## FIGURE-EIGHT KNOT:

**Description ----** Interlocking overhand loops, the running part goes through the eye of one loop and the standing part goes through the eye of the other loop.

Use ---- (1) As a stopper knot; to keep a rope from unreeving from a pulley block; to prevent a rope from unlaying. (2) When tied on a bight, makes a reliable loop for rescue work and mountaineering.

**Comments ----** Easier to tie and untie than an overhand knot; does not damage the rope fiber or jam like an overhand knot.

Narration ---- (For figure eight knotboard.) (1) Form an overhand loop. (2) Take a bight around the standing part. (3) Form the second overhand loop by bring the running part over the top edge of the firs overhand loop. (4) Complete the knot by reeving the running part through the eye of the first overhand loop (5) and pull tight.

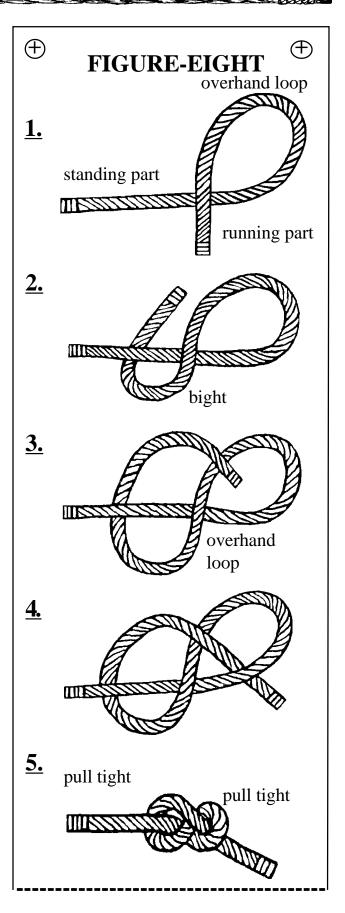
## **FIGURE EIGHT ON A BIGHT:**

**Description ----** Interlocking overhand loops tied on a bight in the running part (the bight is used as the running part); the running part goes through the eye of one loop and the standing part goes through the eye of the other loop.

Use ---- (1) Makes a reliable loop for rescue work and mountaineering. (2) As a stopper knot; to keep a rope from unreeving from a pulley block; to prevent a rope from unlaying.

Comments ---- Easier to tie and untie than an overhand knot; does not damage the rope fiber or jam like an overhand knot on a bight.

Narration ---- (For figure eight on a bight knot-board.) (1) Form a bight in the rope. [NOTE] Treat the two strands of the bight as a single strand as the rest of the knot is tied. (2) Form an overhand loop. (3) Take a bight around the standing part. (4) Form the second overhand loop by bring the running part over the top edge of the firs overhand loop. (5) Complete the knot by reeving the running part through the eye of the first overhand loop (6) and pull tight.







## FIGURE-EIGHT ON **A BIGHT** <u>1.</u> overhand loop <u>2.</u> <u>3.</u> bight 2ndoverhand loop <u>4.</u> <u>5.</u> pull tight <u>6.</u> pull tight $\oplus$ $\oplus$

## [NOTE]