

How to Make Hand Sanitizer Using Aloe Vera Gel

Hand sanitizers are a good option when you want to clean your hands, but you don't have a sink near you. It is also a good way to save water. This hand sanitizer is based on aloe vera gel and can be made scented or unscented, as preferred.

Ingredients

Unscented aloe vera gel

- Rubbing alcohol or plain vodka
- Extract (such as strawberry extract) or skin-safe essential oil, for scent (optional)
- Non-toxic coloring (liquid food coloring is easiest)

Steps

Assemble the ingredients.

- **2** Pour a little of the alcohol into the mixing bowl.
- **3** Pour in the aloe vera gel. Mix the two together.

Add scent extract or essential oil to the mixture, if using it.
If using some essence oil, ensure that it is suitable for direct skin contact.

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Stir everything together carefully.

Pour the mixture into a container with a squeeze pump. You can also print out some labels and stick them on the container, to complete the look.

Tips

• Don't add too much oil; it may become greasy.

Things You'll Need

Stirring rod or similar

Mixing bowl

Container with squeeze pump mechanism

Made Recently

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