

## Cholera Symptoms and Home Remedies

<http://forums.gardenweb.com/forums/load/herbs/msg1122120829997.html>

The organism that causes cholera causes the lining of the intestine to become permeable and gallons of fluid are pulled into the colon and then lost to the body. You can die of shock in a few hours from the massive fluid loss. So massive fluids need to be restored quickly to the body to prevent death from shock. The actual organism can be killed but it is the symptoms that need immediate treatment. So that's why rehydration is the immediate need. I don't see how any home remedies will help except for massive oral rehydration and the fluid used needs to be balanced with electrolytes too.

Joann

- Posted by [tropicdude \(My Page\)](#) on

Sat, Nov 27, 10 at 14:22

I live in the Dominican Republic, and Cholera has made its way across the border from Haiti.

So naturally I searched the web for information.

As others mentioned dehydration is what kills you.

the basic hydration recipe is this:

in 1 liter of boiled water add 4 teaspoons of sugar and 1/2 teaspoon of salt.

other natural cures are:

Onions with black pepper.

Lime Juice.

Bitter Melon leaf. ( i think i could get these from our local China town ). or Cucumber leaves

Basil leaves.

Cloves.

Although Andrographis is not in formulas listed on "home remedies" for Cholera, research into this herb, states it can be used for this purpose, the reason I mention this herb is I have it all over the place, it re-seeds very well.

something i planted just in case of the swine flu.

Of course prevention is the best course, I only drink bottled water , and our household water source is from a well and we have a whole house filter. but sometimes we eat out so there is a risk there.

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A highly contagious disease, cholera is caused by bacterium *Vibrio cholerae* that affects the absorption of water in the small intestine. When it is severe, it causes diarrhea within a few hours, which means loss of fluid in a short spell of time. The loss of fluid would be through stools and violent vomiting. A water-borne disease, cholera can be prevented by taking caution over what a person eats and drinks. Drinking purified water and eating a healthy, hygienic nutritious diet would help you avoid the disease. There are a number of home remedies that can help cure a person of cholera, some of which have been mentioned below.

### **Home Remedy For Cholera**

- The best way to deal with cholera naturally would be to have lots of water. It is very important to keep the body hydrated, so make sure that the intake of water is high. However, make sure to sterilize it before consumption.
- Onions are also beneficial in curing cholera. Take about 30 grams of onions and 7-10 black peppers. Grind this mixture and give it to the patient in 2 to 3 dose, per day.
- Cholera can also be treated by having a mix of water, sugar and salt. Take about 1 liter of boiled water and add 4 tsp of sugar and ½ tsp of salt. Intake this as many times as possible.
- Lemon juice and orange juice also act favorably in treating cholera. Consume at least one glass of fresh juice on a daily basis.
- Prepare a glass of fresh juice from cucumber leaves and mix it with a glass of coconut water. Consumption of this juice, in 30 to 60 ml doses, will relieve you off the disease.
- Another effective treatment would be to consume buttermilk. Add roasted cumin seeds powder and rock salt to it, for better results.
- Boil a few basil leaves in a glass of water. Strain the decoction, cool it down and have it once in a day.
- Mix 2 tsp each of bitter gourd juice and white onion juice. Once this solution is prepared, add a tsp of lemon juice. Consumption of this mixture two times daily would help treat cholera.
- Take three liters water and Add 4 gm of cloves to it. Boil this mixture until only half of it is left. Cool it down and consume it every few hours.
- A light diet would be efficient in treating cholera. Include rice flakes and corn flakes in your diet. Vegetable soup, with spices like black pepper, rock salt and ginger, will also be beneficial in treating cholera.
- Black herbal tea is also advantageous to treat cholera. Add ginger, black pepper, holy basil and mint to the tea and consume it at least once in a day.

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A water-borne infection, cholera is one of the most severe diseases of the intestines. It is mainly prevalent during the monsoon season and causes infection in the lower part of the small bowel. This infection can range from being mild to moderate and severe. Generally, food and water contaminated with bacterium *Vibrio*

cholerae serve as the reason behind this infectious disease. The disease spreads furthermore through house flies. In the following lines, we have provided the various causes and symptoms of cholera.

### **Causes Of Cholera**

- Vibrio cholerae
- Contaminated surface or well water
- Raw fruits and vegetables
- Grains such as rice and millet
- Ice made from contaminated water
- Foods and beverages bought from street vendors
- Vegetables irrigated with sewage water
- Raw or inadequately-cooked fish and seafood, which has taken from sewage-polluted water
- Contaminated feces

### **Symptoms Of Cholera**

- A mild diarrhea, followed by violent purging
- Loose stools
- Nausea
- Vomiting
- Thirsty feeling
- Restless
- Increase in body temperature
- Severe cramps in the stomach
- Cold and clammy skin
- Weak pulse
- Dry skin
- Weak and husky voice
- Low blood pressure
- Reduced or no urination
- Weakness
- Wrinkled skin on fingers
- Extreme drowsiness, even coma
- Convulsions