

A Short Term Emergency Supplies Planning List

- Prescription medications and eyeglasses
- Infant formula and diapers (if applicable)
- Important family documents such as copies of insurance policies, bank account records, I.D. cards and, in case of separation, photos of family members and pets for identification
- Cash and traveler s checks
- Backpack
- Battery powered flashlight (batteries included)
- Cell phone charger (batteries included)
- Nutrition/protein bars
- Canned foods and juices
- Eating Utensils
- Can opener for food (if kit contains canned food)
- Water (at least 1 gallon per person, per day)
- Pet food and extra water for your pet (if applicable)
- Work Gloves
- Light Sticks (3 each; one lasts 12 hours)
- Moist towelettes
- Breathing Masks (NIOSH-N95)
- Plastic Sheeting (10'x10')
- Rain Ponchos
- Personal First Aid Kit
- Roll of Duct Tape
- Whistle
- Sleeping bag or warm blanket for each person
- Complete change of clothing, including a long sleeved shirt, long pants and sturdy shoes. (Consider additional clothing if you live in a cold-weather climate) .
- Personal Hygiene Kit (includes shampoo/body wash, wash cloth, toothbrush and toothpaste, comb, deodorant)
- Books, games and/or puzzles for children
- Wrench or pliers to turn off utilities
- Battery-operated radio or TV
- Local maps