

List of martial arts

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There are a large number of distinct styles and schools of martial arts. Sometimes, schools or styles are introduced by individual teachers or masters, or as a brand name by a specific gym. Martial arts can be grouped by type or focus, or alternatively by regional origin. This article focuses on the latter grouping.

For hybrid martial arts, as they originated from the late 19th century and especially after 1950, it may be impossible to identify unique or predominant regional origins. It is not trivial to distinguish "traditional" from "modern" martial arts. Chronology isn't the decisive criterion, as, for example, "traditional taekwondo" was developed in the 1950s, while the "modern" hybrid martial art of Bartitsu was developed in ca. 1900.

A large portion of traditional martial arts can be categorized as folk wrestling (see the separate article), although in some cases a folk wrestling style and a modern combat sport may overlap or become indistinguishable from each other once the sport has been regulated.

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Africa

Styles of stickfighting

- Istunka (Somalia)
- Nguni Stick Fighting (South Africa)
- Nuba fighting (Sudan)
- Surma stickfighting (Ethiopia)
- Tahtib (Ancient Egypt)

Folk wrestling

- Laamb Wrestling (Senegal)

- Evala wrestling (Togo)

Bare knuckle boxing

- Dambe (Nigeria)
- Musangwe (South Africa)
- Moraingy (Madagascar)

Others

- Engolo (Angola)

Americas

Barbados

- Bajan stick licking

Bolivia

- Tinku

Brazil

- Brazilian jiu-jitsu
- Capoeira
- Vale Tudo
- Huka-huka

Canada

- Okichitaw
- Defendo
- Wen-Do

Colombia

- Colombian grima
- La Mano Negra (Manegra)

Cuba

- Juego de maní

Trinidad and Tobago

- Calinda

United States

- American Karate

- American Kenpo
- Chun Kuk Do
- Collegiate wrestling
- Danzan-ryū
- Emerson Combat Systems
- Gouging (fighting style)
- Jailhouse rock (52 Hands Block/JHR)
- Jeet Kune Do
- Kajukenbo
- Kara-Ho Kempo
- Marine Corps Martial Arts Program
- Model Mugging
- Modern Army Combatives
- Oom Yung Doe
- S.C.A.R.S. (military)
- Shootfighting (American)
- Shuri-ryu
- Sli Beatha
- Small Circle Jujutsu
- SPEAR System
- To-Shin Do
- World War II combatives

Venezuela

- El Juego del Garrote

Eastern, Southern and Southeast Asia

Bangladesh

- Boli Khela
- Lathi khela

Cambodia

- Bokator
- Kbachkun boraan
- Kbachkun Dambong-veng
- Khmer traditional wrestling
- Pradal Serey

China

See *List of Chinese martial arts*.

- T'ai chi ch'uan
- Wing Chun

India

- Gatka
- Huyen langlon
- Inbuan Wrestling
- Kalaripayattu
- Malla-yuddha
- Mardani khel
- Musti-yuddha
- Mukna
- Pehlwani
- Silambam
- Sqay
- Varma Kalai
- Vajra-musti
- Silambam

Indonesia

- Pencak silat
 - Bakti Negara
 - Inti Ombak
 - Perisai Diri
- Kuntao
 - Liu Seong Kuntao
- Tarung Derajat

Japan

See List of Japanese martial arts

- Aikido
- Daitō-ryū Aiki-jūjutsu
- Iaido
- Judo
- Jujutsu
- Kendo
- Kenjutsu
- Kenpo
- Kyudo
- Naginatajutsu
- Ninjutsu
- Nippon Kempo
- Shorinji Kempo
- Sumo

Okinawan martial arts

- Karate
- Kobudo

- Tegumi

Korea

- Choi Kwang-Do
- GongKwon Yusul
- Gwonbeop
- Gyongdang
- Hankido
- Hapkido
- Hwa Rang Do
- Kuk Sool Won
- Kuk Sul Do
- Kumdo
- Shippalgi
- Subak
- Taekkyeon
- Taekwondo
- Tang Soo Do
- Yusul

Laos

- Muay Lao

Malaysia

- Silat Melayu
 - Lian Padukan
 - Seni Gayung Fatani
 - Seni Gayong
- Tomoi

Myanmar

- Bando
- Banshay
- Lethwei

Mongolia

- Mongolian wrestling

Philippines

- Arnis/Eskrima/Kali
- Bultong
- Buno
- Dumog
- Kinamotay

- Sikaran
- Suntukan
- Yaw-Yan

Sri Lanka

- Angampora
- Cheena di

Thailand

- Krabi-krabong
- Lerdrit
- Muay Boran
 - Muay Chaiya
- Muay Thai
- Silat Pattani

Vietnam (Vo Thuat)

- Cuong Nhu
- Nhat Nam
- Vovinam
- Tam Qui Khi-Kong
- Võ thuật Bình Định

Europe

- Pygmachia (Ancient Greek boxing)
- Pale (Ancient Greek wrestling)
- Pankration (Ancient Greek hybrid combat sport)
- Kampfringen (Medieval wrestling)
- German school of fencing
- French school of fencing
- Spanish school of fencing
- Italian school of swordsmanship
- Glima (Old Norse wrestling system)
- Lausatök (Viking combat)

Folk styles

England

- Quarterstaff
- Singlestick

France

- Savate

Ireland

- Bataireacht
- Bare-knuckle boxing
- Collar-and-elbow

Lithuania

- Ristynės

Portugal

- Jogo do Pau

Scotland

- Historical fencing in Scotland
- Scottish Backhold

Spain

- Canarian wrestling
- Leonese wrestling
- Juego del Palo

Switzerland

- Swiss wrestling

Modern sports

- Amateur wrestling
- Chess Boxing
- Fencing

France

- Baton Francais
- Kinomichi
- La Canne

Georgia

- Khridoli

Germany

- German Ju-Jutsu
- Kampfringen
- Unifight

Italy

- Nova Scrimia

Serbia

- Real Aikido

United Kingdom

- Bare-knuckle boxing (London Prize Ring rules)
- Bartitsu
- Boxing (Marquess of Queensberry rules)
- Catch wrestling
- Defendu
- Shin-kicking

Western, Central, and Northern Asia

Traditional

- Köräş/Kurash (Central Asian folk wrestling)
- Koshti Pahlevani (Persian wrestling)
- Tahtib (Egyptian stick-fighting)
- Furuşiyya (Mamluk knightly martial exercises)

Russia

- Russian fist fighting

Turkey

- Sayokan
- Yağlı güreş (Turkish oil wrestling)
- Karakucak (Turkish folk wrestling)
- Turkish archery

Modern

Israel

- Kapap
- Krav Maga
- Urban Krav Maga

Russia

- Army hand-to-hand fight
- Sambo

- Systema

Oceania

Traditional

- Coreeda (Aboriginal Australian Wrestling)
- Mau rākau (Maori Weapon art from New Zealand)
- Kapu Kuialua (Hawaii)

Modern

- Limalama (Samoa)

See also

- List of fictional martial arts
- Outline of martial arts
- List of martial arts weapons

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