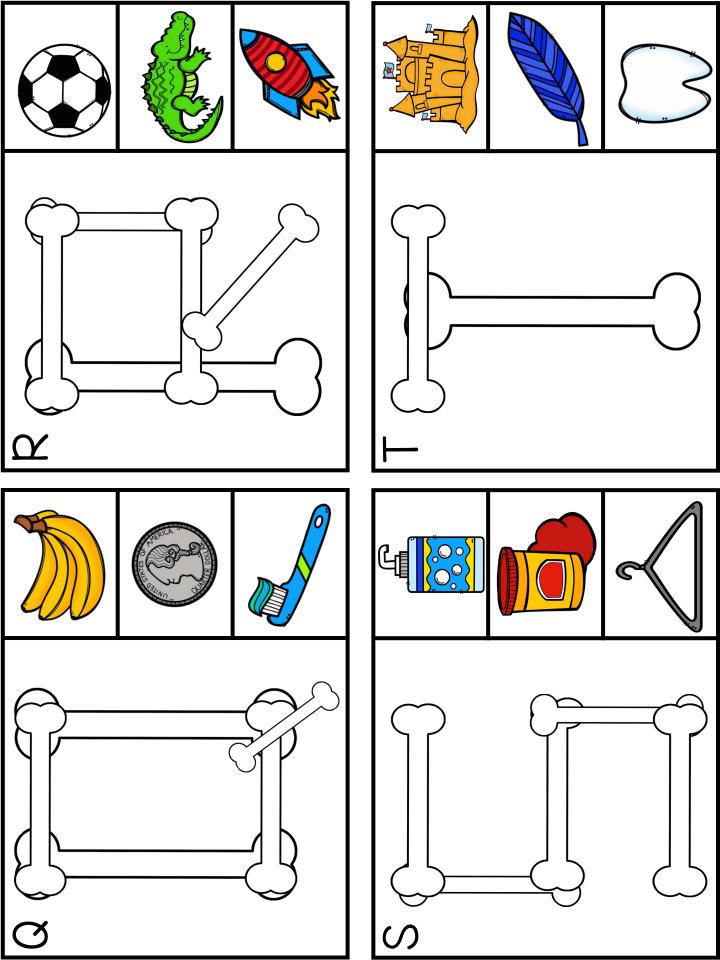


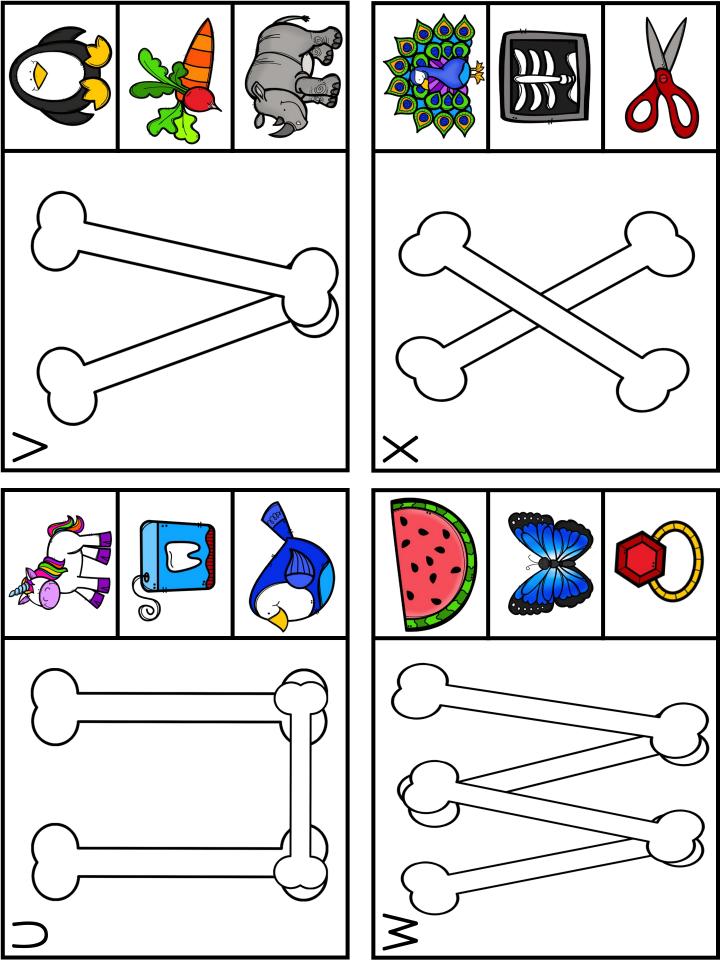


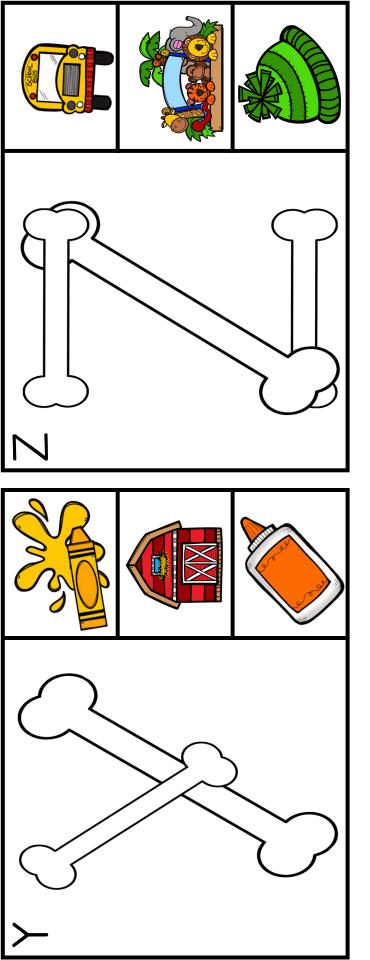












sound clip it

OCKET OF PRESCHOOL

Name: Directions: Color the object with that begins with the same sound.

my body letter build mats

This is a fun activity students can do to practice letter formation and letter recognition.

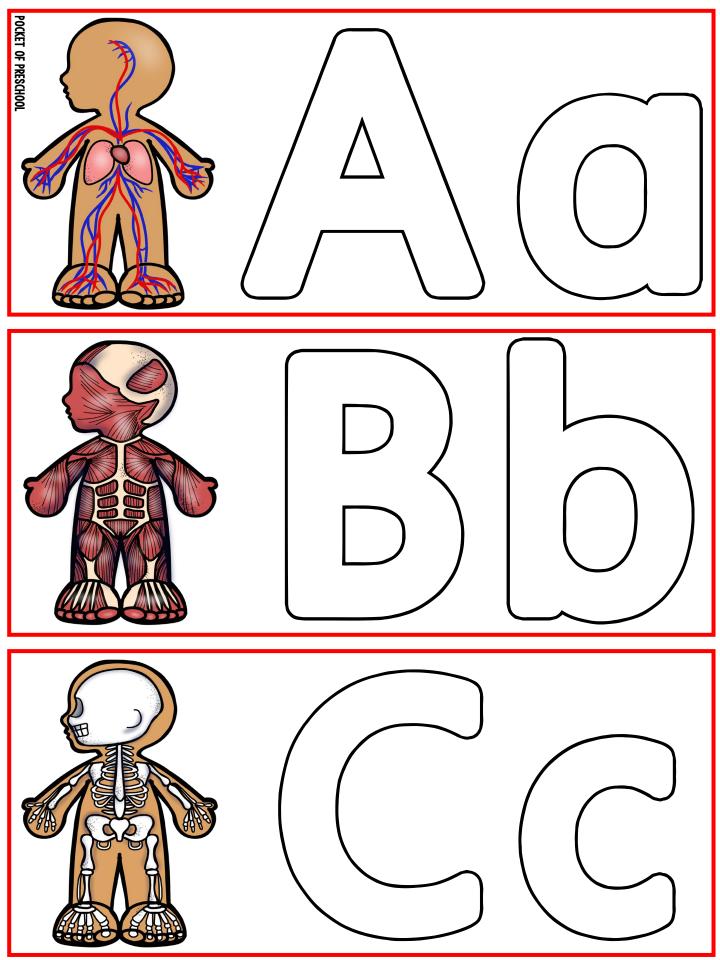
Print the cards on cardstock for greater durability and laminate.

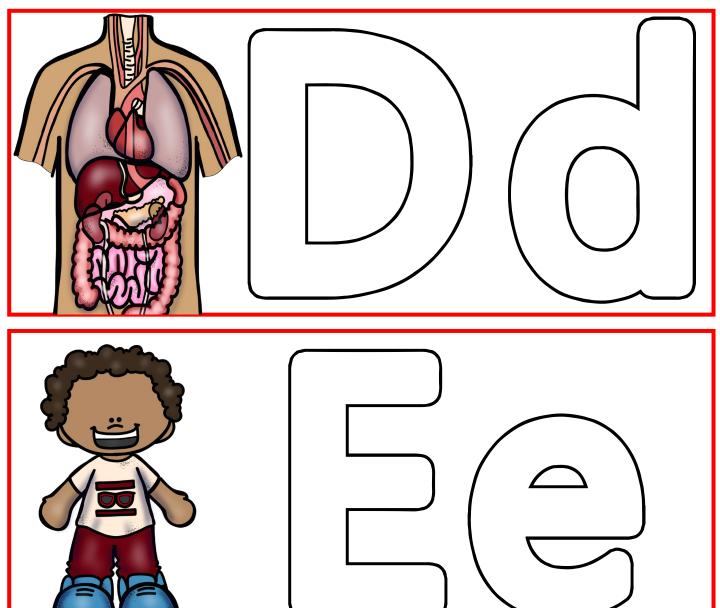
Using Play Dough: Students pick a letter card, roll play dough snakes, and form the letter with the play dough.

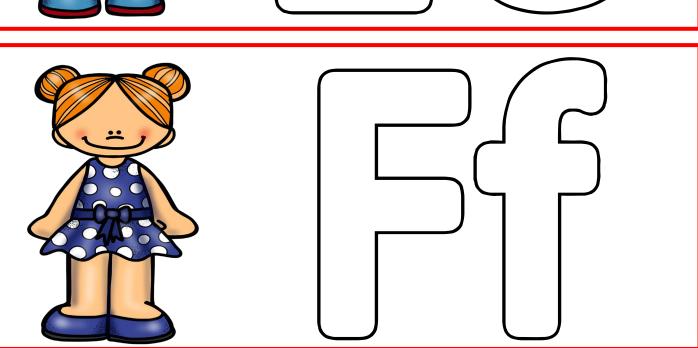
Using Manipulatives: Students pick a letter card and place the manipulatives on the letter. Red glass gems (blood cells), mini erasers or small health themed manipulatives would be super fun to use.

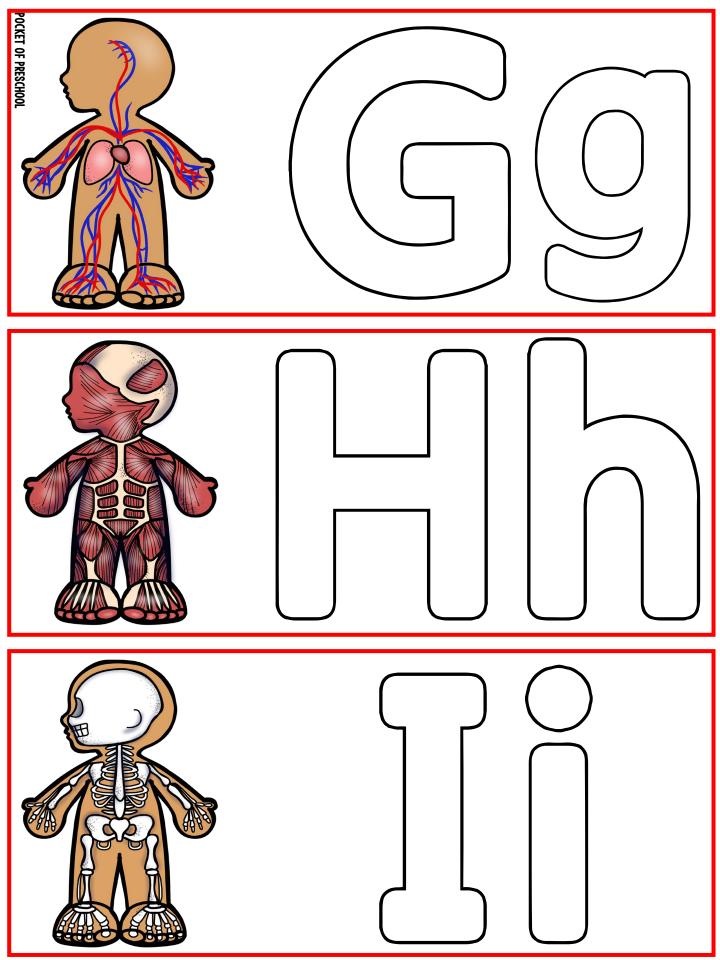
Optional recording pages included.

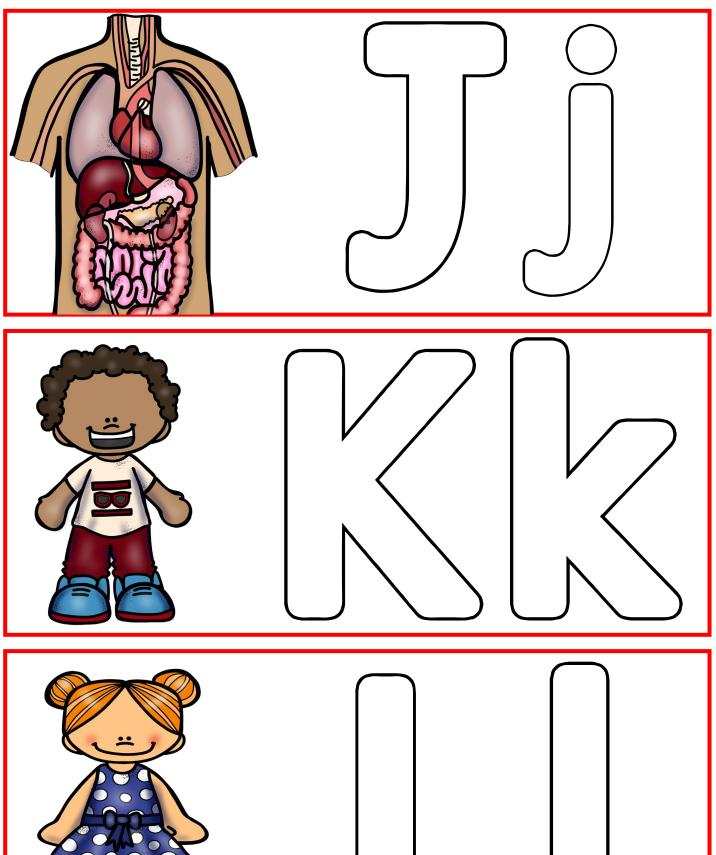


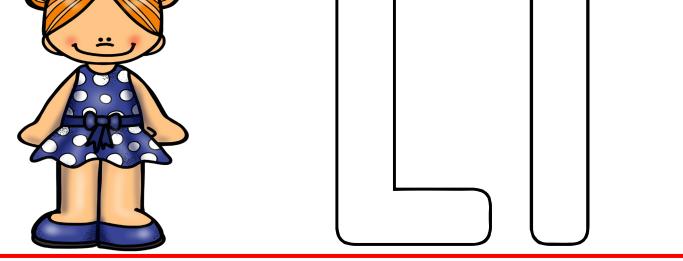


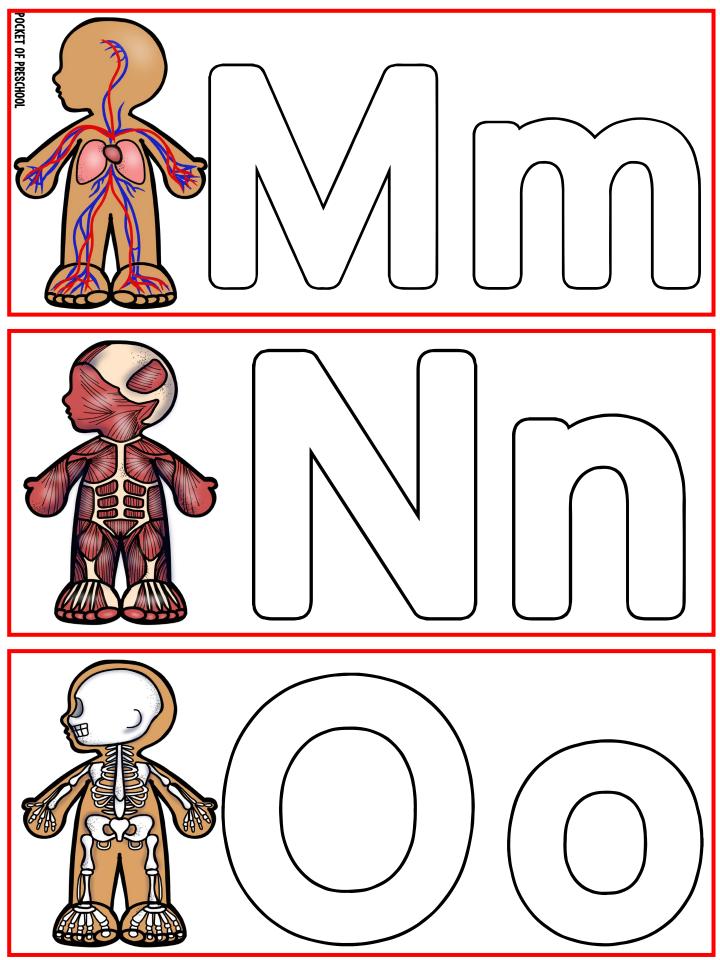


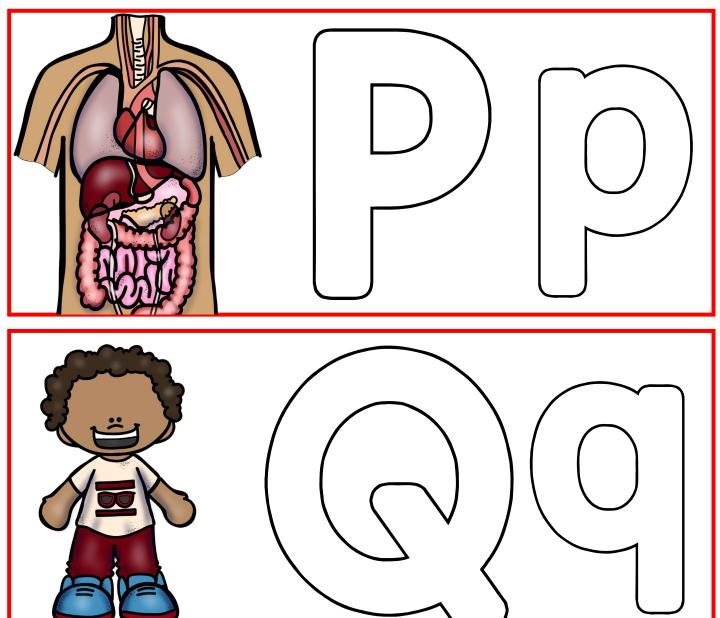


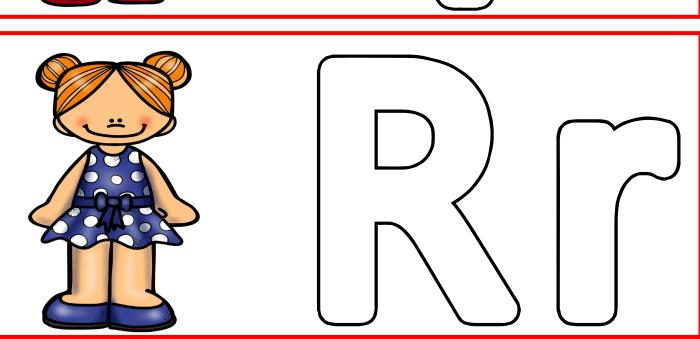


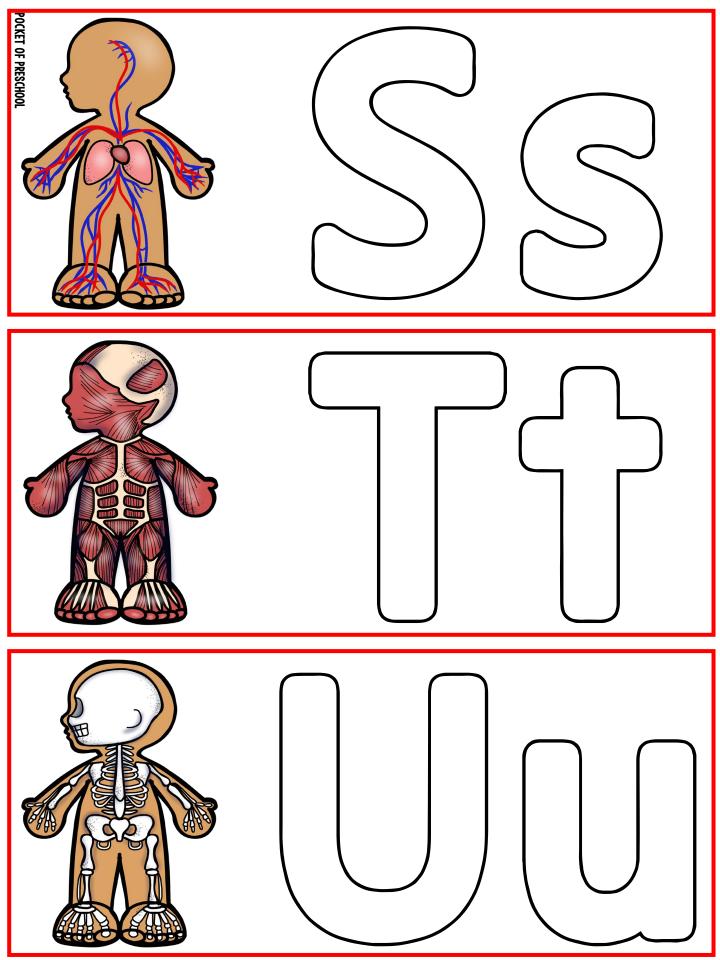


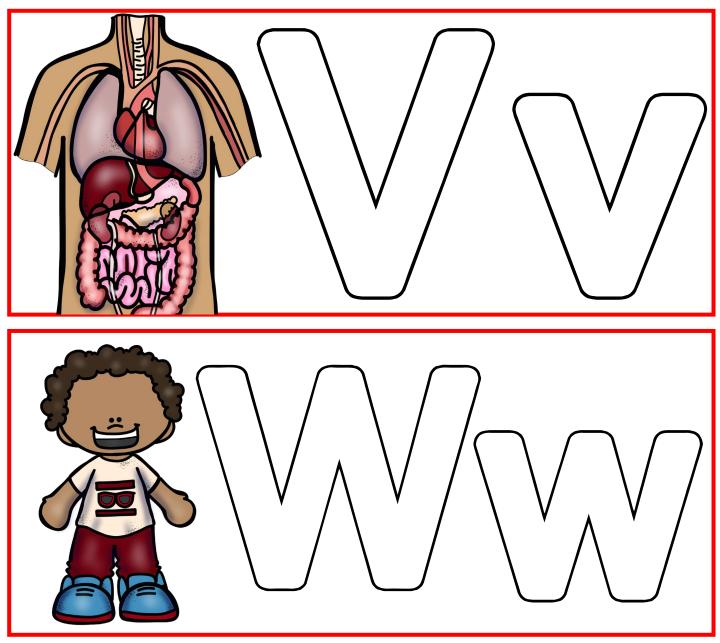


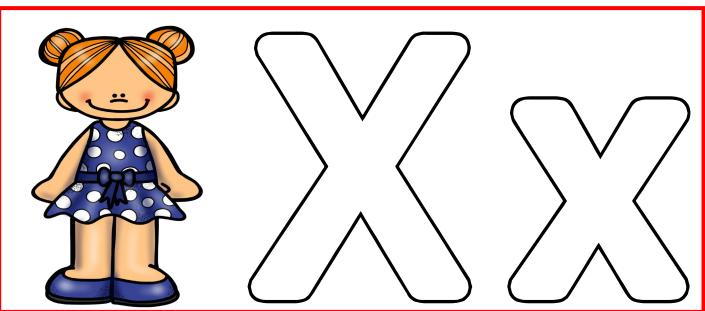


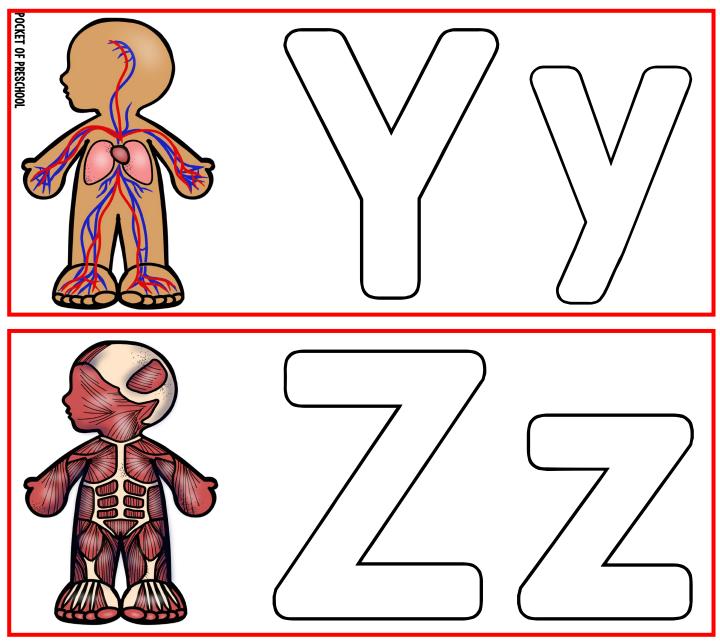












Y BOdy Trace Name: Trace the letters. 50 KK LI MM Nn

tooth names and sight words

Read, build, write can be used many ways: with letters, with student names, and with sight words.

Students build words on the "build it" mouth board. Build sight words, students' names, or me and my body words (use included me and my body word cards).

Use the blank word cards to write students' names or words specific

for you students.

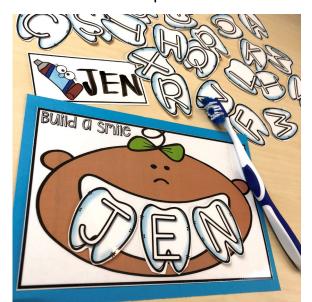
Options for Differentiation:

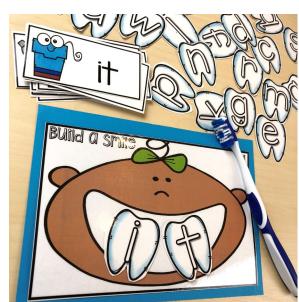
- Match uppercase and lowercase letters
- Write and build students' names
- Write and build sight words
- Write and build vocabulary words
 - (included in this pack)

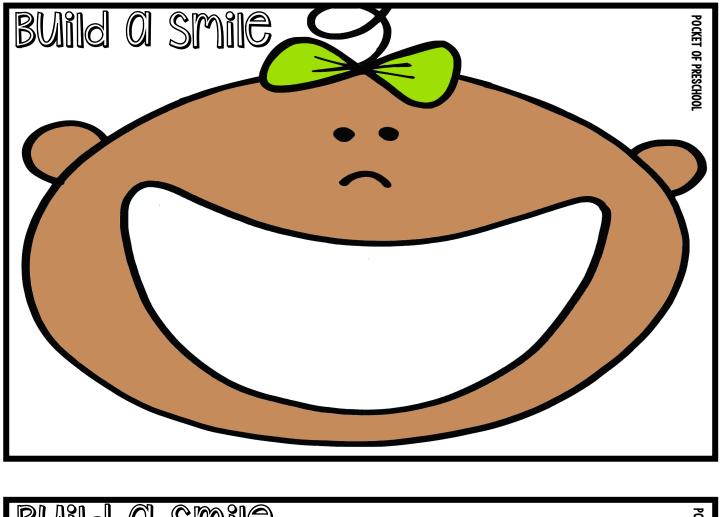
Fun options:

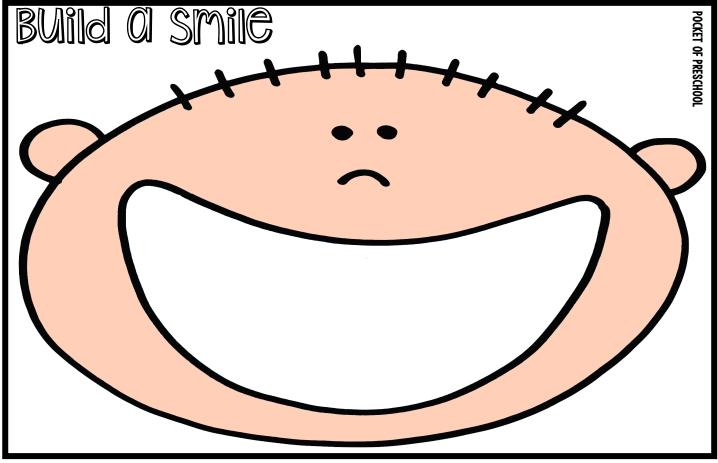
Paint Bag Write It: Students pick a letter, name card, or sight word card. Students build the word or match the letter with the letters. Then students write the letter or word on the sensory bag (aka a baggie with white paint or shaving cream and glitter, taped closed) with a q tip or their finger.

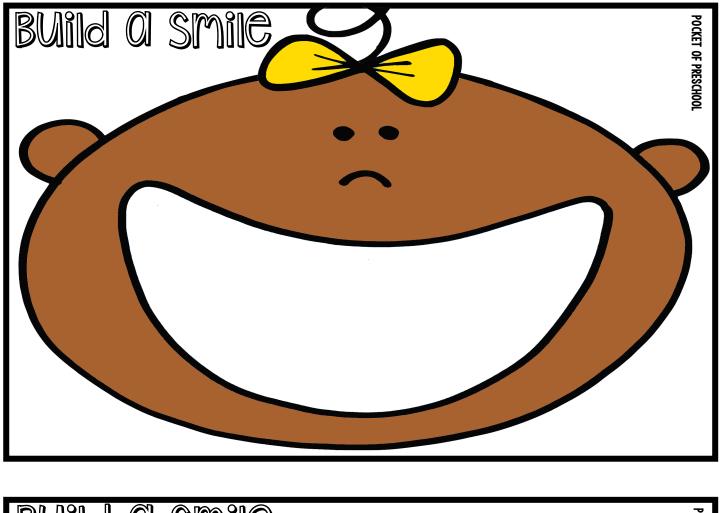
Sensory Tub: Put the letters or word cards in a tub with cotton balls for students to pick from.

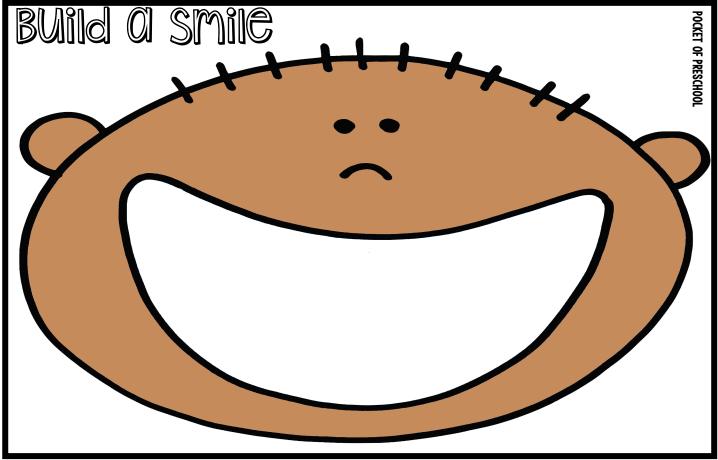


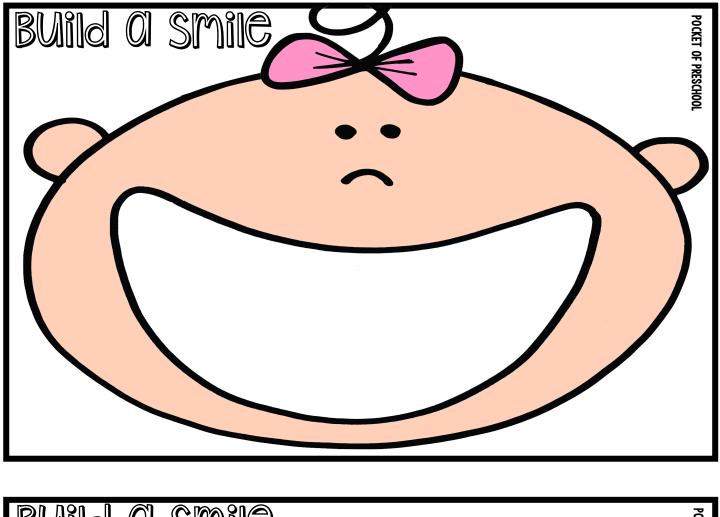


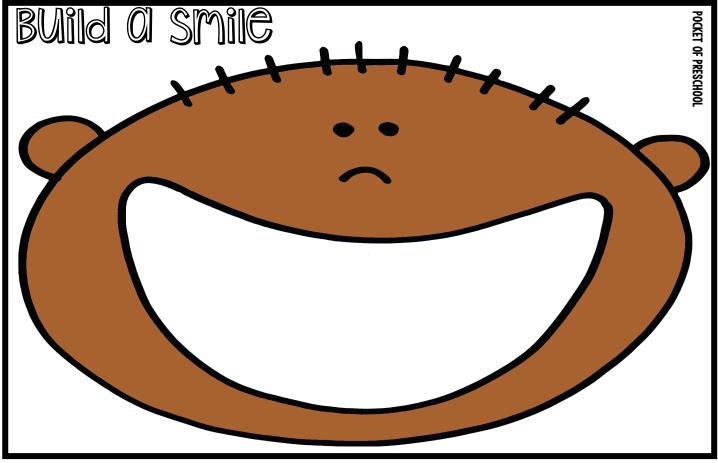


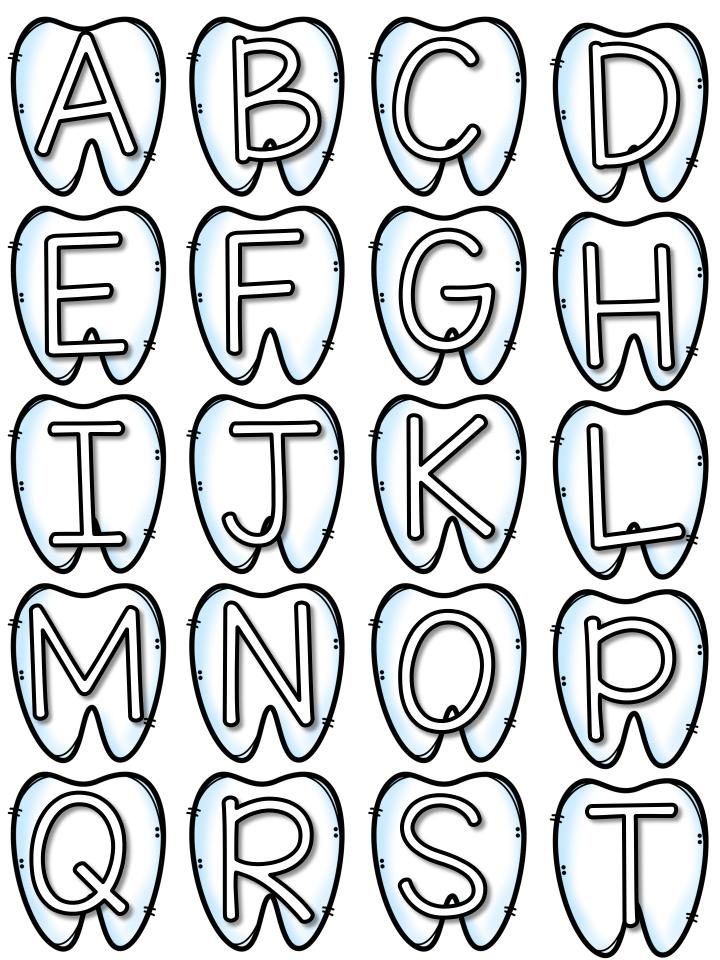


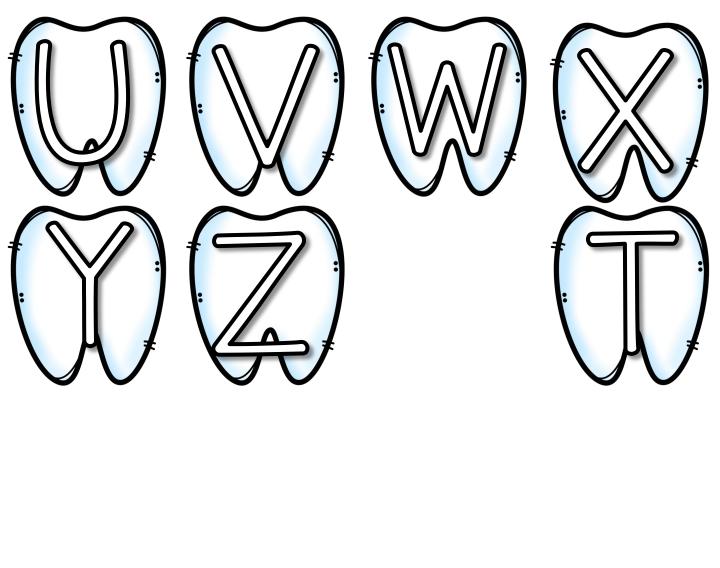


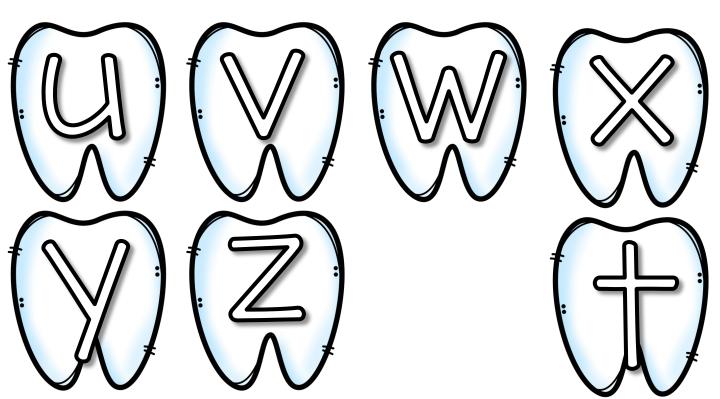


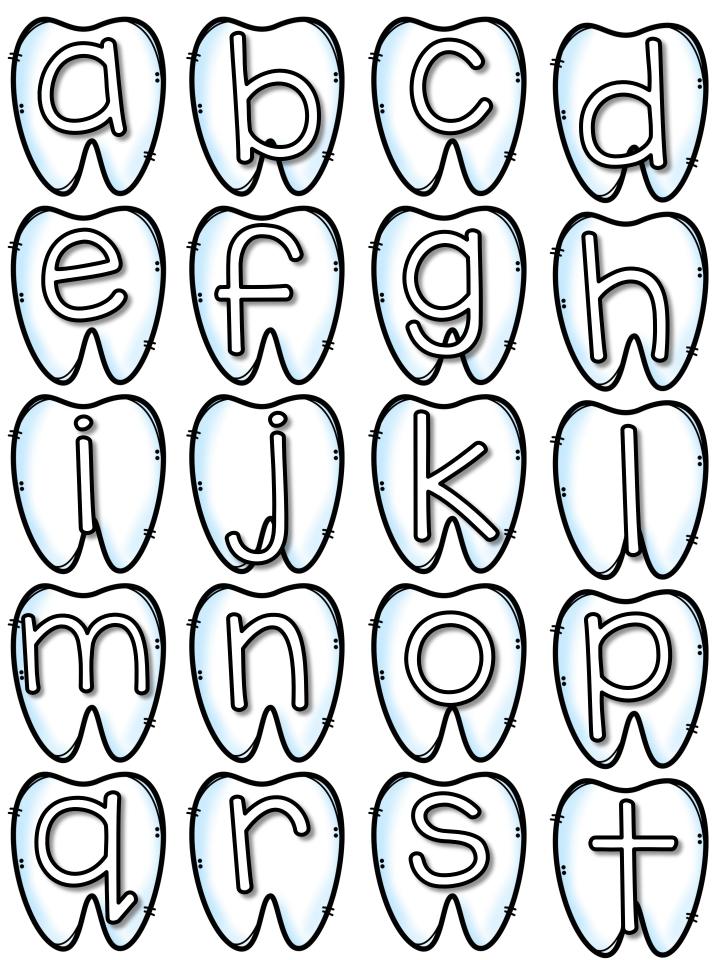


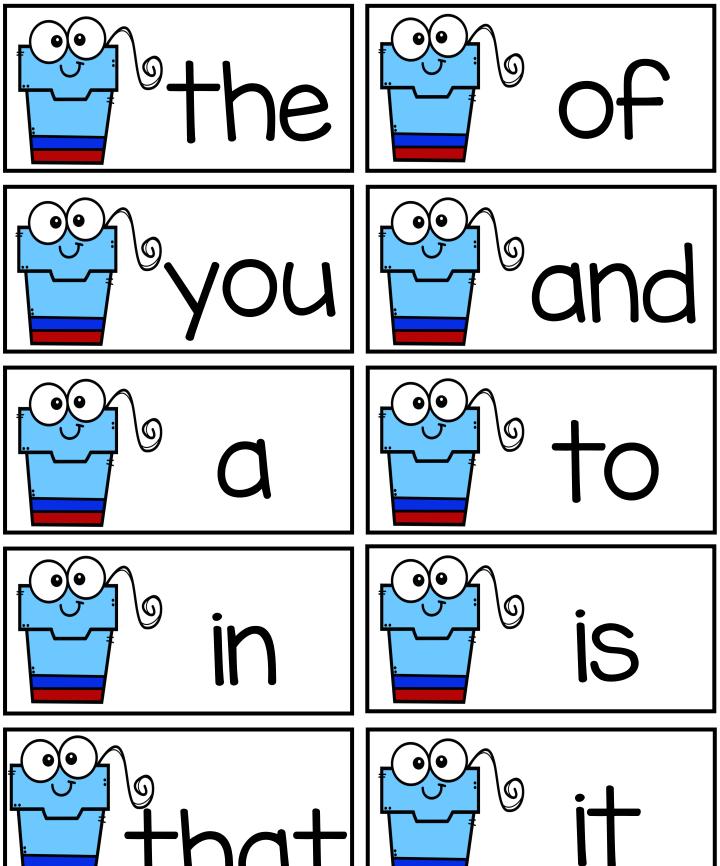






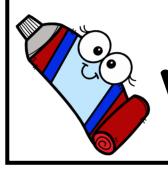








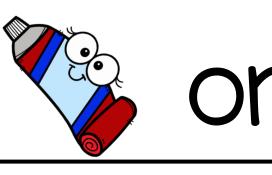
he

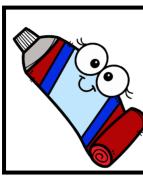


was

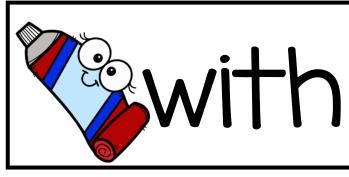


for



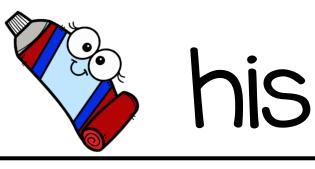


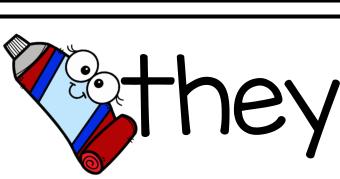
are



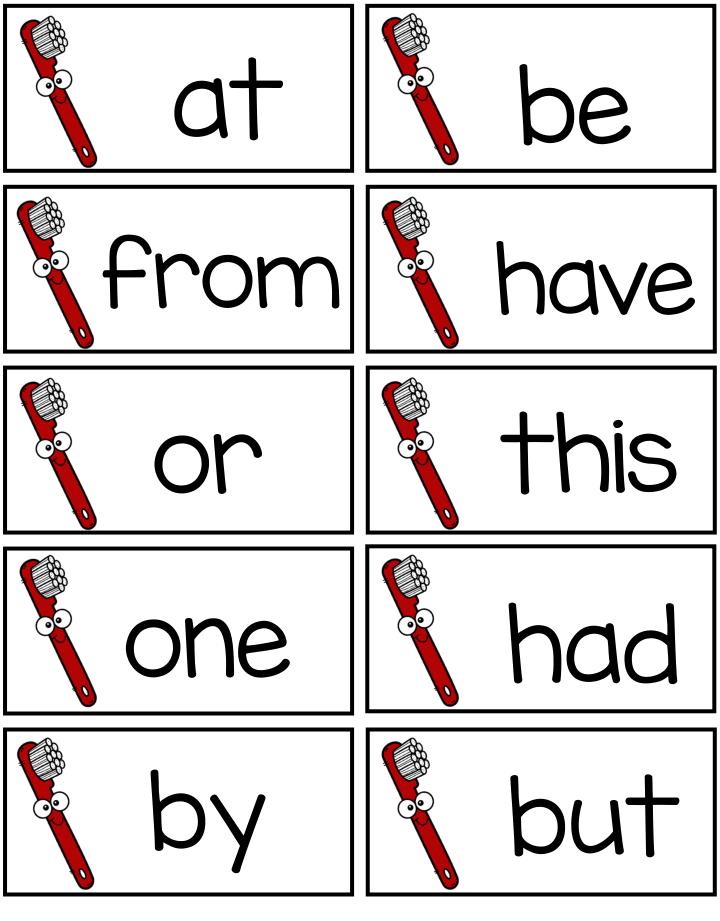


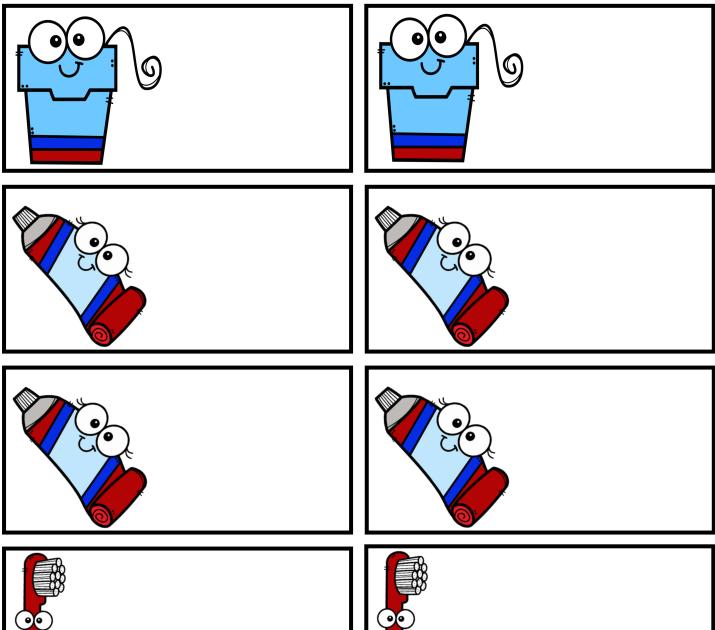
as

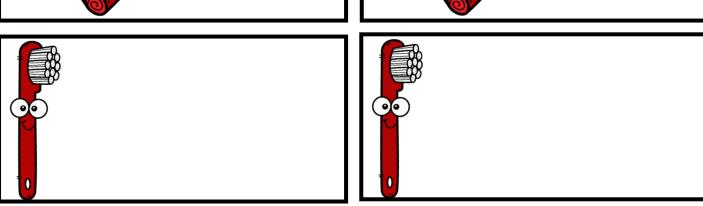


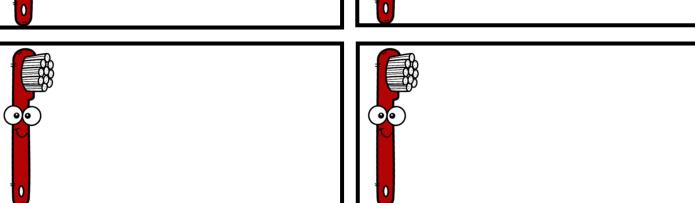




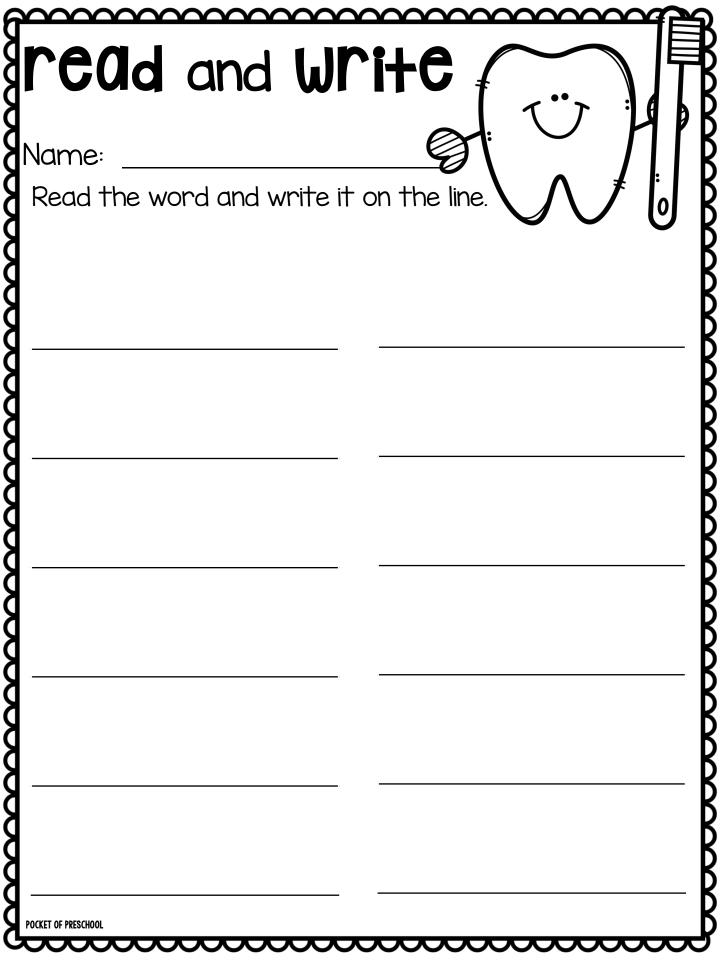








read and Wr	'i+C
Name:	an the line Λ
Read the word and write it	on the line.
POCKET OF PRESCHOOL	



600 600 rhyme puzzies

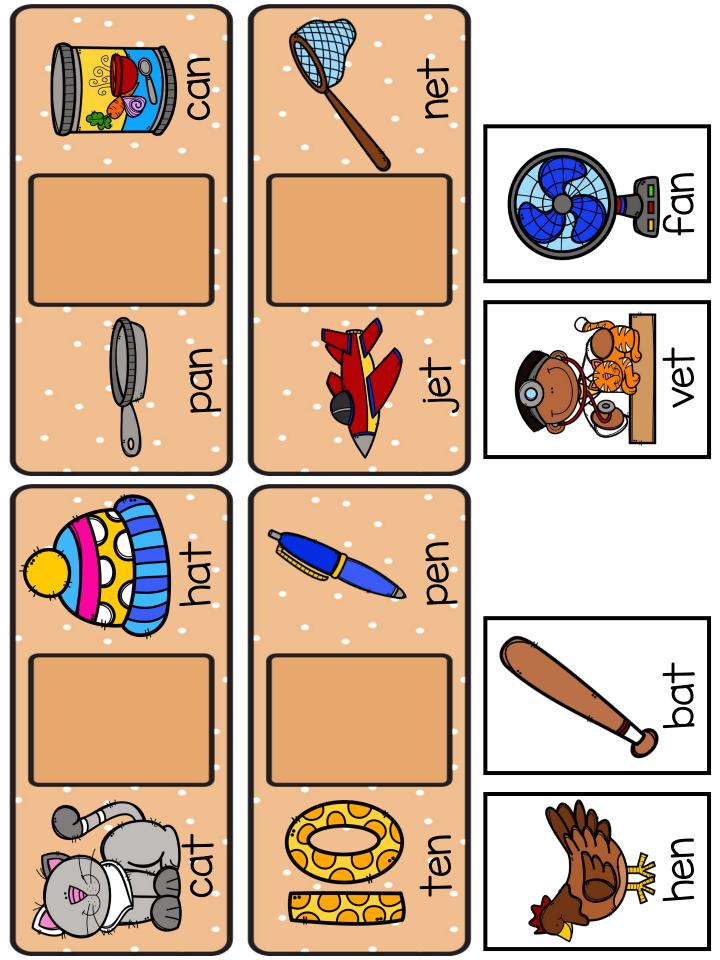
Print, laminate for durability, and cut pieces apart.
Attach Velcro to the middle of the bandage and the back of the white square.

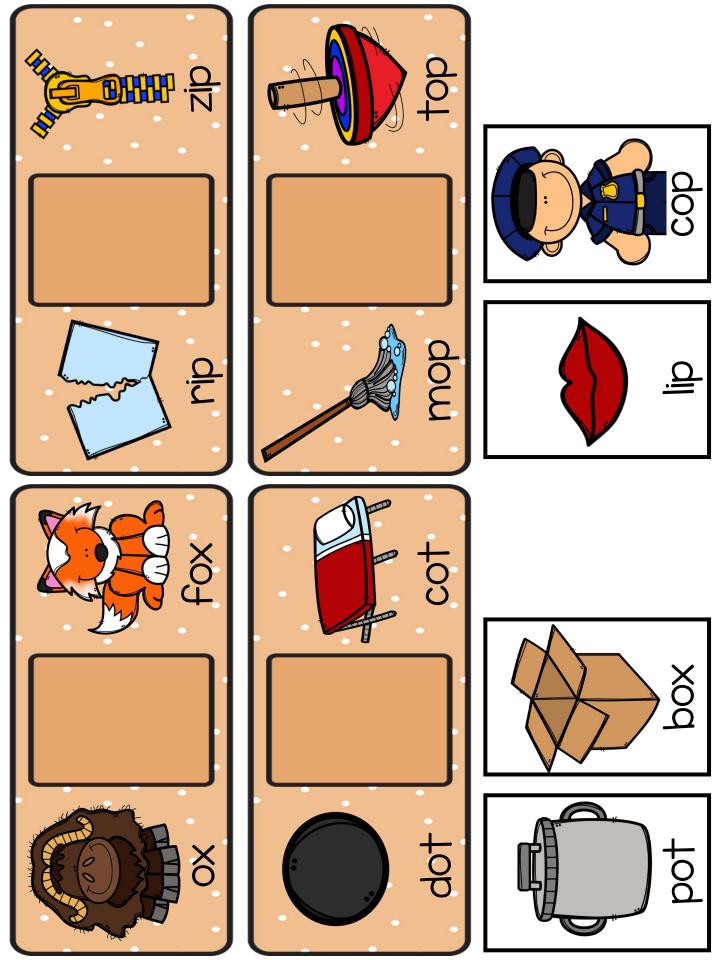
How to Play: Students say the object and find the other object that rhymes with it. Students say both words to check if they rhyme. Then stick it on the bandage.

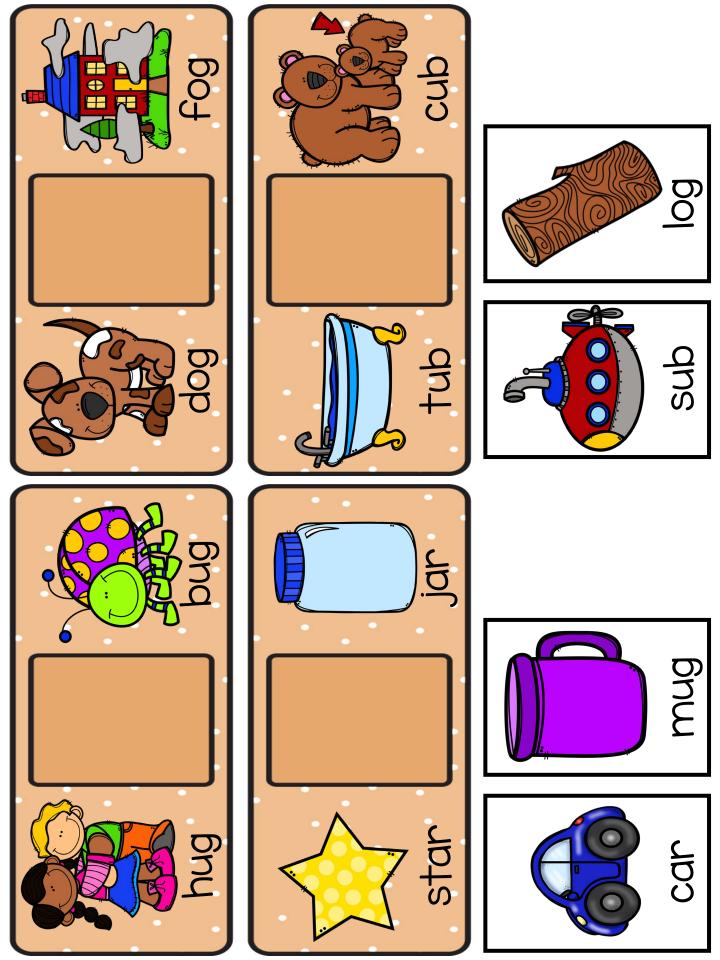
Put matching stickers on the back of each rhyme puzzle piece for students to self check.

Optional student recording page.





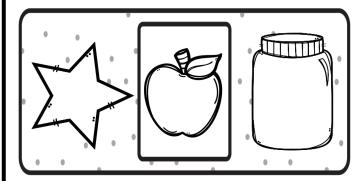


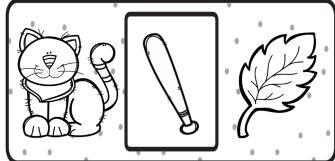


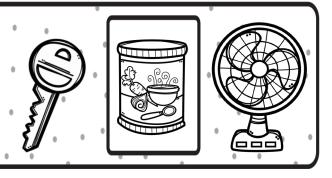
BOO BOO Rhymes

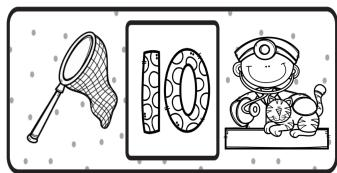
Name:

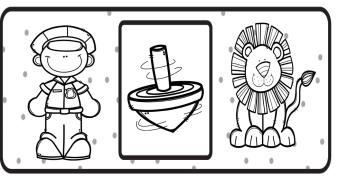
Find and color the rhymes in each band aid.

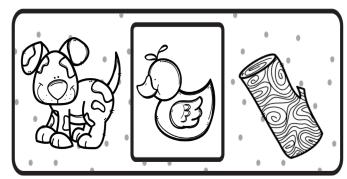


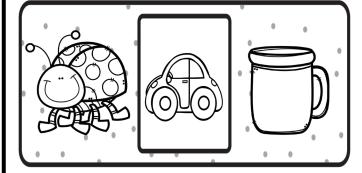


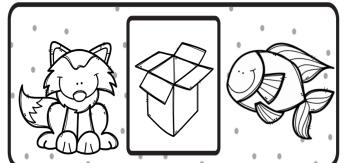












SYllable work out

Print and laminate for greater durability. Place the work out cards on a metal ring (optional).

How to Play

Pick a healthy habit card. Do the exercise to count the syllables and sort the card by number of syllables in the corresponding cup. Flip to the next exercise card. Continue to play the game until all the word cards are sorted.

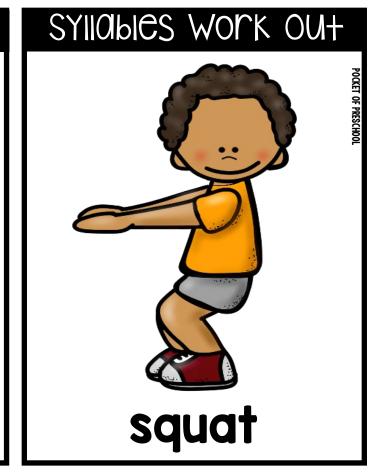
The healthy habit cards are things you can do or use to be healthy.

Place the syllable headers on buckets/cups or place in a pocket chart!

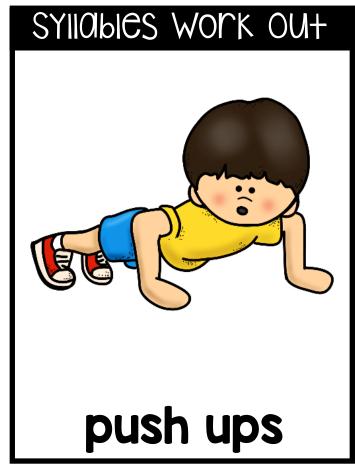
Optional recording page included.

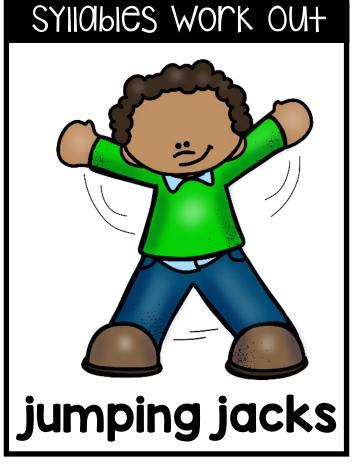








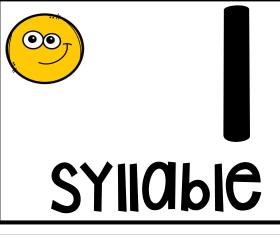


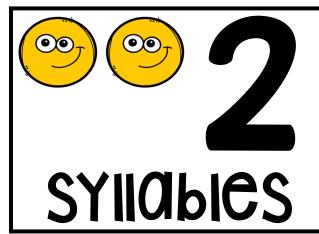


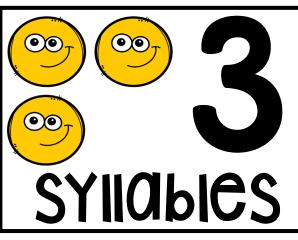


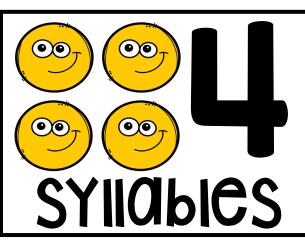


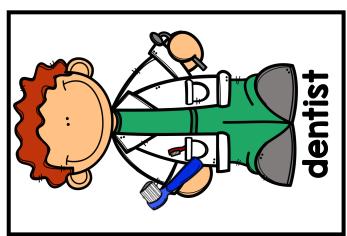


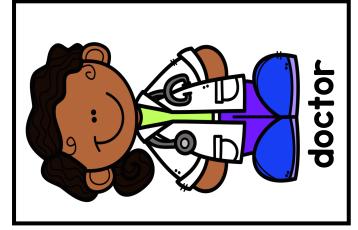


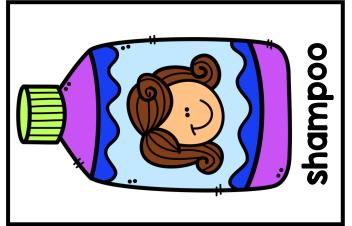


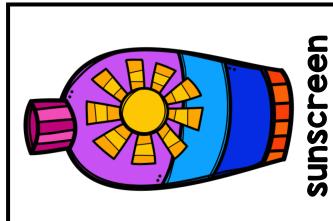


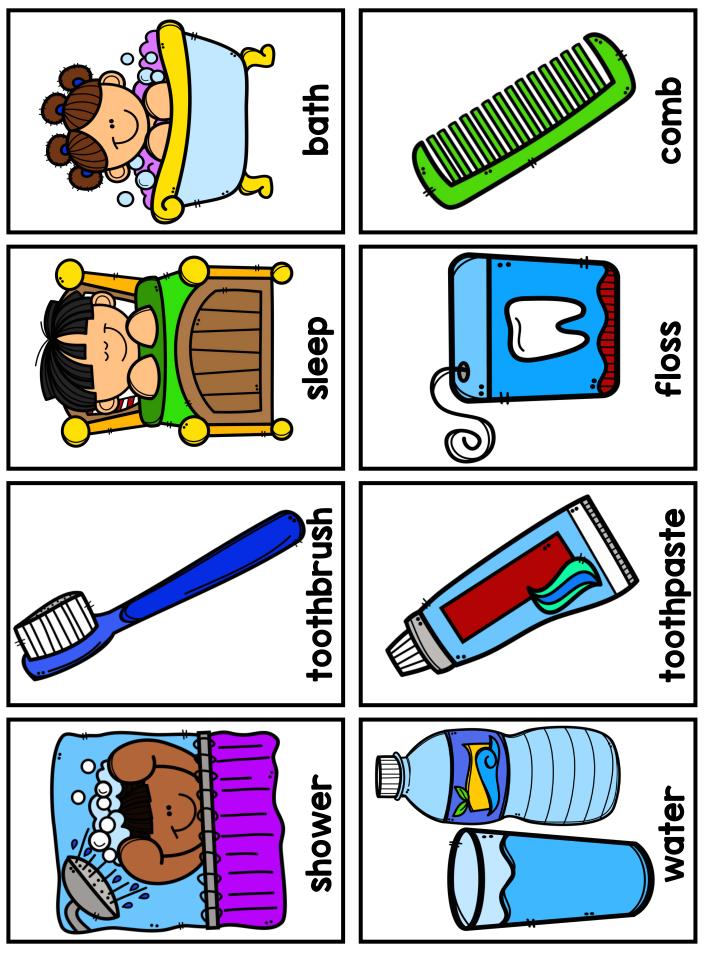


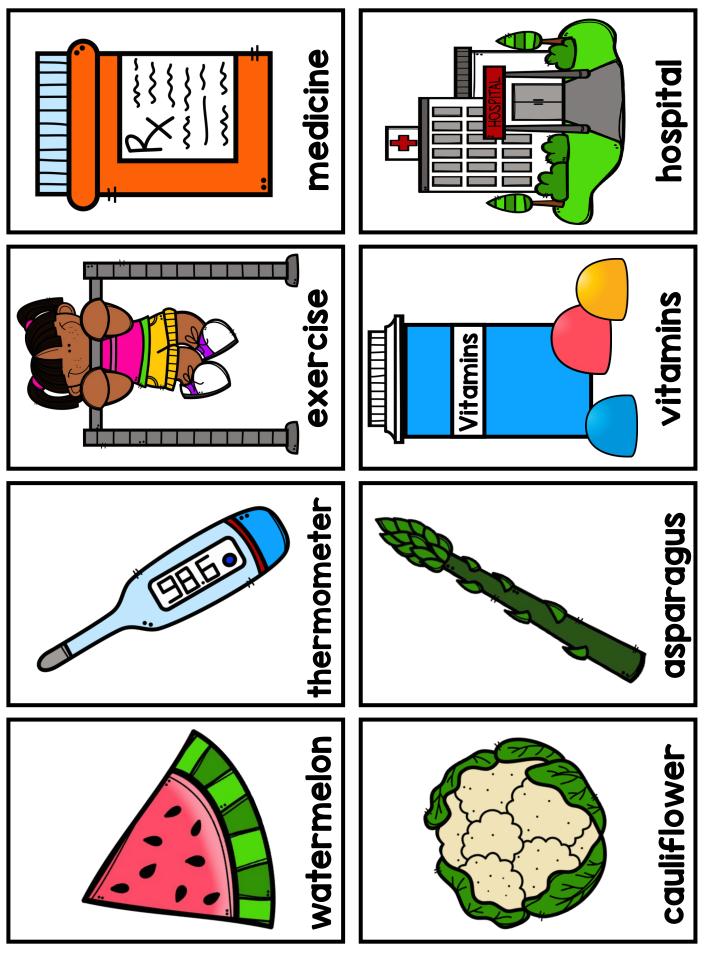








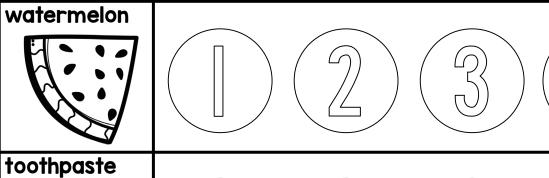


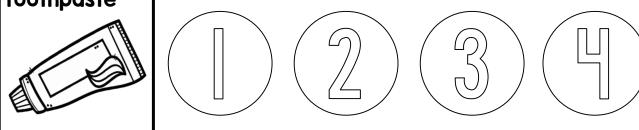


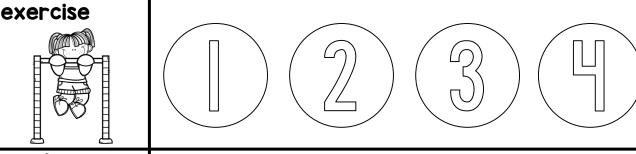
SYIIOble DOO

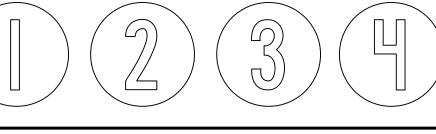
Name:

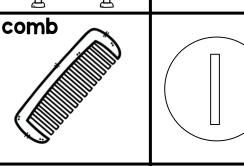
Directions: Say the word and dot the syllables.





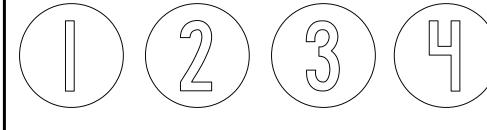






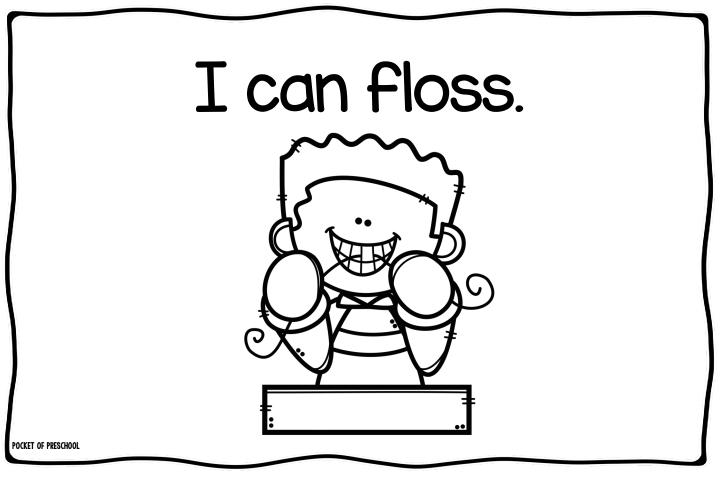


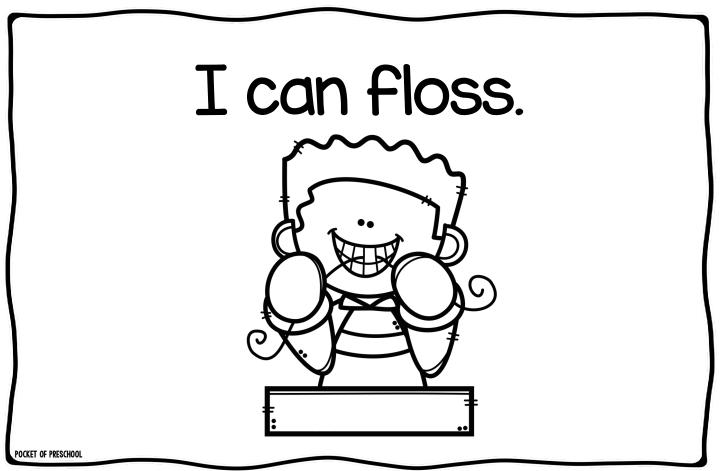
















POCKET OF PRESCHOOL

I can brush my teeth.



I can eat healthy.



POCKET OF PRESCHOOL

I can eat healthy.







DUCKET OF DRESCHOOL

I can wash my hands.



I can take a bath.



I can take a bath.



I can brush my hair.



DOCKLE OF DDLCCHOOL

I can brush my hair.



Skeletal system count

Print and laminate the board for durability.

Manipulatives

 Use Q Tips, white wikki sticks, or white cut up pipe cleaners for the "bones".

How to Play

COUNTING 1-6 (use one die)

 Roll the die, count out the corresponding number of bones, and put the bones on the skeleton.

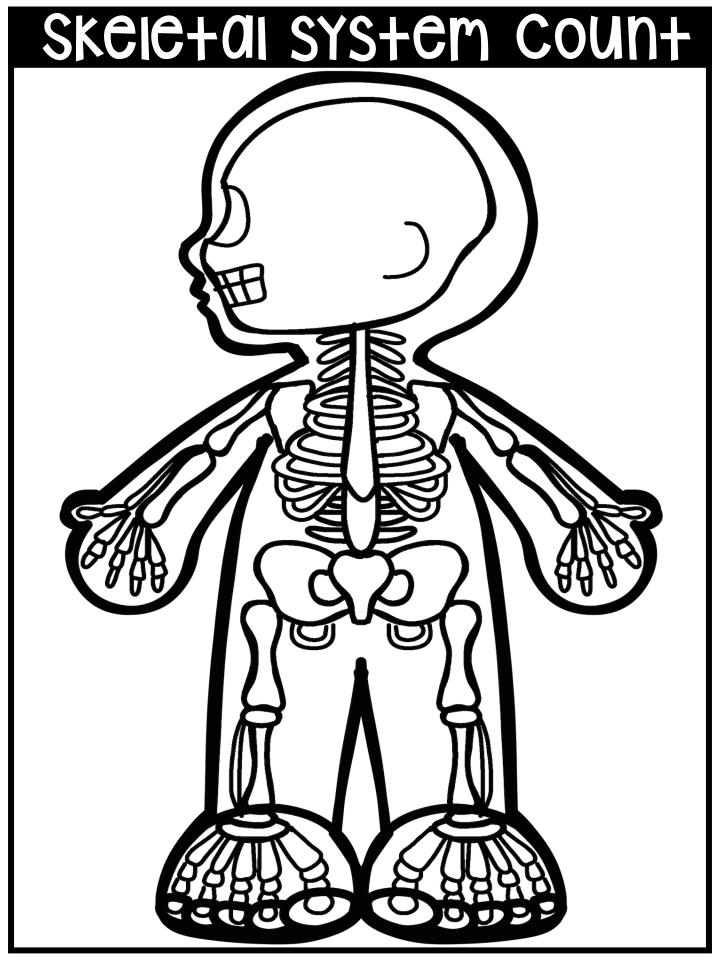
ADDING (use two dice)

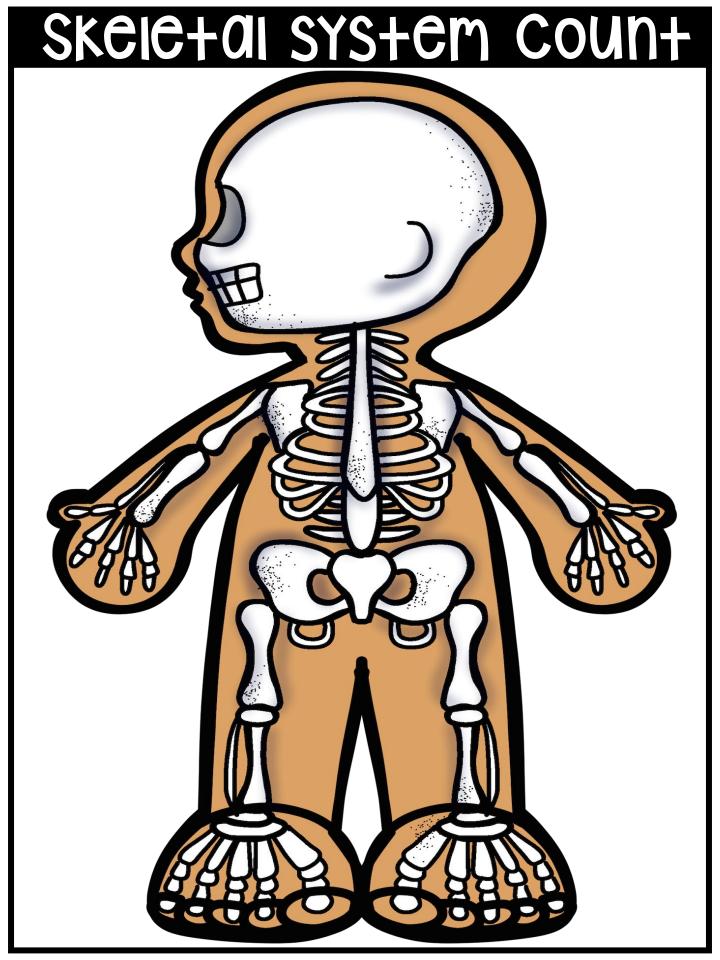
 Roll two dice, add the total number of dots, count out the total number of bones, and put the bones on the skeleton.

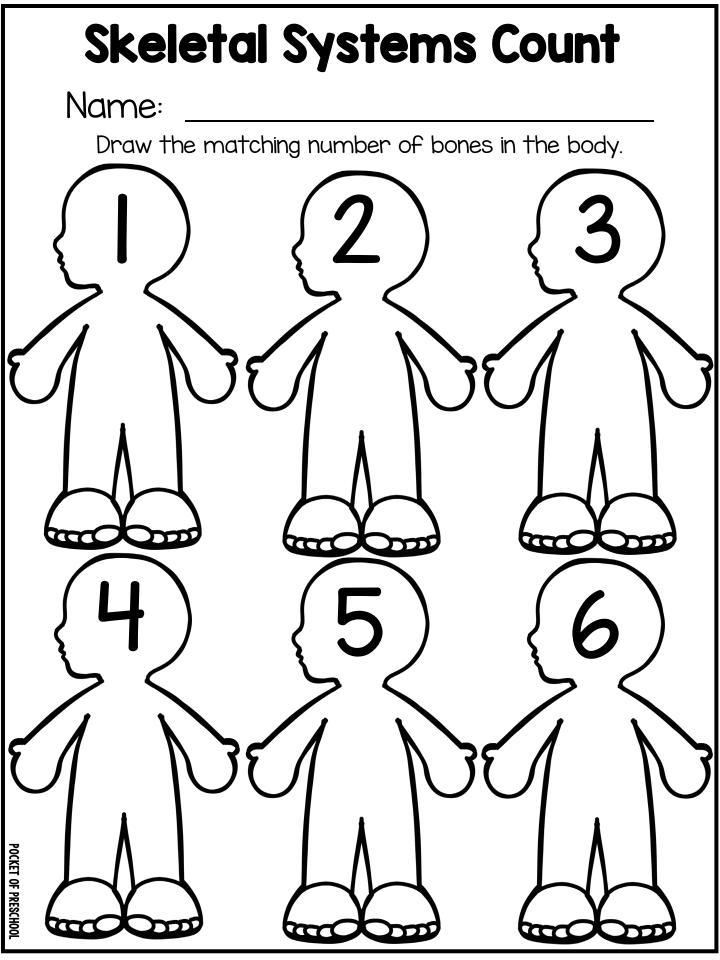
This game can be played with a peer or individually.

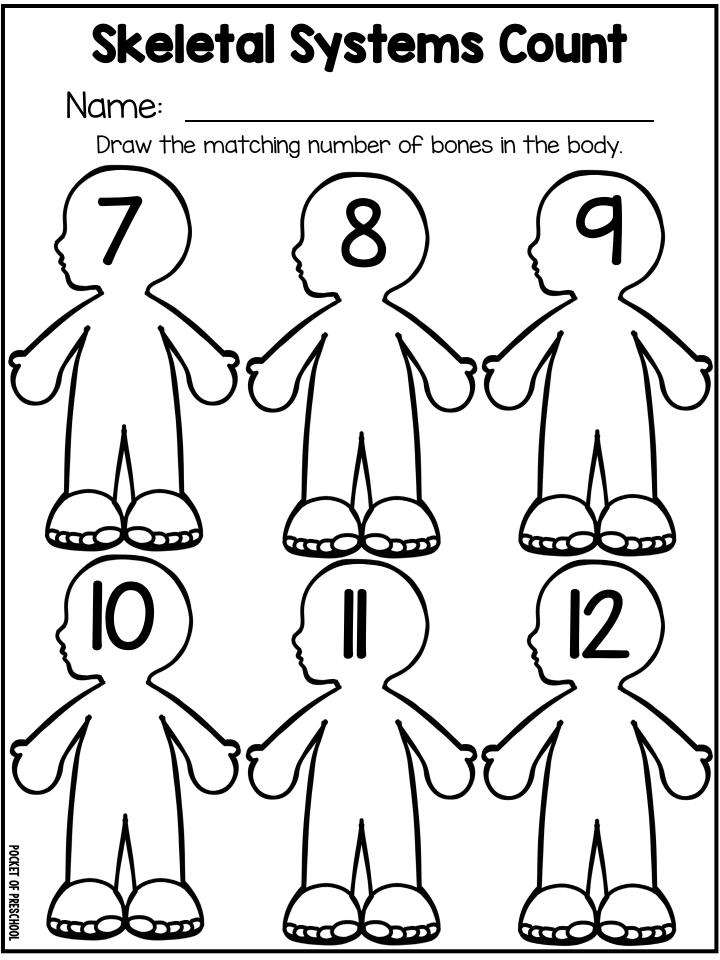
Optional recording pages included.

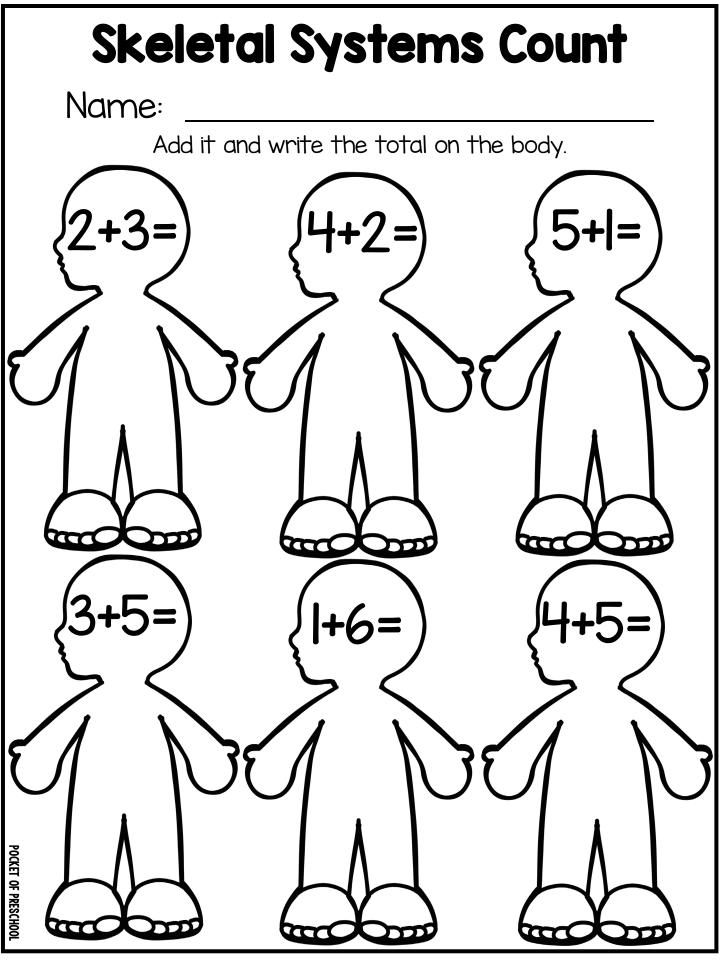












germs shape spin & cover

Print, laminate, and cut out the boards.

Directions

Students spin the spinner, identify the shape, and cover the shape on the board. They could also trace with a dry erase marker.

Optional recording pages included.

How to make spinners:

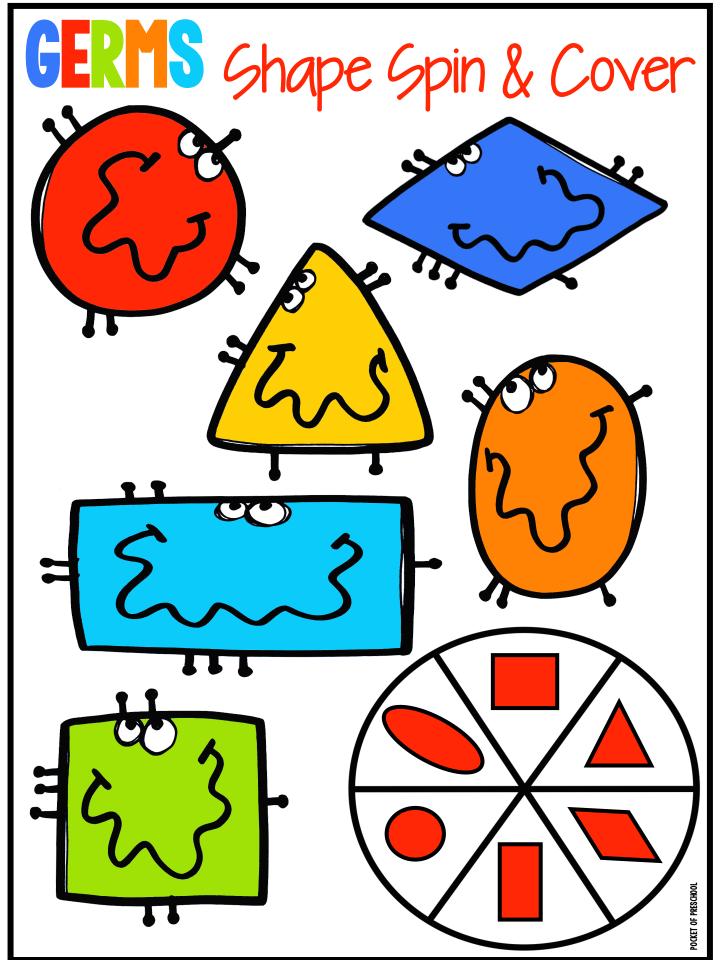
 Place a <u>clear transparent spinner</u> on top of the spinner on the game board.

 Students use the point of a pencil and a paper clip to make their spinner. Place the end of the paper clip in the center and the point of the pencil through the paper clip. Spin the paper clip.

 Poke a hole in the middle of the spinner and place a brad and paper clip through it. Students spin the

paper clip.

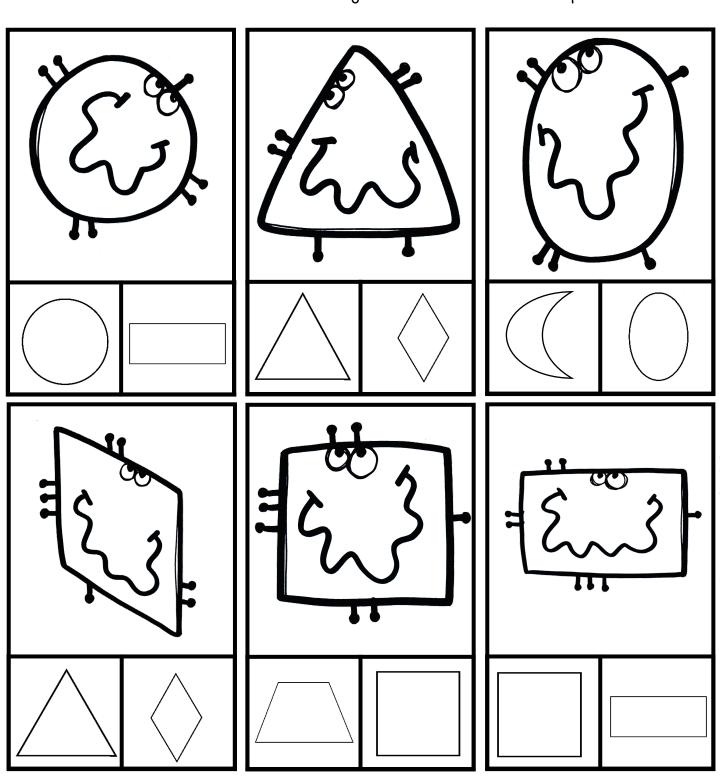


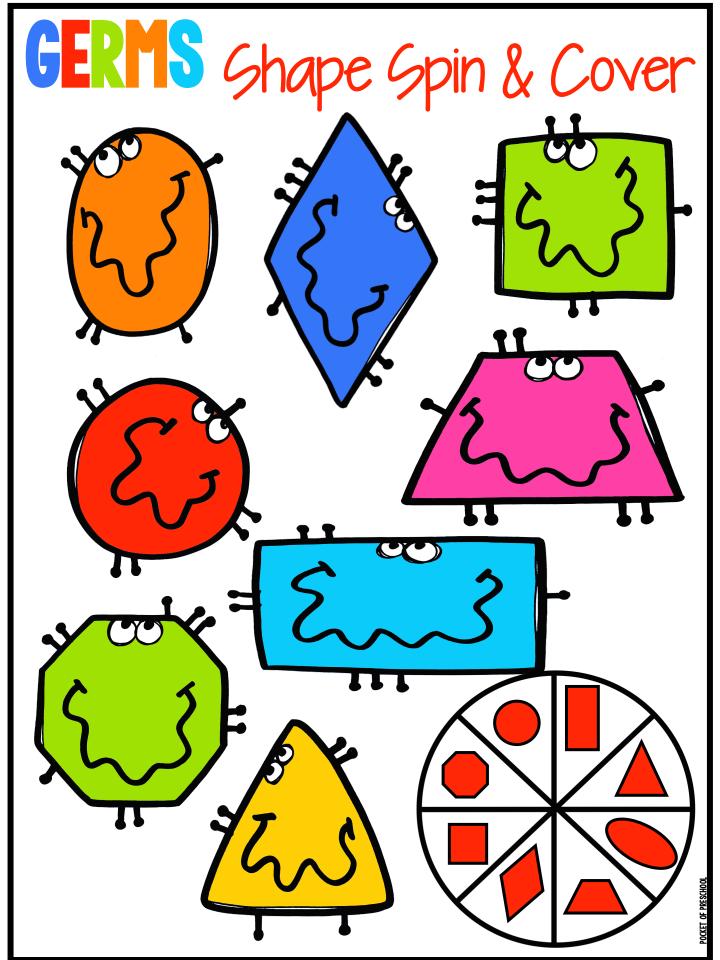


GERM shapes

Name:

Directions: Color the object with the same shape





GERM shapes

Name: Directions: Color the object with the same shape

teeth number mats

This is a fun activity students can do to practice number formation, number identification, and one to one correspondence.

Just print and laminate the board and cards. You can also place the mat in a page protector.

How to Play

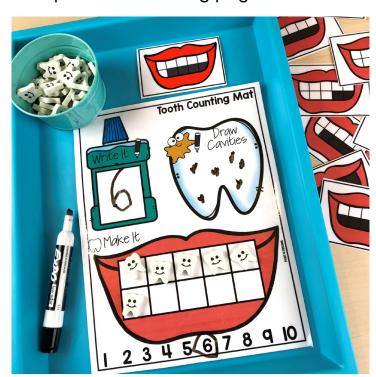
- Pick a mouth ten frame and count it.
- 2. Write the number in the "write it" mouthwash box with a dry erase marker.
- Draw cavities on the tooth (draw little dots for cavities).
- 4. Count out the corresponding amount of tooth manipulatives and place it in the ten frame.

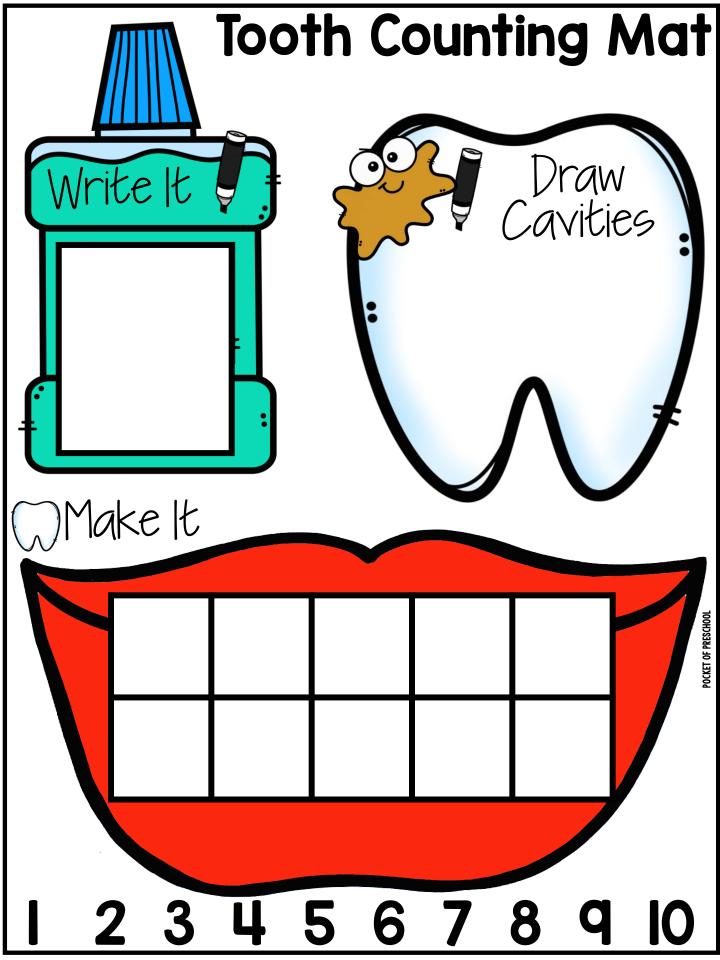
Counter Options: White beans, teeth mini erasers, white pom poms, mini marshmallows, or glass gems would be super fun to use to fill in the ten frame.

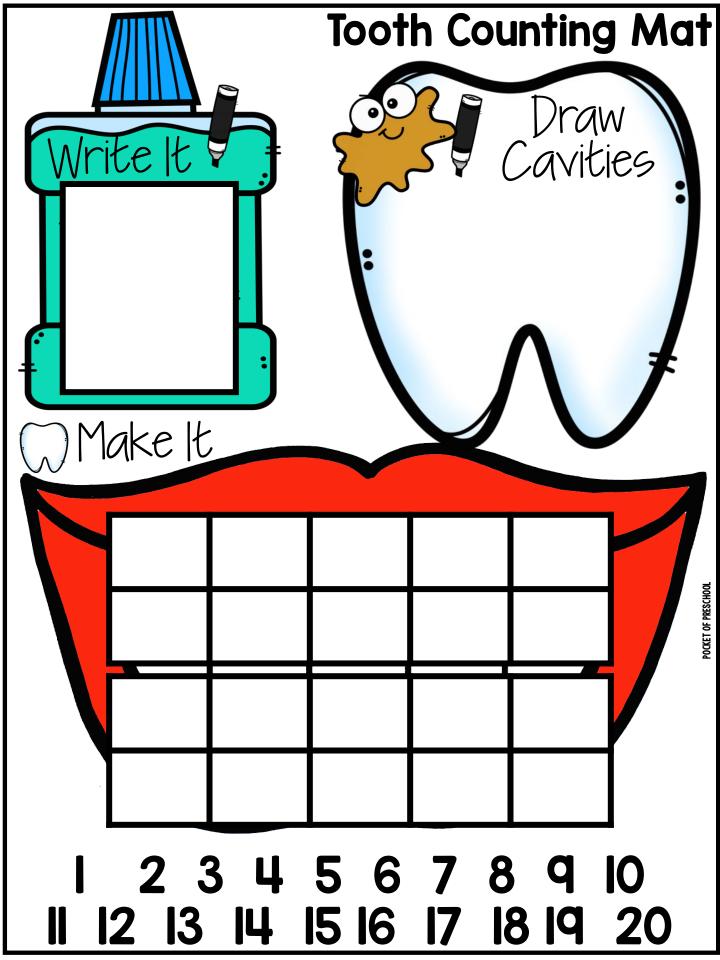
Differentiation

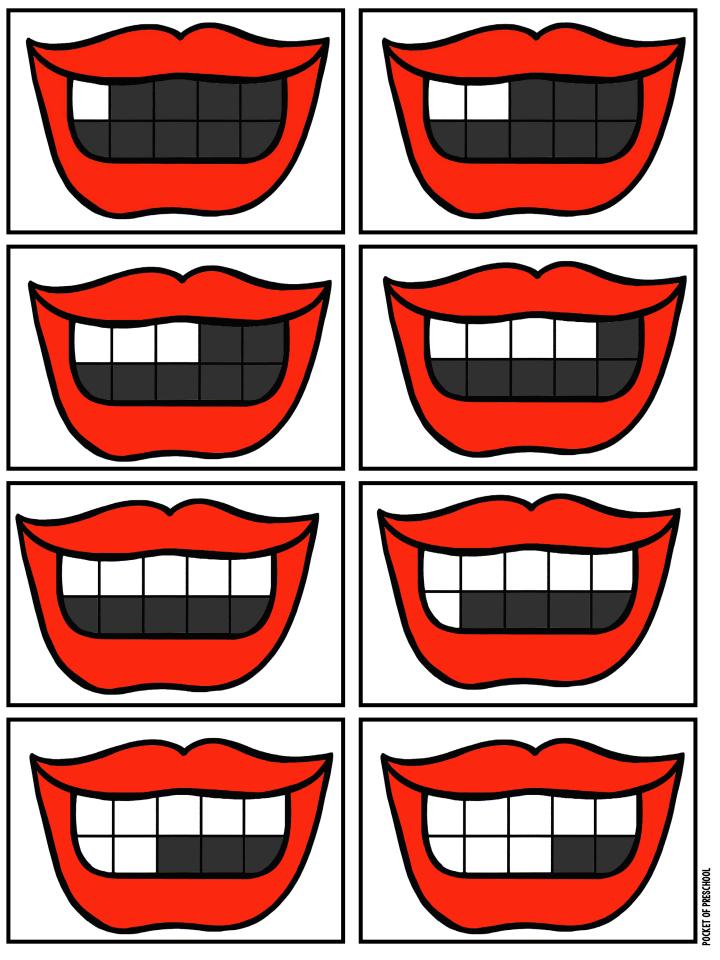
I-IO: Use the I-IO board and I-IO ten frame and mouth cards. I-2O: Use the I-2O board and all included cards.

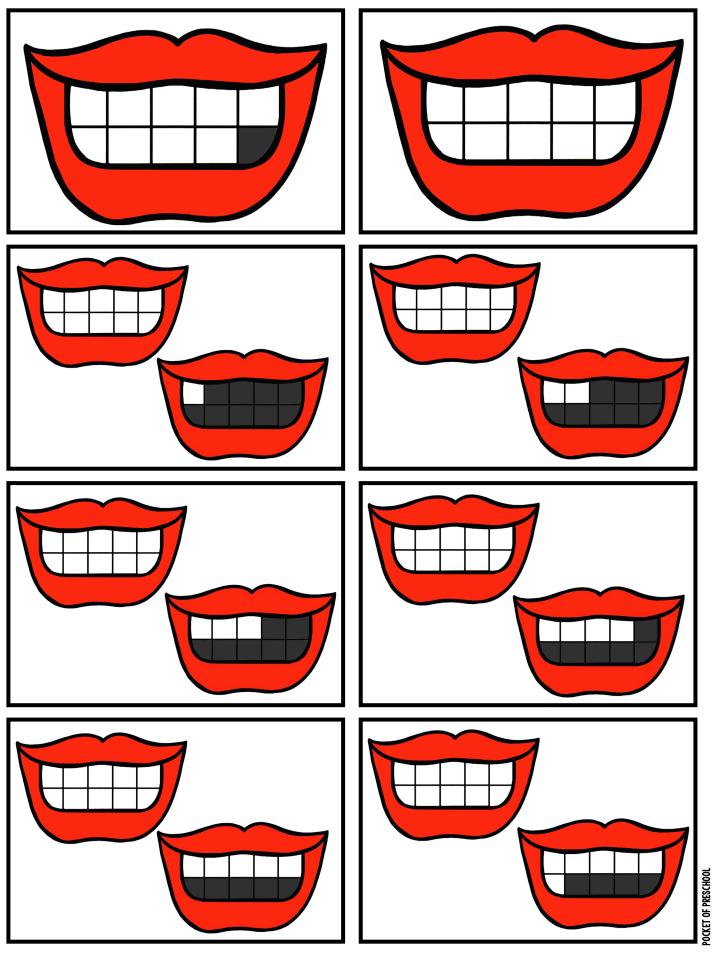
Optional recording pages included.

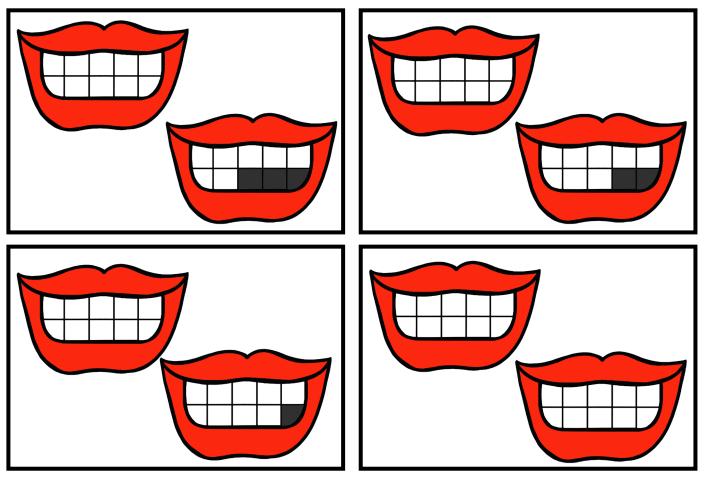












Teeth let's count! Name: Directions: Trace the number. Color the ten frames to show the number. POCKET OF PRESCHOOL

Teeth let's count! Name: Directions: Trace the number. Color the ten frames to show the number. POCKET OF PRESCHOOL

Cavity number cover

Cavity number cover is a fun way to develop one-to-one correspondence and identify numbers.

Students cover the numbers and pretend it's a cavity.

Options

Laminate the boards:

- Color the numbers with a dry erase marker. Brush the board clean with a toothbrush.
- Cover the numbers with brown or yellow manipulatives (pom poms, counters, etc..)

Print (use as a recording page)

- Color the numbers with a yellow or brown marker.
- Cover the number with a brown sticker
- Dot the number with a brown or yellow dot marker.

How to Play

Number Dot It

•Students roll the die and dot the number they rolled. OR use mouth ten frame cards I-6.

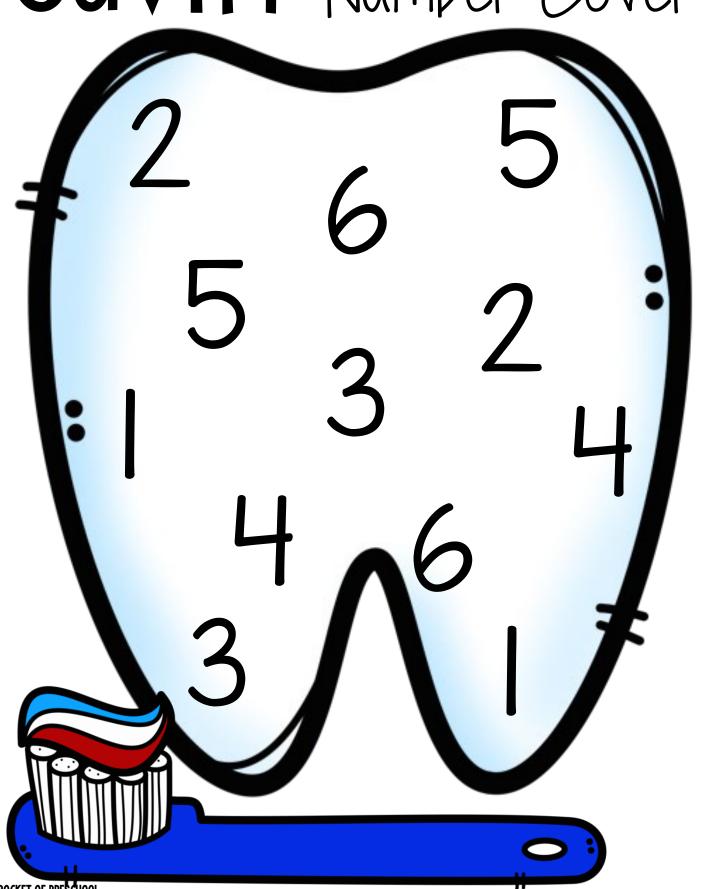
Add It, Dot It

•Students roll two dice, add the dice, and dot the total. OR use two sets of mouth ten frame cards I-6.





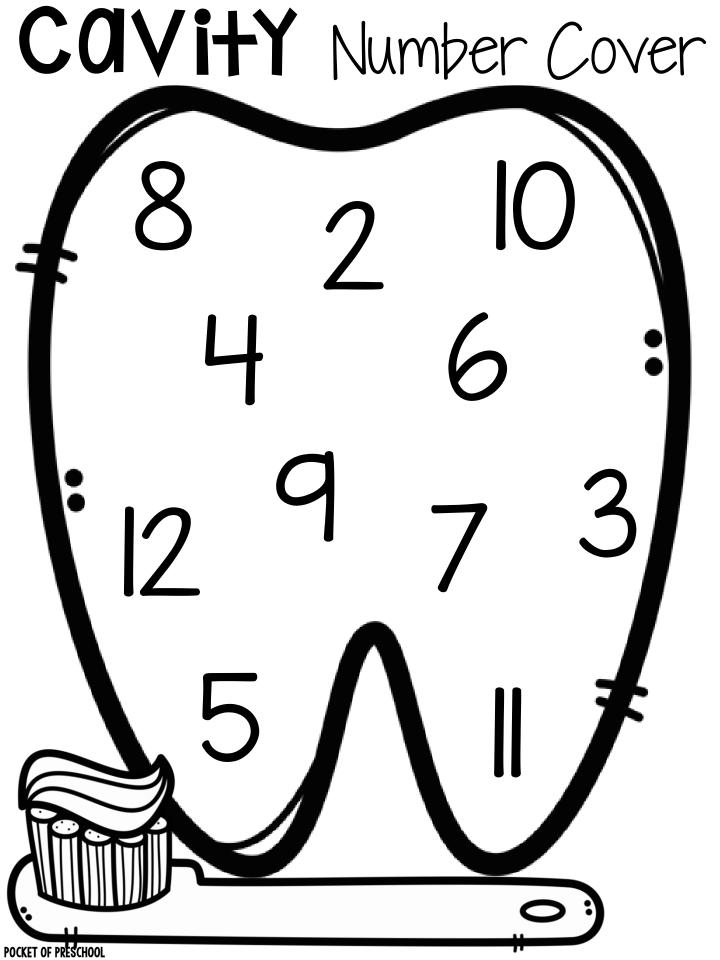
Cavity Number Cover



POCKET OF PRESCHOOL

Cavity Number Cover

Cavity Number Cover



measure the boar

non standard measurement

Print, laminate, and cut apart the cards. Students can use blocks, cubes, or the included bandage rulers to measure. You will need to tape two rulers together (end to end).

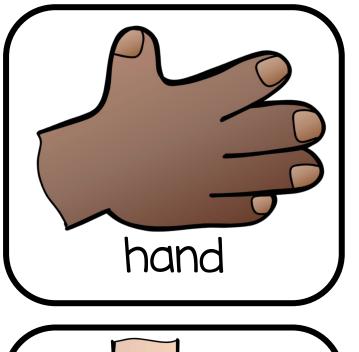
You can also have students measure dolls instead of themselves.

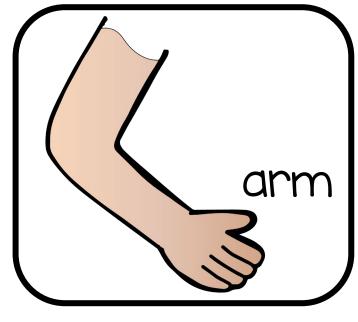
Another option is to add a tray of items they use to take care of their body (toothpaste, bandages, soap bottle, etc.) to measure.

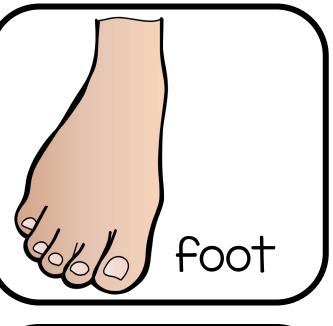
How to Play

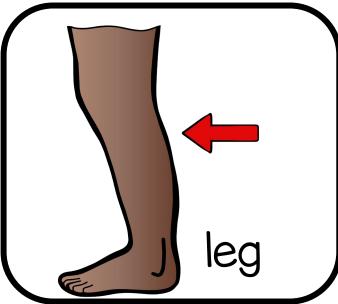
- Students measure by repeating the use of a single object or the bandage ruler.
- Students can report the size of each item on their recording page.

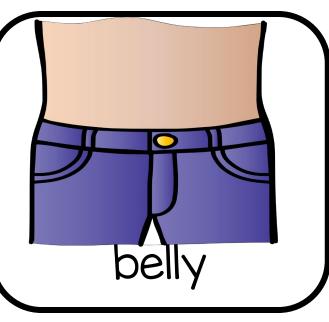




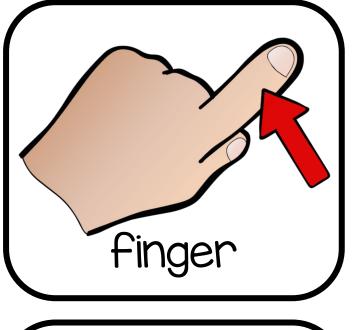


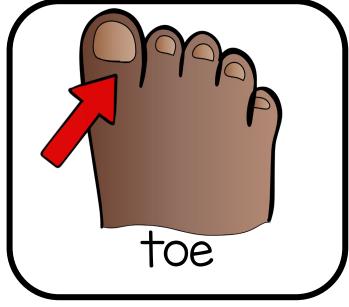






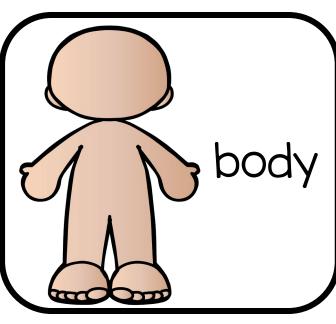


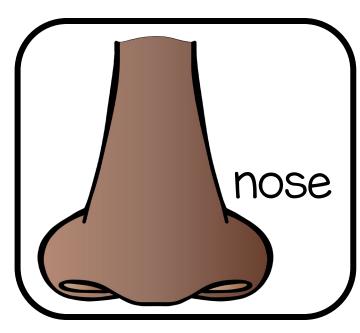








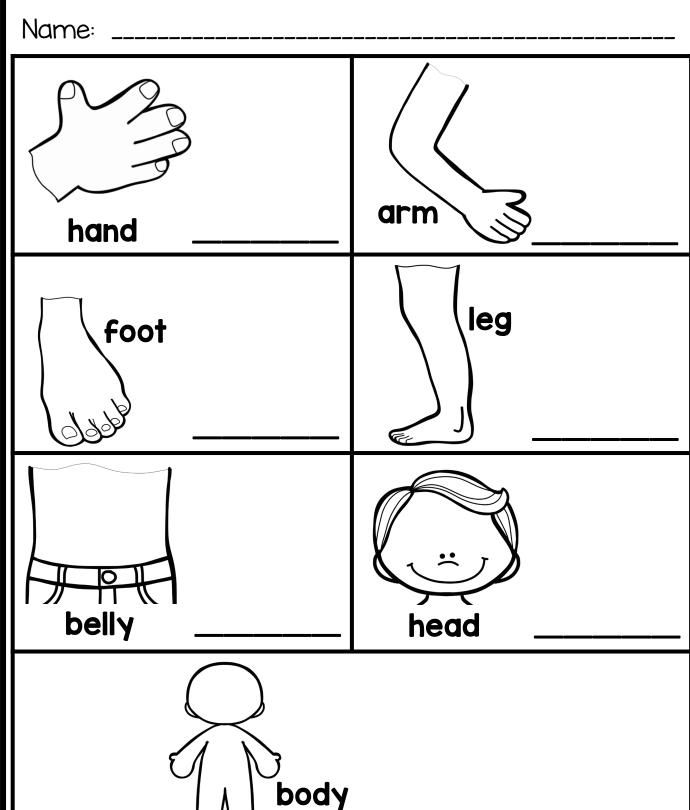


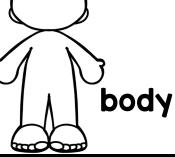




POCKET OF PRESCHOOL

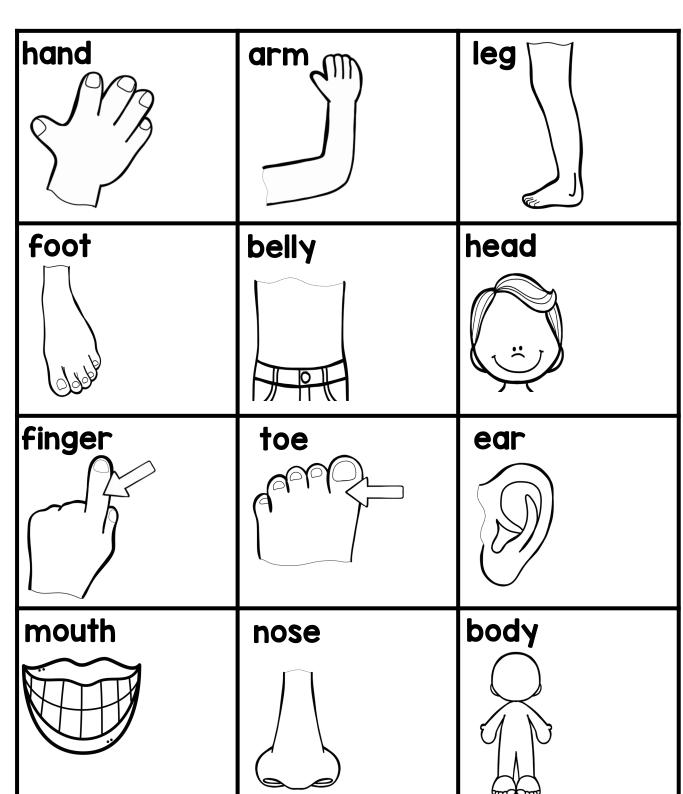
BOdY Measure





BOdY Measure

Name: ______



measure me class book

Class books are HUGE in early childhood classrooms. Students read the class books over and over. Making a class book about measuring, counting, and number recognition is fun way for students to practice those skills.

Print/copy the pages. Measure each student, take a photo (optional), and write the number on the page. Students can either draw a self portrait with the matching number of blocks or use photographs.

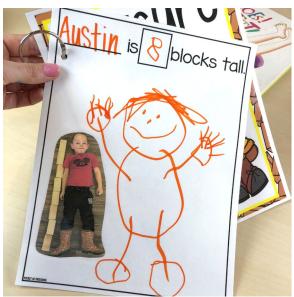
Laminate and bind to create the book.

Number Box:

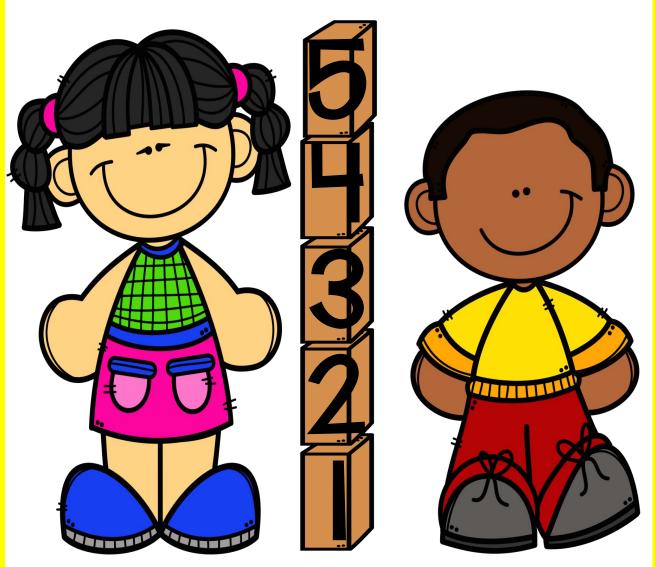
- Teacher writes the number
- Student writes the number



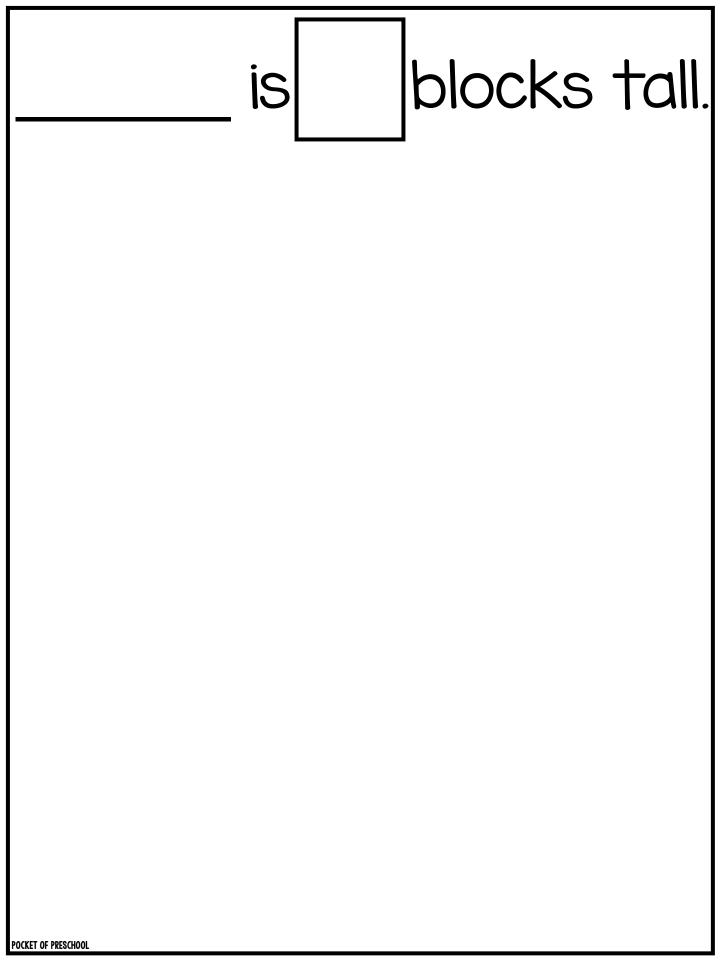




MCGSUCC MC!



OCKET OF PRESCHOOL



healthy me sort

Print and laminate the food cards and sorting boards for durability.

How to Play:

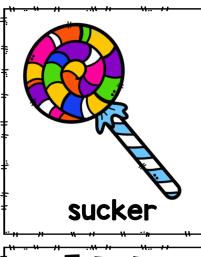
Students can sort the food various ways on the sorting boards.

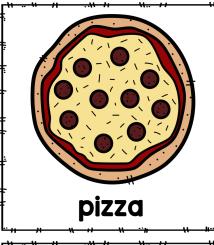
Optional student recording page.

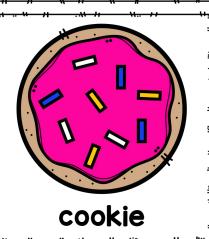


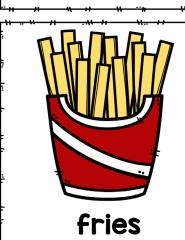


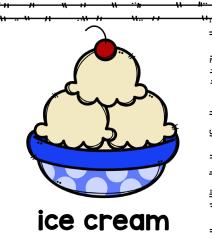




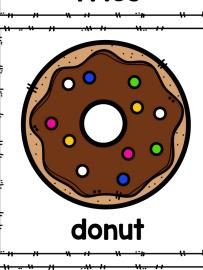










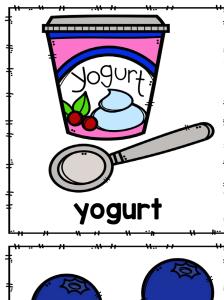


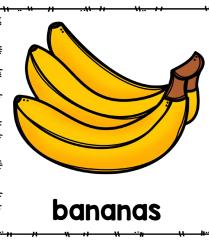




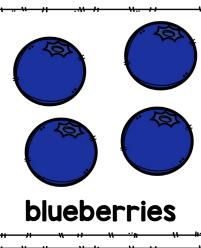




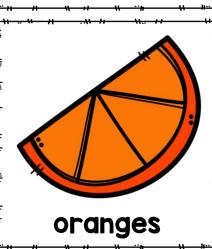


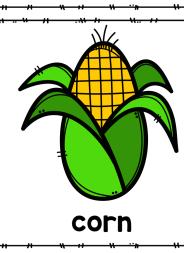


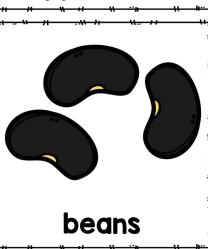




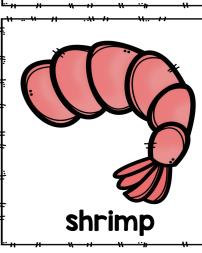


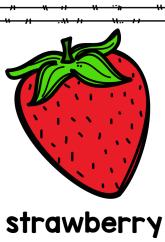


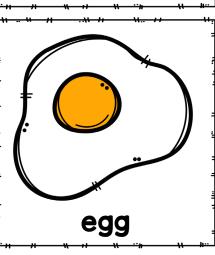


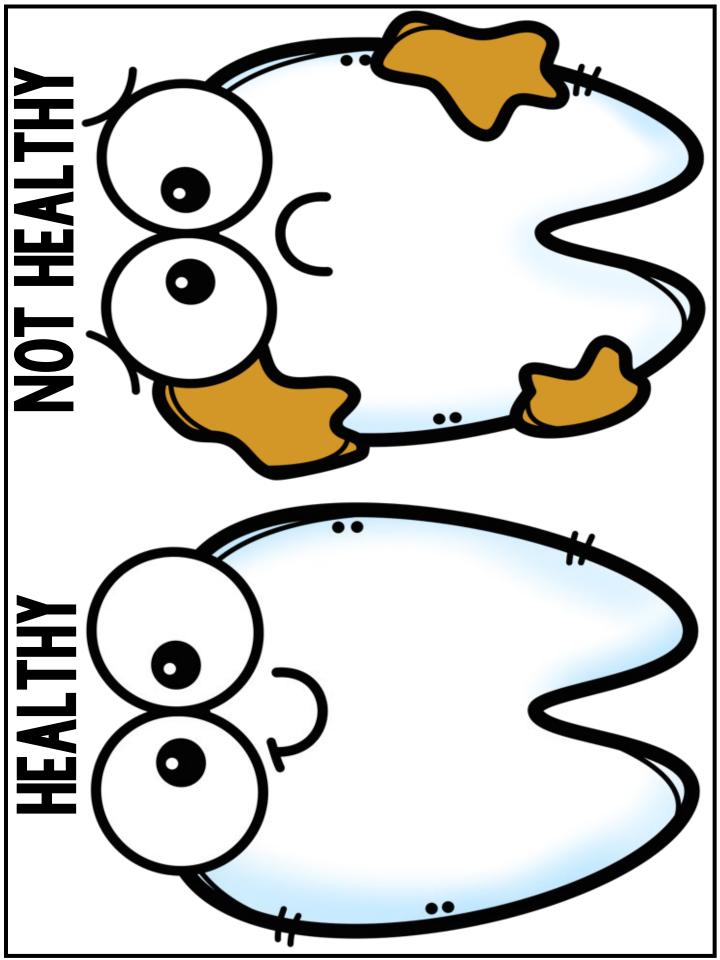


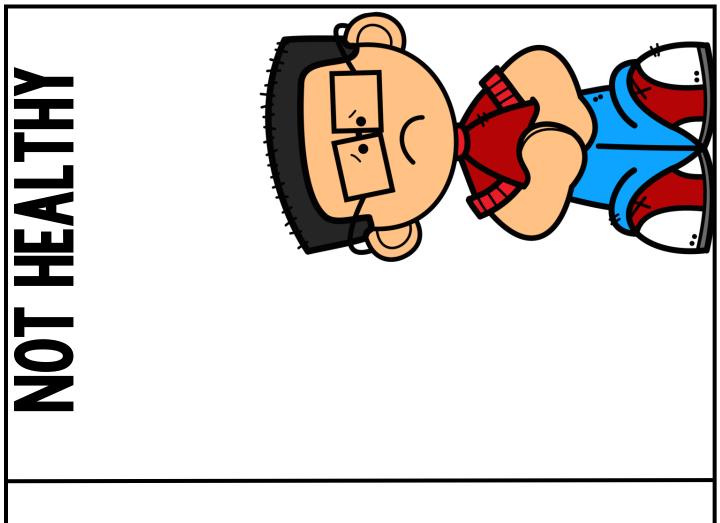




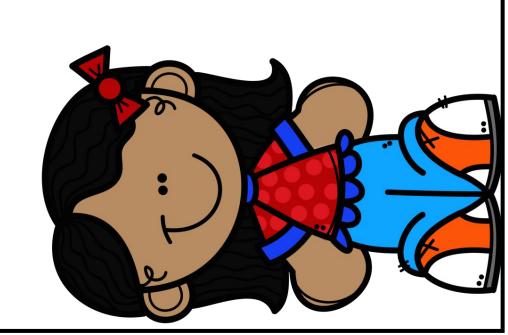


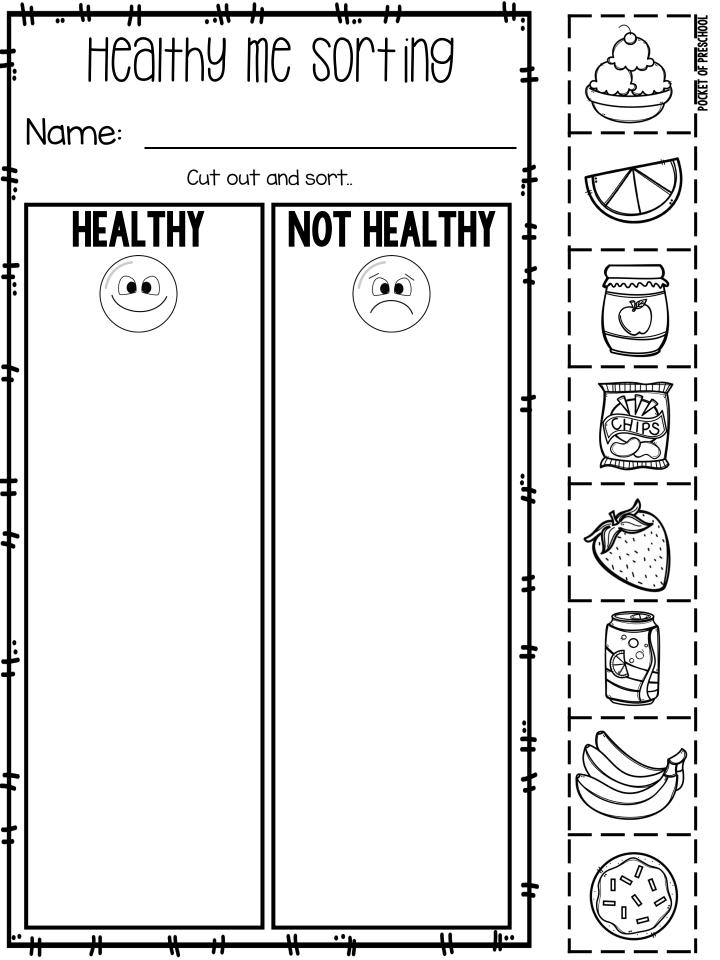






HEAL THY





aental play aough mats

This is a fun activity students can do to build those fine motor muscles and build dental vocabulary. Print the cards and laminate for greater durability.

Directions:

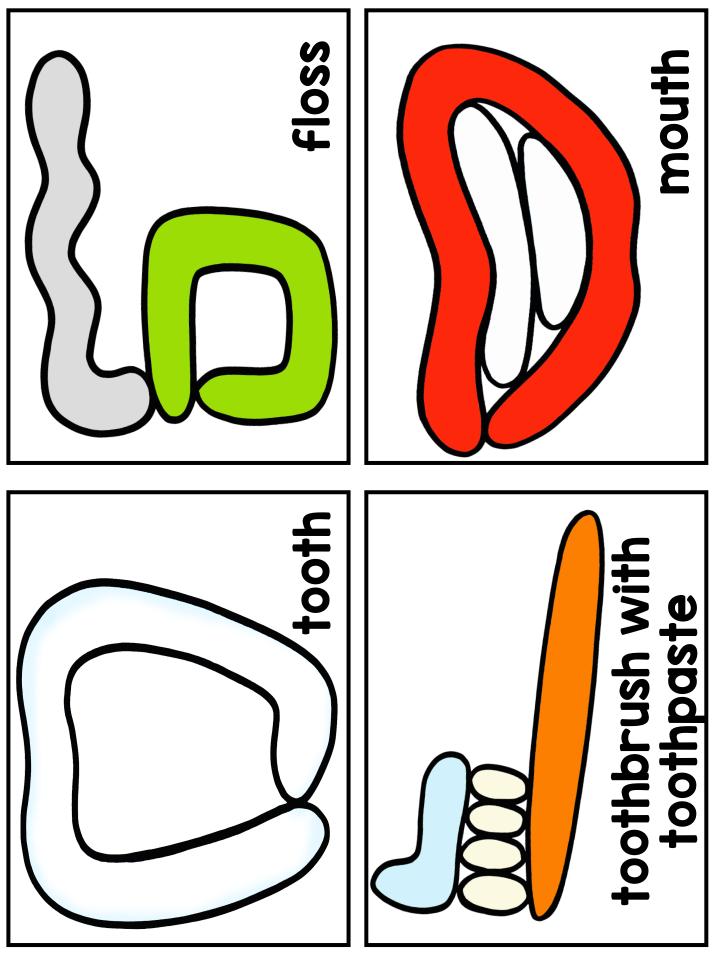
Using Play Dough: Students pick a card, roll play dough snakes, and form the object with the play dough.

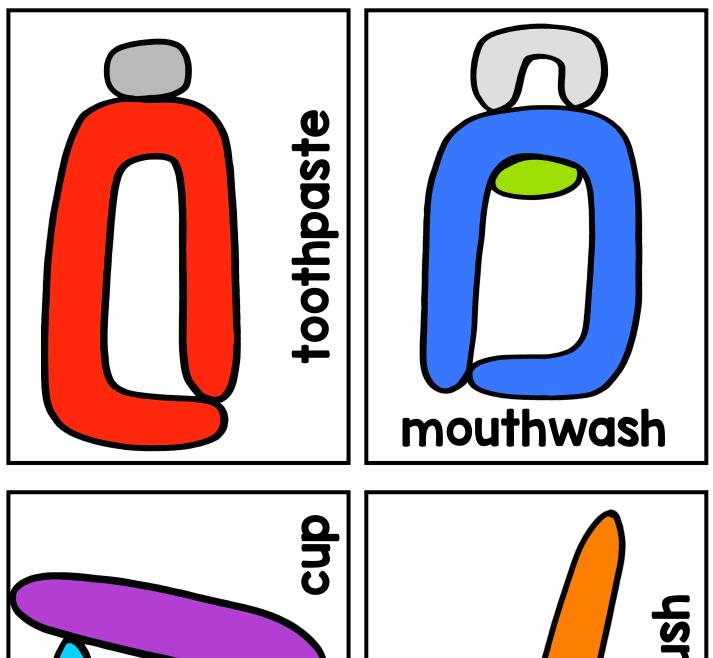
Using Dry Erase Markers: Students pick a card and trace the object.

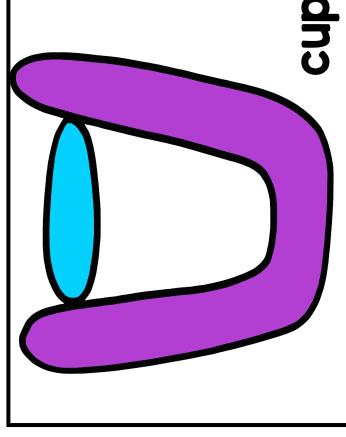
Using Manipulatives: Students pick a card and use marshmallows or other small manipulatives to create the object.

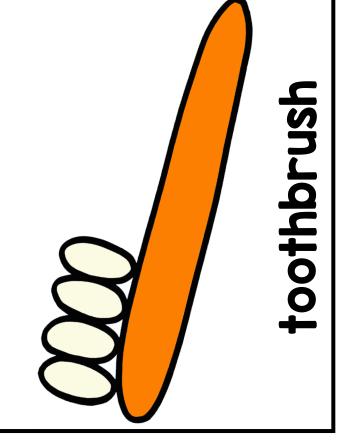
Optional recording pages included.











Play Dough Recipes

basic playdough

What you Need:

2 cups of flour, I cup of salt, 4 tsp. of cream of tartar, 2 cups of water, 2 Tbsp. of vegetable oil, and food coloring or liquid watercolor

How to Make it:

Measure and mix all ingredients together in a saucepan off the heat until all the clumps are gone. Put it on the stove and set it to a medium heat. Continuously stir the mixture. When it pulls away from the sides of the pan and forms one large ball, it is done (if any of the dough is sticky it needs to cook a bit longer). Let it cool. Knead the dough and have FUN! Once completely cooled, store the dough in an air tight bag (no need to refrigerate).

food coloring tricks

What you can use:

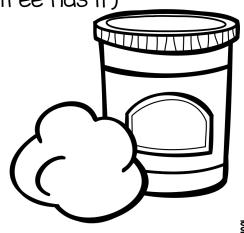
Food coloring (sometimes the Dollar Tree has it)

- Liquid watercolor
- Gel food coloring
- Kool-Aid

fun mix ins

What you can use:

- Glitter (fine, small, or themed)
- Real sprinkles
- Vanilla or other extracts to make it smell yummy
- Cinnamon or other spices





Terms

HCIIO and Thank YOU for purchasing or downloading this item from my TPT store

POCKE+ OF Preschool!

Any comments or questions please email me at pocketofpreschool@gmail.com

Please click the button in the store to "follow" me and SAVE!

ALL NOW PRODUCTS OFF 50% OFF FOR THE FIRST

24 hours Offer I Post them!

This product is for ONE teacher only.

You may NOT share this with colleagues, your entire grade, or school/district without purchasing the proper number of licenses. By purchasing and/or downloading this electronic file, you agree to the use as follows for personal use/single classroom use only. You can purchase additional licenses of all my products. Go on TPT, go to "my purchases", and click "buy additional licenses". Please contact me regarding pricing information on a site/school wide license.

NO part of this document may be distributed, posted on the internet, copied, edited, resold, or posted to a any type of shared drive. ALL contents of this document are under copyright protection including all text, graphics, content, and fonts. Thank you for respecting my hard work as well as the hard work of the artists whose work helped create this product.

LC+'S CONNCC+ follow me for freebies, giveaways, updates, tips, tricks, and to see my products in action!

BIOG PIN+CRES+ FACCEDOOK TPT INS+AGRAM

Crcdits Thank you so much to the following designers for all their beautiful fonts and graphics!







