



## How to Disinfect a Wound

Hurting yourself is already stressful enough without having to worry about infection. If you get a cut, no matter how shallow, you'll need to disinfect it in order to prevent bacteria from entering your system. Here's how to disinfect a wound in a simple way that facilitates healing—follow the steps below and you'll be on the road to recovery in no time!

### Steps

- 1 Buy an antibiotic product such as Dettol or Neosporin.** You should also get some cotton balls or swabs, if you don't already have some.
- 2 Put some of the antibiotic product on your cotton.** If it's a liquid, it should be a couple of drops. If it's a cream or gel, it should be about the size of a pea. Of course, the larger your wound is, the more antibiotic product you should use.
- 3 Clean the wound with the antibiotic cotton.** Make sure to saturate every part of the wound, even if it stings.
- 4 Put on a bandage to keep out new germs.**

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### Tips

- Treat your wound as quickly as possible after getting it. If you can't disinfect it right at that moment, put a bandage or paper towel over it to keep it from being further exposed.

- Reapply your antibiotic and change your bandage once or twice a day in order to prevent infection.
- Be patient while waiting for your wound to heal. Some cuts, especially big ones, can take a long time.

### Things You'll Need

- Antibiotic product
- Bandage
- Cotton balls
- Swabs