

DIY Natural Hair Gel with Gelatin

- Light hold: 1/2 tsp. gelatin
- Medium hold: 3/4 tsp. gelatin
- Strong hold: 1 tsp. gelatin
- 1 cup hot water
- Optional for fragrance – 10 drops of your favorite essential oils. For hair, mine are lavender, rosemary, sweet orange, and peppermint. (where to buy high quality essential oils)
- Glass jar (like an 8 ounce mason jar) or squirt bottle
- Optional: for additional moisture, add some vegetable glycerine or pure aloe vera gel

Pour the hot water into an 8 ounce container (but not plastic just yet since it's so hot!) and pour in the gelatin. Stir to combine then refrigerate for 3-4 hours or until set. Drop the essential oils in once cooled and stir.

Store in the fridge and it lasts for 1-2 weeks. I find it's easiest to use with a squirt bottle or else it gets messy. It's jello for your hair, who would've thought?!

<http://mymerrymessylife.com/2014/02/diy-natural-hair-gel-with-gelatin.html>