



How to Wash Your Face Without Products

Want a clear, fresh and **smooth face** but products are not your thing? Expensive, Not working, waste of time? Here's how to get a clear face without any products.

Steps

- 1 Wash your hands!** Never ever touch your face with dirty germly hands. Even though you can't see it, it's there! Wash your hand thoroughly soap.
- 2 Move all your hair back.** Get a thick, strong headband and move your fringe, bangs or anything on your face out-of-the-way!
- 3 All you have to do is splash water in your face so it drips everywhere.** Make sure not a spot is still dry.
- 4 Put your hands together to make a bowl shape.** Fill it with water. As fast as you can, splash it with water.
- 5 Get a soft towel, damp it dry.** Do **not** scrub along your face or you can let it air dry for about 2-4 minutes.
- 6 Open up pores.** Fill a bowl up with **hot** water that steams. Put your face right in front of the water, make sure your nose doesn't touch it. Keep your face there for about 5-7 minutes. The steam from the water opens your pores for a **clean face**.
- 7 Drink a full cup of water 6-8 times a day.** It keeps your skin smooth and prevents it from becoming dehydrated.

Community Q&A

Should you use soap on your face?



Lucia

Do not put soap on your face. This may dry out your skin badly. Soap is made to remove oils, and for that reason, it'll remove your skin's natural oils, which is not good.

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Tips

- Steam water opens pores.
- Make sure you wash all the make up off at night.
- Don't touch your face with dirty hands.
- Drink 6-8 glasses of water a day.
- Moisturising really helps.

Warnings

- Wash your hands whenever you need to touch your face.
- You will sweat a lot during the steam, so wash your face after.
- Beware of your nose touching hot water.

Things You'll Need

- Hot Water
- A Bowl
- A Headband
- A soft towel
- Water